

**UCMC Kidney and Pancreas Transplant Guidelines**  
**POST TRANSPLANT CLINIC & LAB FOLLOW UP FROM 0-1 year**

<b>Post-Operative Day (POD)</b>	<b>Visit Frequency</b>	<b>Lab Frequency</b>	<b>Labs Required</b>
0-30 days (1 <sup>st</sup> month)	2 times a week	2 times a week	Drug level, Renal Panel w GFR, CBC w diff, Mg, Phos, UA w reflex to culture, Urine protein & Cr <u>Day 30</u> : Hepatic Panel, BK
31-60 days (2 <sup>nd</sup> month)	Weekly	Weekly	Drug level, Renal Panel w GFR, CBC w diff, Mg, Phos, UA w reflex to culture, Urine protein & Cr * <u>Stent removed</u> <u>Day 30</u> : HIV NAT, HBV NAT, HCV NAT <sup>1</sup> <u>Day 60</u> : BK
61-90 days (3 <sup>rd</sup> month)	2 times a month	2 times a month	Drug level, Renal Panel w GFR, CBC w diff, Mg, Phos, UA w reflex to culture, Urine protein & Cr <u>Day 90</u> : Hepatic Panel, Lipid Panel, BK, Hgb A1C (DM pts)
91-180 days (6 months)	Monthly	Monthly	Drug level, Renal Panel w GFR, CBC w diff, Mg, Phos, UA w reflex to culture, Urine protein & Cr <u>Day 180</u> : Hepatic Panel, Lipid Panel, BK, Hgb A1C (DM pts), DSA
181 days – 1 years	Every 2 months	Every 2 months	Drug level, Renal Panel w GFR, CBC w diff, Mg, Phos, UA w reflex to culture, Urine protein & Cr <u>Day 270</u> : BK <u>Day 365</u> : Hepatic Panel, Lipid Panel, BK, Hgb A1C (DM pts), DSA

<sup>1</sup>Per OPTN Policy as of 3/1/21: HIV NAT, HBV NAT and HCV NAT must be obtained for all recipients at least 28 days but no later than 56 days post-transplant