

## UCMC Liver Transplant Guidelines

### POST TRANSPLANT CLINIC & LAB SCHEDULE

Post-Operative Day (POD)	Visit Frequency	Lab Frequency	Labs Required <small>(additional may be needed based on primary disease, donor risk factors and physician discretion)</small>
0-30 days (1 <sup>st</sup> month)	Weekly → every other week	2x a week	Liver Panel, Renal Panel, CBC w diff Drug Level <sup>1</sup>
31-60 days (2 <sup>nd</sup> month)	Every other week	2x a week → weekly	Liver Panel, Renal Panel, CBC w diff Drug Level <sup>1</sup> <u>Day 30:</u> HIV NAT, HBV NAT, HCV NAT <sup>2</sup>
61-90 days (3 <sup>rd</sup> month)	Every 3 weeks	Weekly	Liver Panel, Renal Panel, CBC w diff Drug Level <sup>1</sup> <u>Day 90:</u> Lipid Panel, Hgb A1C, 25 OH Vitamin D
91-180 days (4-6 months)	Monthly	Every 2 weeks	Liver Panel, Renal Panel, CBC w diff Drug Level <sup>1</sup> <u>Day 180:</u> Hgb A1C, 25 OH Vitamin D
181 days – 1 year (6 months – 1 year)	Every 2-3 months	Monthly	Liver panel, Renal Panel, CBC w diff Drug Level <sup>1</sup> <u>Day 365:</u> Lipid Panel, HgbA1C, HBV NAT <sup>3</sup> , HCV NAT
1-3 years	Annually	Every 3 months	Liver panel, Renal Panel, CBC Drug Level <sup>1</sup> <u>Annually:</u> Lipid Panel, HgbA1C, Dexa (if prior test abnormal)
> 3 years	Annually	Every 6 months	<u>Every 3yrs:</u> Dexa (if prior test normal)

<sup>1</sup>Drug Level = Immunosuppressant drug level (i.e. tacrolimus, cyclosporine, everolimus or sirolimus)

<sup>2</sup> Per OPTN Policy as of 3/1/21: HIV NAT, HBV NAT and HCV NAT for all recipients at least 28 days but no later than 56 days post-transplant

<sup>3</sup> Per OPTN Policy as of 3/1/21: HBV NAT for all recipients at least 335 days but no later than 395 days post-transplant