

## Testing Dopamine for Treatment of Cerebral Vasospasm After Subarachnoid Hemorrhage Using an *In Vitro* Model.

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**Introduction:** Cerebral vasospasm (CV) is a significant cause of mortality (11,000 per year in the US) and morbidity in patients surviving a subarachnoid hemorrhage (SAH). Onset of CV occurs 3-10 days after the SAH, and this affords a valuable therapeutic window. There are currently no effective therapies for this debilitating pathology. The aim of our study was to determine the possible efficacy of dopamine therapy *in vitro* in preventing or reversing smooth muscle contraction during CV after SAH. We hypothesized that stimulation of the nitric oxide synthase (NOS) pathway *via* dopaminergic receptor activation may be an effective way to prevent or reverse cerebral vasospasm after subarachnoid hemorrhage. **Methods:** Sections of porcine internal carotid arteries (0.5 mm in length) were placed in a water-jacketed organ bath (physiological saline solution, pH 7.4 @ 37°C) and isometric force measured. KCl-induced contraction was set as 100% contraction ( $F_{max}$ ) and the contractile response of the arteries under various conditions was compared to  $F_{max}$ . *In vitro* vasospasm was induced using cerebrospinal fluid from patients who suffered CV after SAH ( $CSF_V$ ). Arteries were treated with dopamine (10 $\mu$ m) both before and after addition of  $CSF_V$ . Selected dopamine antagonists (L-SPD vs.  $D_1$  receptors, haloperidol vs.  $D_2$ , U99194A vs.  $D_3$ ) were used to determine through which receptor dopamine was having its effects on the CV *in vitro*. Immunohistochemical staining for both inducible and endothelial NOS (iNOS and eNOS) of these arterial rings was performed. **Results:** Both pretreatment and posttreatment with dopamine reduced the vasoconstriction caused by  $CSF_V$  significantly (70%  $\pm$  9%, 36%  $\pm$  5% of  $F_{max}$ , respectively). Blockade of  $D_2$  receptors with haloperidol abolished this effect, whereas the  $D_1$  and  $D_3$  antagonists did not. Immunohistochemical staining suggests that the mechanism of dopamine's action here includes induction of iNOS in the smooth muscle layers of the arteries. **Conclusions and Significance:** Our data suggests that the effects elicited by dopamine against vasospasm were mediated by  $D_2$  receptors. This statistically significant, *in vitro* data may be used to develop clinical therapies of dopamine  $D_2$  receptor agonists for use as a treatment for CV after SAH. This could add an important weapon to the armory of the neurosurgeon, for a pathology where current therapies are inconsistent and moderately effectual at best.