**Cincinnati UC/CCHMC Resident Associations**

Asian American/Pacific Islander House Staff Association

Calling all Asian-American / Pacific Islander house staff! If you’re looking to find some AAPI community and enjoy periodic gatherings (mostly around really amazing Asian food) please reach out to Daniel Song (med peds 3rd year resident) at [Joongyu.song@cchmc.org](mailto:Joongyu.song@cchmc.org) or text him at 858-527-8801! It’s a new group but we have residents across a wide range of departments (IM, peds, surgery, Derm, psych, Ophtho etc). Daniel will add you to the group chat so you can stay in the loop about any events. We’ll be thinking about any ways we can increase AAPI presence and awareness in our home institutions this upcoming year as well!

Minority Housestaff Association

c

The Cincinnati Minority Housestaff Association (MHA) was founded by Dr. Joi Moore and Dr. Jensine' Norman in 2015 out of necessity to create a sense of community between the underrepresented minority residents across specialties as well as the faculty and medical students. The original mission was to create opportunities for the advancement of under-represented house staff through mentorship, networking, professional development, and community engagement while promoting an environment of diversity and inclusion across the UC Health System. MHA has not only maintained the original mission, but they have also created a sense of family which has eased the matriculation through residency for the residents involved in the organization. Residents from all programs at UC as well as the Christ Hospital and Cincinnati Children’s are members of this community. The organization now has several supporters throughout the medical center including UC Office of Diversity and Inclusion, graduate medical education office, and UC health administration. Between these organizations, MHA has dedicated faculty, administration, and staff who continue to support MHA.

MHA strives to support residents and fellows through the organization of monthly social events across Cincinnati most recently with focus on black and brown owned businesses, mentor-mentee relationships via UC's SNMA group, and advertising volunteer opportunities in the community. We also assist in the organization and support of residents across different residency programs in the attending of SNMA's Annual medical Education Conference for the purpose of strengthening the recruitment of URiM housestaff.

If you are interested in receiving emails from MHA please email us at [cincimedmha@gmail.com](mailto:cincimedmha@gmail.com) and follow us on our social media sites on Instagram @[ucminorityhousestaffassc](http://www.instagram.com/ucminorityhousestaffassc/) and on Facebook at [University of Cincinnati Minority Housestaff Association | Facebook](https://www.facebook.com/groups/UCMHA)

Resident Spouse Association

Did you know that your partner (unmarried relationships included!) can join Cincy Resident Spouse Association (RSA)? Cincy RSA is an organization that offers a safe space for partners/spouses of resident physicians to come together during this difficult time of training. We offer a variety of monthly events including dinner club, book club, children's group, and our newest addition: service club (volunteering together!). For one yearly membership cost of $25, all events are included and babysitting stipends are also offered for those with any little ones at home. We also include a few events each year where the resident partner is invited! Please consider checking out our website or Facebook group: <http://www.cincinnatirsa.com/> or feel free to text with any questions @419-494-4849 (Merissa).

# Cincy LGBTQ+ Resident Association

The LGBTQ Resident Association is a collaboration between University of Cincinnati, Cincinnati Children’s, and Christ Hospital, and our goal is to support the needs and wellbeing of LGBT Residents. Our primary focuses to date are building a community of support and solidarity among LGBTQ residents, advocating for LGBTQ rights and inclusion, and building pathways for mentorship. You can email [cincylgbtqres@gmail.com](mailto:cincylgbtqres@gmail.com) with questions or to get involved!

Cincy med run club

Running club for UC medicine employees and trainees. Join for weekly runs Mondays at 6:30pm. Building community and improving health one step at a time! This is a safe and supportive space. All paces welcome!! Check them out on Instagram at @cincymedrunclub or on Strava at t.co/JDoMI9kYug

If you have any questions or would like to learn more information, you can contact Grace Howard at [howardfs@ucmail.uc.edu](mailto:howardfs@ucmail.uc.edu).

women in medicine & science

The University College of Medicine Women in Medicine & Science Group is dedicated to the recruitment, advancement and retention of women faculty and trainees in the College of Medicine. Their mission includes being proactive and constructive in establishing and advancing the careers of women in medicine and science through encouraging growth, facilitating mentoring, providing opportunities for networking, and teaching skills necessary to achieve professional development, educating woman on relevant UC policies and procedures for career development and advancement and enhancing the work environment for women. If you would like to learn more information, you can reach out to Dr. Danielle Clark at [**clark2d9@ucmail.uc.edu**](mailto:clark2d9@ucmail.uc.edu)**.**

Meaning in medicine

We hold meetings where physicians at all levels of training can gather in a supportive environment to reflect, listen, and share their experiences about their values, their humanity, and the meaning they find in their work in medicine. Each meeting will have a theme (gratitude, healing, courage, etc.) and each person is encouraged but not required to share a story from their personal or professional lives, a piece of artwork or literature, or other item related to the theme. We hold true to this ideal: "There are no experts, no hierarchies, no wrong answers; anyone may speak about his or her experiences or simply listen." If you would like to learn more information, you can reach out to Mati Segev at [segevmi@ucmail.uc.edu](mailto:segevmi@ucmail.uc.edu).