Faculty

**Course Chairman**
Michael T. Archdeacon, MD, MSE  
Professor & Chairman  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

**Faculty**
Frank Avilucea, MD  
Assistant Professor  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

Bart Branam, MD  
Vice Chair of Clinical Affairs  
Assistant Professor  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

Cory Collinge, MD  
Professor of Orthopedic Surgery  
Division of Orthopaedic Trauma  
Vanderbilt University Medical Center  
Nashville, TN

Angelo Colosimo, MD  
Director of Sports Medicine, UC Health  
Associate Professor  
Department of Orthopaedic Surgery  
Director of Orthopaedic Services  
Medical Director FC Cincinnati  
University of Cincinnati Athletics  
Team Consultant  
Cincinnati Bengals  
Cincinnati Cyclones  
Cincinnati, OH

William W. Cross III, MD  
Assistant Professor  
Division of Orthopaedic Trauma  
Department of Orthopaedic Surgery  
Mayo Clinic  
Rochester, MN

Brian Grawe, MD  
Assistant Professor  
Sports Medicine & Shoulder Reconstruction  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

T. Toan Le, MD  
Associate Professor  
Director, Adult Reconstruction  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

Hassan R. Mir, MD, MBA, FACS  
Director of Orthopaedic Residency Program  
University of South Florida  
Director of Orthopaedic Trauma Research  
Florida Orthopaedic Institute  
Associate Professor  
University of South Florida  
Tampa, FL

George V. Russell, MD, MBA  
James L. Hughes Professor and Chairman  
Department of Orthopaedic Surgery  
University of Mississippi Medical Center  
Jackson, MS

Marcus F. Sciadini, MD  
Associate Professor  
Division of Orthopaedic Traumatology  
Department of Orthopaedics  
University of Maryland School of Medicine &  
RA Cowley Shock Trauma Center  
Interim Chairman, Department of Orthopaedics  
University of Maryland Midtown Campus Hospital  
Baltimore, MD

Anjan R. Shah, MD  
Staff Traumatologist  
Florida Orthopaedic Institute  
Assistant Professor of Orthopaedics  
University of South Florida  
Director, Orthopaedic Trauma Service  
Brandon Regional Hospital  
Tampa, FL

Micah Sinclair, MD  
Assistant Professor  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

Anthony T. Sorkin, MD  
System Medical Director, IU Health Ortho Service Line  
Orthopaedic Trauma  
IU Health Methodist Hospital  
Indianapolis, IN

Christopher Utz, MD  
Assistant Professor  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

John D. Wyrick, MD  
Professor  
Associate Director of Orthopaedic Trauma  
Director, Upper Extremity Surgery  
Department of Orthopaedic Surgery  
University of Cincinnati Academic Health Center  
Cincinnati, OH

**Ancillary Faculty**
Keith Zurmehly, MPAS, PA-C  
Senior Physician Assistant of Orthopaedic Trauma  
UC Health  
University of Cincinnati Academic Health Center  
Cincinnati, OH
# 14th Annual Trauma 101 Fracture Care

For the Community Orthopedist and Orthopaedic PA & NP

**APRIL 28–30, 2016**

## Course Schedule

### DAY 1 - THURSDAY
April 28, 2016 – AM & PM Session

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Registrations / Exhibits / Continental Breakfast</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Welcome and Introduction</td>
</tr>
<tr>
<td>9:15 AM</td>
<td>Management of Shoulder Instability</td>
</tr>
<tr>
<td>9:30 AM</td>
<td>SLAP &amp; Biceps Pathology</td>
</tr>
<tr>
<td>9:45 AM</td>
<td>Management of Acute Rotator Cuff Tears</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Irreparable Rotator Cuff Repair / Reverse Shoulder Arthroplasty</td>
</tr>
<tr>
<td>10:15 AM</td>
<td>Discussion and Questions from Audience</td>
</tr>
<tr>
<td>10:30 AM</td>
<td>Faculty Panel &amp; Case Discussions</td>
</tr>
<tr>
<td>11:00 AM</td>
<td>Break &amp; Transition</td>
</tr>
</tbody>
</table>

**SESSION I: UPDATE ON SOFT TISSUE INJURIES OF THE SHOULDER**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:15 AM</td>
<td>PRP &amp; Stem Cells</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>Labral Tear of the Hip — Diagnosis &amp; Treatment</td>
</tr>
<tr>
<td>11:45 AM</td>
<td>Exertional Compartment Syndrome — Diagnosis &amp; Treatment</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Tendinopathies of Lower Extremities</td>
</tr>
<tr>
<td>12:15 PM</td>
<td>Discussion and Questions from Audience</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>Lunch</td>
</tr>
</tbody>
</table>

**SESSION II: UPDATE ON OTHER LOWER EXTREMITY SOFT TISSUE INJURIES**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 PM</td>
<td>Treatment of Acute Knee Dislocations</td>
</tr>
<tr>
<td>1:50 PM</td>
<td>ACL Single vs. Double Bundle Repair</td>
</tr>
<tr>
<td>2:10 PM</td>
<td>Treatment Options for Meniscus Tears</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>Osteochondral Allografts for Massive Bone Defects</td>
</tr>
<tr>
<td>2:50 PM</td>
<td>Lateral Patellar Instability</td>
</tr>
<tr>
<td>3:10 PM</td>
<td>Partial Knee Replacement</td>
</tr>
<tr>
<td>3:30 PM</td>
<td>Treatment of PCL Injuries</td>
</tr>
<tr>
<td>3:50 PM</td>
<td>Post Traumatic Knee Joint Stiffness &amp; Arthrofibrosis</td>
</tr>
<tr>
<td>4:10 PM</td>
<td>Faculty Panel &amp; Questions from Audience</td>
</tr>
<tr>
<td>4:30 PM</td>
<td>Break &amp; Transition</td>
</tr>
<tr>
<td>5:00 PM</td>
<td>Fireside Chat: Malpractice Risk Reduction (5:00–6:00 PM)</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Opening Reception (6:00–7:00 PM)</td>
</tr>
</tbody>
</table>

### DAY 2 - FRIDAY
April 29, 2016 – AM & PM Session

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 AM</td>
<td>Registration/ Exhibits/ Continental Breakfast</td>
</tr>
<tr>
<td>7:30 AM</td>
<td>Proximal Humerus Fractures - Nails</td>
</tr>
<tr>
<td>7:45 AM</td>
<td>Proximal Humerus Fractures - Plates</td>
</tr>
<tr>
<td>8:00 AM</td>
<td>Humeral Shaft Fractures — ORIF, IM Nails or Brace: What to do?</td>
</tr>
<tr>
<td>8:15 AM</td>
<td>Humeral Nonunions — What are the Issues and Strategies?</td>
</tr>
<tr>
<td>8:30 AM</td>
<td>Olecranon and Radial Head / Neck Fractures</td>
</tr>
<tr>
<td>8:45 AM</td>
<td>Fractures of the Distal Radius — Volar, Dorsal or Both?</td>
</tr>
<tr>
<td>9:00 AM</td>
<td>Discussion and Questions from Audience</td>
</tr>
<tr>
<td>9:15 AM</td>
<td>Faculty Panel &amp; Case Discussions</td>
</tr>
<tr>
<td>9:45 AM</td>
<td>Break &amp; Transition</td>
</tr>
</tbody>
</table>

**SESSION IV: PROBLEM FRACTURES OF THE UPPER EXTREMITY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 AM</td>
<td>Lab: Proximal Humerus Nails</td>
</tr>
<tr>
<td>10:40 AM</td>
<td>Lab: Proximal Humerus Plates</td>
</tr>
<tr>
<td>11:20 AM</td>
<td>Lab: Distal Radius</td>
</tr>
</tbody>
</table>

**LAB SESSION I**
(40 minute rotating sessions/10:00/10:40/11:20AM)

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 AM</td>
<td>Lab: Proximal Humerus Nails</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Lab: Proximal Humerus Plates</td>
</tr>
<tr>
<td>10:00 AM</td>
<td>Lab: Distal Radius</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Lunch</td>
</tr>
</tbody>
</table>

---

**14TH ANNUAL**

**Trauma 101 Fracture Care**

**For the Community Orthopedist and Orthopaedic PA & NP**

**APRIL 28–30, 2016**
SESSION VI: PROBLEM FRACTURES OF THE FOOT & ANKLE

7:30 AM  Fractures Of The Talus & Calcaneus — Is This In My Wheelhouse?
7:45 AM  Ankle Fractures In The Elderly — How to Deal With Poor Bone Quality
8:00 AM  Diabetic Ankle Fractures — Surgery Or No Surgery?
8:15 AM  Low Energy Pilon Fractures _ What Should I Do?
8:30 AM  Distal Tibia Nailing — When & How
8:45 AM  Infections Around The Foot & Ankle — How Should I Manage?
9:00 AM Discussion and Questions from Audience
9:15 AM Faculty Panel & Case Discussions

LAB SESSION III
(40 minute rotating sessions/9:30/10:10/10:50 AM)
9:30 AM  Lab: ORIF Distal Radius
9:30 AM  Lab: ORIF Supracondylar Humerus Fx
9:30 AM  Lab: Radial Head / Neck Fx
11:30 AM  Break and Transition

SESSION VII: DIFFICULT SCENERIOS IN FRACTURE CARE
11:45 AM  Bisphosphonates & The Femur — What Should I Do?
12:00 PM  Femoral Neck In The Young Adult — What Is The Standard?
12:15 PM  Tibial Shaft Nonunion — Treatment Strategies
12:30 PM  Closing & Summary

LAB SESSION III
(40 minute rotating sessions/9:30/10:10/10:50 AM)
9:30 AM  Lab: ORIF Distal Radius
9:30 AM  Lab: ORIF Supracondylar Humerus Fx
9:30 AM  Lab: Radial Head / Neck Fx
11:30 AM  Break and Transition

SESSION VII: DIFFICULT SCENERIOS IN FRACTURE CARE
11:45 AM  Bisphosphonates & The Femur — What Should I Do?
12:00 PM  Femoral Neck In The Young Adult — What Is The Standard?
12:15 PM  Tibial Shaft Nonunion — Treatment Strategies
12:30 PM  Closing & Summary

DAY 3 - SATURDAY
April 30, 2016 — AM Session

PHYSICIANS PROGRAM: Thursday: 9:00 AM–6:00 PM / Friday: 7:30 AM–5:45 PM / Saturday 7:30 AM–12:30 PM
PA & NP PROGRAM: Thursday: 9:00 AM–6:00 PM / Friday: 7:30 AM–5:45 PM / Saturday 7:30 AM–12:30 PM
DAILY REGISTRATION BEGINS AT: 8:00 AM Thursday, April 28, 2016
6:30 AM Friday, April 29, 2016
7:00 AM Saturday, April 30, 2016
PA - NP Curriculum
The PA - NP has become an integral contributor in the care of patients in various settings, especially in the realm of orthopaedics. The comprehensive care of the orthopaedic patient not only requires a basic medical knowledge, but also entails a more specific and detailed understanding of the nature and treatment of injury. This course is designed to correspond in conjunction with the physicians' curriculum to offer the PA- NP exposure to basic orthopaedic concepts and care.

PA - NP Topics:
- Principles of fracture healing
- Use of different bone grafts and bone graft supplements
- Nonunion Care
- Fracture care of the upper and lower extremities
- Pelvic trauma
- Soft Tissue Injuries
- Small group lab sessions w/ hands-on experience utilizing various orthopaedic implants
- Interaction w/ orthopaedic surgeons and colleagues from various regions and backgrounds

PA & NP Program Coordinator:
Keith Zumehly, PA-C

Accommodations
Opal Sands Resort
430 South Gulfview Blvd
Clearwater, Fl 33767

For hotel accommodations at the Opal Sands Resort:
1. You can make reservations online by logging onto the website below.


   Click on Drop Down Box that reads SPECIAL CODE, select GROUP/BLOCK

   Enter arrival and departure dates

   ENTER CODE: TRAUMA101

OR

2. You can make phone reservations by calling James Pritsky/Opal Sands Resort at 727-674-4117.

   Room rate is $269.00 per night (plus tax) for (single or double occupancy).

Conference Location
The “NEW” Opal Sands Resort is located at 430 South Gulfview Blvd., Clearwater, FL 33767. The resort is approximately 33 minutes from the Tampa International Airport.

Transportation
Tampa International Airport
20 miles from Opal Sands Resort
Overview
This course is designed to present advanced instruction for community orthopaedic surgeons on the management of soft tissue trauma, fractures and musculoskeletal injuries from initial evaluation and surgical technique through convalescence and rehabilitation. The target audience includes practicing orthopaedic surgeons, orthopaedic residents, physician assistants and orthopaedic nurses interested in or currently caring for orthopaedic injury patients. Emphasis will be placed on fracture care in the community practice environment.

Participants will be engaged in an interactive format including:

**Injury modules, case examples, discussions and debates** – the presentation of didactic material through injury topics or debates encouraging interactive sessions between participants and faculty panels.

**Hands-on workshops** – lab sessions with surgical implants and saw bones offering participants the opportunity to apply techniques demonstrated in the case modules and small group discussions.

**Case Discussions** – arranged to provide ample individualized interaction between faculty and participants. These sessions are devoted to discussing difficult cases.

**Clinical risk and malpractice management panel** – an informal panel discussion concerning the reduction of malpractice risk exposure and the current issues concerning tort reform.

Objectives
- **Identify** the current principles of management for patients with orthopaedic sports and trauma related injuries in the community environment.
- **Appreciate** the nuances of diagnosing, treating and rehabilitating soft tissue injuries around the shoulder, elbow, hip, knee and ankle.
- **Integrate** the technical aspects of rapid extremity immobilization including spanning external fixation and intramedullary nailing into health care providers’ practices.
- **Compare** and contrast the various treatment strategies for patients with orthopaedic trauma injuries.
- **Define** the current standards for post-injury rehabilitation after orthopaedic injury.
- **Recognize** and assess practice risk reduction in caring for orthopaedic injury patients.

Target Audience
Orthopaedic surgeons, residents, physician assistants, nurse practitioners and nurses interested in or currently caring for orthopaedic injury patients.

Accreditation Statement
The University of Cincinnati designates this live activity for a maximum of 20.75 *AMA PRA Category 1 Credit(s)*. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

The University of Cincinnati is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Cincinnati is committed to resolving all conflicts of interest issues that could arise as a result of prospective faculty members’ significant relationships with drug or device manufacturer(s). The University of Cincinnati is committed to retaining only those speakers with financial interests that can be reconciled with the goals and educational integrity of the CME activity.

The opinions expressed during the educational activity are those of the faculty and do not necessarily represent the views of the University of Cincinnati. The information is presented for the purpose of advancing the attendees’ professional development.
14th Annual
Trauma 101 Fracture Care
For the Community Orthopedist and Orthopaedic PA & NP

April 28-30, 2016
Opal Sands Resort
Clearwater, FL 33767

Questions?
Call Carol Weast at 513-558-2978 or email: weastca@ucmail.uc.edu

Registration Form

Name (Print)  Title (MD, PA, Etc.)

Street Address

City State Zip

Daytime Phone Fax Number

Email Address (Necessary for CME Credits)

Registration Fees

Physicians
On or Before 3/28/2016 $500
After 3/28/2016 $550

Industry Professionals
On or Before 3/28/2016 $400
After 3/28/2016 $450

Physicians Assistant
On or Before 3/28/2016 $350
After 3/28/2016 $400

Physician Practitioner
On or Before 3/28/2016 $350
After 3/28/2016 $400

Nurse Practitioner
On or Before 3/28/2016 $250
After 3/28/2016 $300

Nurses
On or Before 3/28/2016 $200
After 3/28/2016 $250

Residents
On or Before 3/28/2016 $200
After 3/28/2016 $250

Credit Card

☐ VISA  ☐ Mastercard  ☐ Amex  ☐ Discover

In the Amount of $

Card Number

Exp. Date  CCV code: (AMEX-4 digits on front, MC/Visa/Disc-3 digits on back)

Name on Card (Print)

Billing Address on Card

Signature

Enclosed is my check made payable to
“Foundation of Orthopaedic Research and Education” in the AMOUNT OF: $

Refund Policy

Cancellation notification must be in writing (fax to 813-558-6117 or email CME@FOREonline.org) and received by the close of business on March 28, 2016. A cancellation fee of $50 will be assessed. Cancellations received after March 28, 2016 will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the Program is cancelled.