

UCMC Liver Transplant POST TRANSPLANT CLINIC & LAB SCHEDULE

| Post-Operative Day (POD) | Visit Type (provider discretion) | Visit Frequency | Lab Frequency | Labs Required |
|---------------------------------------|----------------------------------|---------------------------|--------------------|---|
| 1 st Visit | Video ¹ | Weekly → every other week | 2x a week | Liver Panel, Renal Panel, CBC w diff Drug Level ² |
| 0-30 days (1 st month) | In Person or Video | Every other week | 2x a week → weekly | Liver Panel, Renal Panel, CBC w diff Drug Level ² <u>Day 30:</u> HIV NAT, HBV NAT, HCV NAT ³ |
| 31-60 days (2 nd month) | | Every 3 weeks | Weekly | Liver Panel, Renal Panel, CBC w diff Drug Level ² <u>Day 90:</u> Lipid Panel, Hgb A1C, 25 OH Vitamin D |
| 61-90 days (3 rd month) | | Monthly | Every 2 weeks | Liver Panel, Renal Panel, CBC w diff Drug Level ² <u>Day 180:</u> Hgb A1C, 25 OH Vitamin D |
| 91-180 days (4-6 months) | In Person | Every 2-3 months | Monthly | Liver panel, Renal Panel, CBC w diff Drug Level ² <u>Day 365:</u> Lipid Panel, HgbA1C, HBV NAT ⁴ , HCV NAT |
| 181 days – 1 year (6 months – 1 year) | | Annually | Every 3 months | Liver panel, Renal Panel, CBC Drug Level ² <u>Annually:</u> Lipid Panel, HgbA1C, Dexa (if prior test abnormal) |
| 1-3 years | | Annually | Every 6 months | <u>Every 3yrs:</u> Dexa (if prior test normal) |
| > 3 years | | | | |

¹ In-person appointment maybe indicated for those with surgical/medical complications, identified social/medication management barriers or provider discretion

² Drug Level = Immunosuppressant drug level (i.e. tacrolimus, cyclosporine, everolimus or sirolimus)

³ Per OPTN Policy as of 3/1/21: HIV NAT, HBV NAT and HCV NAT for all recipients at least 28 days but no later than 56 days post-transplant

⁴ Per OPTN Policy as of 3/1/21: HBV NAT for all recipients at least 335 days but no later than 395 days post-transplant