Revealing the Rich Resources of Avondale
Who are The Community Builders?

TCB is a national real estate developer that has operated in Avondale since 2012 with support from a $29.5 million HUD Choice grant.

Equality, Diversity, Prosperity
TCB Success in Avondale

25% increase in residents working for pay, 2013-2018

51% increase in children with access to primary care provider (44% to 95%), 2014-2017

54% increase in early childhood education enrollment, 2013-2017

And their work continues...
Who are TCB residents?

91% of heads of household are women

>77% of residents are black

41% have completed high school or obtained GED

$10,246 Average Household Income
Knowledge in how to access social support systems, vaccines, and reputable health information

Agency over healthcare providers and decision-making

Transportation

Mental health concerns and chronic stress

Competing priorities

Social Determinants of Health

Knowledge in how to access social support systems, vaccines, and reputable health information
Project Goal
To create an accessible resource guide for TCB residents
Methods

1. Conducted interview with health champions and toured the community
2. Identified areas of greatest concern and matched them with local resources
3. Created and shared a virtual brochure for residents
Thank You! You are now online!
Avondale Community Wi-Fi

Please see below for resources and updates for the Avondale Community.

Comprehensive Avondale Community Resource Guide

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COVID-19 Information

Vaccination Information
- Cincinnati Health Department Vaccine Information and Sign-Up
  - Address: 3101 Burnet Ave, Cincinnati, OH 45229
  - Website: https://www.cincinnatipublichealth.org/vaccination
  - Sign up for the COVID-19 vaccine
  - Ohio Department of Health - Vaccine Provider Information
    - Address: 246 N High St, Columbus, OH 43215
    - Search by county/ZIP code to see a list of providers with websites and contact information

Testing Sites
- The Health Collaborative - Test and Protect Program
  - Address: 615 E 5th St, Suite 400, Cincinnati, OH 45202
  - Website: https://thehealthcollabo.org/testandprotect/
  - Provides an up-to-date list of COVID-19 testing locations by city and testing FAQs

Dental, Pharmacy, & Medication Assistance
- Crest Smiles Shoppe
  - Address: 612 Rockdale Avenue, Cincinnati, OH 45229
  - Website: http://www.crestsmilesshoppe.com
  - Provides dental care on a sliding fee scale to any individual
- University Hospital Dental Center
  - Address: 234 Goodman St, Cincinnati, OH 45219 (3rd Floor of B Pavilion)
  - Website: https://www.uchealth.com/services/dental-center/
  - Provides dental services on a sliding fee scale; appointment required

Ohio Best Rx
- Website: http://ohiobestrx.org
  - Prescription drug discount card program designed to lower the cost of prescriptions for Ohio residents without prescription drug insurance coverage
  - Eligible individuals are 60 years of age or older or under the age of 60 depending on annual family income

Discount Prescription Drug Card - Internet Drug Coupons
- Website: https://www.internetdrugcoupons.com/
  - Printable card that will provide you with prescription medication savings of up to 75% for both the insured and uninsured

Food Resources & Assistance
- Shiloh Seventh-Day Adventist Church Food Pantry
  - Address: 725 Whittier St, Cincinnati, OH 45229
  - Website: https://shilohsda513.org/
  - Food Pantry open to anyone in need; No eligibility requirements; Bring ID
  - Hours: Monday–Friday: 11:30 am–2 pm (not open the first week of the month)

Telemedicine and Healthcare Resources
- Ambrose H. Clement Health Center
  - Address: 3559 Reading Rd Suite 101, Cincinnati, OH 45229
  - Website: https://www.ambrosehc.com/
  - Healthcare facility with services that include adult medicine, pediatrics, obstetrics/gynecology, mental health services, pharmacy, WIC and health insurance enrollment assistance, and laboratory services

Desert Inn Resort and Healthcare Center
- Address: 330 Highland Ave, Cincinnati, OH 45229
- Website: https://www.uchealth.com/services/primary-care/appointments/
- Primary Care Clinic: Monday–Friday: 8:30 am–5:30 pm, appointment required, no walk-ins

Community Builders - UC Health
- By Phone: 513-585-5353 for assistance
- Website: uchealth.com/myuchealth
  - A free, safe, and secure online application that allows you and any other UC Health patient to access, manage, and receive your personal health information remotely

Rent, Utility, & Financial Assistance
- All Saints Catholic Church SVP Rent & Utility Assistance
  - Address: 1125 Bain St, Cincinnati, OH 45214
  - Website: https://www.swdpcincincinnati.org/rent-help-rent-utility-assistance/
  - Resources reserved for helping Cincinnati residents pay their overdue rent and utility bills

Christ Church Cathedral Pinto Line Program
- Address: 318 E 4th St, Cincinnati, OH 45202
- Website: https://cincinnaticatholic.org/cfc/our-parishes
  - Provides assistance to people who are facing eviction from their homes

Cincinnati-Hamilton County Community Action Agency
- Address: 1745 Langdon Farm Rd, Cincinnati, OH 45217
- Website: https://www.cincy-ca.org/what-we-do/family-support/rent-assistance.html
  - Case managers help clients receive aid for rent and utilities

Prevention/Retention/Contingency Program - Hamilton Co. Dept. of Job and Family Services
- Website: https://www.hcsb.org/preventionretention/contingency-program-growing/
  - Assists residents with a short-term or immediate need for rental assistance to prevent eviction or financial assistance to pay a utility bill; also offers infant safety products
Legal Aid Assistance

- Legal Aid Society of Greater Cincinnati
  Address: 215 E 9th St, Suite 200, Cincinnati, OH 45202
  Website: https://www.lascinti.org/
  - Legal representation, information, advice, and referral for low-income residents of Brown, Butler, Clermont, Clinton, Hamilton, Highland, and Warren Counties in need of legal help

- Ohio Justice and Policy Center (OJPIC)
  Address: 215 E 9th St, Suite 601, Cincinnati, OH 45202
  Website: http://ojpic.org/
  - Offers virtual high-quality legal assistance, advice, and education to Ohioans free of charge

- Ohio Legal Help through the Ohio Legal Assistance Foundation
  Address: 10 West Broad Street, Suite 950, Columbus, OH 43215
  Website: https://www.ohlawhelp.org/
  - Interactive legal help information, self-help tools, and connections to local legal and community resources that can help people resolve their legal issues

- Pro Seniors, Inc.
  Address: 7162 Reading Road, Suite 1150, Cincinnati, OH 45237
  Website: https://www.proseniors.org/
  - Offers Ohio residents age 60 and older advice and information needed to solve legal and nursing home, adult care facility, home health care, and consumer problems

Mental Health Resources

- Greater Cincinnati Behavioral Health Services
  Address: 1101 Madison Rd, Cincinnati, OH 45206
  Website: https://www.gcbs.com/programs-services/mental-health-services/
  - Provides mental health counseling and medications for homeless individuals

- Central Community Health Board (CCHB) Community Psychiatric Supportive Service
  Address: 532 Maxwell Ave, Cincinnati, OH 45219
  Website: http://ccnhbc.com/service/community-psychiatric-support-program/
  - Provides mental health and chemical dependency treatment and HIV prevention services to the citizens of Greater Cincinnati/Hamilton County, Ohio.

- Tabert House
  Address: 2600 Victory Parkway, Cincinnati, OH 45206
  Website: https://www.taberthouse.org/help/community-care-3/
  - Provides mental health and substance use assessment and treatment services

- The Health Resource Center of Cincinnati
  Address: 2347 Vine Street, Cincinnati, OH 45221 (in the IKRON Building)
  Website: http://www.hrccc.org/
  - Clinic specializing in mental health and substance abuse care for the homeless

- Mental Health Access Point (MHAP)
  Address: 311 Albert Sabon Way, Cincinnati, OH 45229
  Website: http://www.mentalhealthaccesspoint.org/
  - Assessments, authorization for and connection to appropriate mental health services

- Opportunities for Ohioans with Disabilities
  Address: 800 Central Ave (7th Floor, Centennial Plaza 3), Cincinnati, OH 45202
  Website: https://ooad.ohio.gov/ems/portal/go/ooad/
  - State agency that partners with Ohioans with disabilities to achieve quality employment, independence, and Social Security disability determination outcomes

- Mental Health America of NKY & Southwest Ohio
  Address: 2400 Reading Road, Suite 139, Cincinnati, OH 45202
  Website: https://www.mhakny.org/Home
  - “The Support Group Clearinghouse” maintains listings of known area support groups for people who share similar mental, emotional or physical health care problems
  - “Compeer” utilizes volunteer friendship to help people with mental illness feel more connected to their community, feel less isolated, and increase their independence

- Recovery Center of Hamilton County
  Address: 2340 Auburn Avenue, Cincinnati, OH 45219
  Website: https://www.recoverycenterhc.org/
  - Offers a variety of peer support/self-help, education, vocational & community involvement activities/services for people in the recovery stage of their mental illness

Childcare and Early Childhood Education

- Cozy Home Child Care and Learning Center
  Address: 3559 Reading Rd, Cincinnati, OH 45229
  Website: https://www.facebook.com/CozyHomeCare/
  - Open 5a-11pm serving families with children ages 6 weeks-12 yrs; supports remote learning

- Early Head Start & Head Start Programs
  Address: See website for multiple location options
  Website: https://www.cincinnatihealthstart.org/pr/find-center.html
  - Programs serve families through full-day, full-year program options that meet their needs
  - For income-eligible families with infants and toddlers under age 3 (Early Head Start) or preschool children ages 3 to 5 (Head Start)

- Hamilton County Job & Family Resources
  Address: 222 East Central Parkway, Cincinnati, OH 45202
  Website: https://www.hcfs.org/child-care-parents-caregivers/
  - Partially covers the cost of child care for eligible low-to moderate-income families

- Cincinnati Preschool Promise
  Website: https://cincy-promise.org/orfamilies/
  - Tuition assistance, access to more resources for parents, and help to find a preschool that's just right for your child

Emergency Shelter

- ShelterHouse Rapid Re-Housing Program
  Address: Mem. - 411 Gest Street, Women's - 2499 Reading Rd, Cincinnati, OH 45206
  Website: http://www.shelterhousecincy.org/what-we-do/housing
  - Rapid re-housing places a priority on moving a family or individual experiencing homelessness into permanent housing as quickly as possible

- Sheekley Center for Youth
  Address: 2522 Highland Ave, Cincinnati, OH 45219
  Website: https://www.lys.org/services/shelter-and-resources-for-homeless-youth/24/sheekley-center-for-youth
  - Resource center and shelter for youth up to age 24

- Interfaith Hospitality Network
  Address: 950 Nassau St, Cincinnati, OH 45206
  Website: https://www.ican.org/get-help/foggiel-elect-1
  - Serves families without homes in the Greater Cincinnati area - call (513) 381-7233

- Lighthouse Youth Crisis Center
  Address: 3330 Jefferson Ave, Cincinnati, OH 45220
  Website: https://www.lys.org/services/homeless-and-runaway-youth/youth-crisis-center/
  - Emergency facility for unaccompanied youth, 10-17 years old, to seek shelter and safety

- Tender Mercies, Inc.
  Address: 27 W 12th St, Cincinnati, OH 45202
  Website: http://www.tendermerciesinc.org
  - Permanent Housing for homeless men and women with mental illness
### Substance Abuse Resources

- **Sober Living**
  - Address: 4041 Reading Rd, Cincinnati, OH 45229
  - Website: http://www.soberlivingohio.com
  - Safe, affordable, sober housing and structured living environment to those recovering from alcohol and drug addiction.

- **Addiction Services Council**
  - Address: 2828 Vernon Place, Cincinnati, OH 45219
  - Website: http://www.alcoholismcouncil.org/
  - Provides assessment, referral, and treatment for individual and families navigating the effects of substance use-related disorders through Recovery Health Access Center.

- **Bethesda Alcohol and Drug Treatment**
  - Address: 619 Oak St, 4th Floor West, Cincinnati, OH 45206
  - Website: https://www.trihealth.com/institutes-and-services/alcohol-and-drug-treatment/choosing-bethesda
  - Offers day and evening intensive outpatient services 3 times per week.

- **Crossroads Center**
  - Address: 311 Martin Luther King Drive E, Cincinnati, OH 45219
  - Website: https://thecrossroadscenter.org/
  - Offers a wide range of addiction, behavioral, and mental health treatment programs.

### TCB Resident Resources

- **Health**
  - Virtual fitness classes via Zoom 2x per week every Monday and Wednesday 5:30-6:30 p.m.
  - Peer Support Team of Health Champions that provide one-on-one coaching, resource referrals, support, and tangible items such as diapers and safety kits
  - Access to food resources through Produce Pop-Ups and referrals to the Healthy Harvest Mobile Market.

- **Education**
  - Support with preschool enrollment
  - Parenting Classes through Parents on Point workshops
  - Preschool Readiness Activities and Events such as ‘Make It Take It’ craft events
  - Early Literacy promotion through connection to Reading Bears community group and free books to build at-home libraries.

- **Economic Mobility**
  - Ongoing rounds of Economic Mobility Fund initiatives which provide mini-grants and financial literacy programming in partnership with Avondale
  - Development Corporation
  - Housing Stability support through coaching and rental assistance resource connections.

- **Mental Health**
  - In-house mental health support from Greater Cincinnati Behavioral Health
  - Stress Reduction kits available upon request.

- **Community Engagement**
  - Ongoing engagement, events, and opportunities via TCB Avondale CL Facebook Page

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Connect with Us!

*TCB does not endorse nor is responsible for the content on the sites.
*Information is subject to change without notice. Please contact providers directly.
Results

Figure 1. Tracking impressions and made every time the resource guide is loaded.

Figure 2. Tracking accessing of the resource guide.
Results

Figure 3. Devices from which the guide was accessed and FlipSnack statistics summary from 3/16/21 - 4/22/21.
Future Directions

● Expand utilization of online resource guide beyond TCB residents
● Develop survey to periodically assess community knowledge of local resources
● Further outreach with community members to update online guide with new and upcoming resources
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References