

Patrick Albertus–Categorical



Medical School	University of Cincinnati College of Medicine
Graduate School	University of Michigan MPH, General Epidemiology
Undergraduate School	Purdue University BS, Biochemistry
Hometown	West Chester, PA

Representative Publication/Presentation

Peer Reviewed Publications

Albertus, P., Morgenstern, H., Robinson, B., Saran, R.. Risk of ESRD in the United States. American Journal of Kidney Diseases. 2016, Dec; 68(6): 862-872. Cited in PubMed; PMID: 27578184. Pub Status: Published.

Saran R, Robinson B, Abbott KC, Agodoa LY, Albertus P, et al. US Renal Data System 2016 Annual Data Report: epidemiology of kidney disease in the United States. American Journal of Kidney Diseases. 2017, Mar; 69(3 Suppl 1): A7-A8. Cited in PubMed; PMID: 28236831. Pub Status: Published.

Zhang, S., Morgenstern, H., Albertus, P., Nallamothu, B., He, K., Saran, R.. Emergency Department Visits and Hospitalizations among Hemodialysis Patients by Day of the Week and Dialysis Schedule in the United States. PLoS ONE. 2019, Aug; 14(8): e0220966. Cited in PubMed; PMID: 31415609. Pub Status: Published.

Oral Presentations

Albertus, P. (Presenter), Morgenstern, H., Robinson, B., Saran, R.. (November, 2015). Risks of End-Stage Renal Disease in the U.S. Oral Presentation presented at: Kidney Week, American Society of Nephrology; San Diego, CA, USA.

Saran, R., Albertus, P., He, K., Tentori, F., Nallamouthu, B., Yi, L.. (November, 2016). Hospitalization Rates among In-Center Hemodialysis (HD) Patients by Day of the Week Oral Presentation presented at: Kidney Week, American Society of Nephrology; Chicago, IL, USA.

Poster Presentations

Albertus, P., Bragg-Gresham, J., Morgenstern, H., Hsu, C.Y., Powe, N., Saran, R.. (November, 2016). Metabolic Components and Chronic Kidney Disease (CKD) Prevalence in the United States Poster presented at: Kidney Week, American Society of Nephrology; Chicago, IL, USA.

Albertus, P., Morgenstern, H., He, K., Saran, R.. (November, 2017). Trends of Dementia in Medicare Patients with and without Chronic Kidney Disease Poster presented at: Student Biomedical Research Forum, University of Michigan; Ann Arbor, MI, USA.

Shahinian, V., Albertus, P., Dhamarajan, S., Ayanian, J., Hirth, R., Herman, W., Saran, R.. (November, 2016). Dialysis Facility Variation in Primary Care Physician (PCP) Involvement in the Care of Chronic Dialysis Patients in the US Poster presented at: Kidney Week, American Society of Nephrology; Chicago, IL, USA.

Languages Spoken

Spanish

Hobbies

Weightlifting, running, hiking state and national parks, reading, cooking, watching/playing sports

Patrick Albertus (continued)

Personal Statement

As a data analyst at the University of Michigan Kidney Epidemiology and Cost Center, I worked in teams of physicians, biostatisticians, epidemiologists, and policy makers. While developing skills in sophisticated study design, statistical analysis, and literature review, I learned the importance of health outcomes research in advancing medicine. For example, we found that the risk of reaching end-stage renal disease varied substantially among different racial/ethnic groups, suggesting the need for resource allocation to address such disparities. A residency in this field combines the clinical skills and qualities I hope to attain with the career opportunities to improve the communities I wish to serve.

Why I Chose Cincinnati

There are so many reasons! First and foremost, as a University of Cincinnati medical student, I saw the camaraderie of the residents on the wards. Everyone was team-oriented, supportive, hardworking, and fun to be around. All the attendings I had worked with showed the compassion and expertise I hope to emulate as a physician. Another major factor was the dedication of Dr. Warm and the rest of the program leadership to innovating in medical education. Throughout my interviews, I never found another program where I felt that I could grow and thrive as well as I could at UC.

Faysal Alhasan–Categorical



Medical School

Kalamoon University Faculty of
Medicine

Undergraduate School

N/A

Hometown

Aleppo, Syria

Representative Publication/Presentation

Peer Reviewed Publications:

Alhasan, F., Lippmann, S., Salunkhe, S. (January 2019). Ebola 101. *South Med J*;112(1):54. (PMID: 30608634).

Alhasan, F., Hoilat, J., Malas, W., Mahmood, S., Zivny, J., Alsayid, M. (August 2019). Endoscopic Management of Giant Walled-off Pancreatic Necrosis at High Risk of Bleeding. *ACG Case Rep J.* 29;6(8):e00199. (PMID: 31737728).

Alhasan, F., Makki, L., Lippmann, S. (November 2019). Scratching the Surface of the Anti-Vaccination Phenomenon. *South Med J.*;112(11):598. (PMID: 31682742).

Villar, PG., **Alhasan, F.**, Lippmann, S. (March 2020). Vaping: Safer Than Smoking?. *South Med J*;113(3):146.. (PMID: 32123931).

Poster Presentations:

Alhasan, F., Aboelnaser, A., Chitekela, J., Salunkhe, S., Trail, W., Tahaboub, M., Ramirez J. (October, 2018). The Risk of Developing Pneumonia in the Adult Louisville Population: The Number of Adults Needed to Diagnose One Episode of Pneumonia; Poster presented at: Research!Louisville 2018; Louisville, KY, USA.

Aryal, S., **Alhasan, F.**, Gana, A., Yarrabelli, S., Chandler, T., Gosh, K. (October, 2018). The impact of time to first dose of antibiotics on clinical outcomes for patients admitted to the ICU with CAP; Poster presented at: Research!Louisville 2018; Louisville, KY, USA.

Ghosh, K., Van Heiden, S., **Alhasan, F.**, Al hassan, S., Owolabi, U., Abaid, B. (October, 2018). The paradox of obesity in patients hospitalized with pneumonia; Poster presented at: Research!Louisville 2018; Louisville, KY, USA.

Tripathi, P., Alhasan, F., Gandam, M., Gadireddi, D., Trail, W., Gosh, K. (October, 2018). CAPITO: a cohort study of children hospitalized due to CAP; Poster presented at: Research!Louisville 2018; Louisville, KY, USA.

Kolikonda, M., Yeruva, R., **Alhasan, F.**, Bibodh, K., Glick, C., Gosh, K. (October, 2018). Children With Neurogenetic Disorders Hospitalized With Community-Acquired Pneumonia Are at Increased Risk for Poor Outcome. Poster presented at: Research!Louisville 2018; Louisville, KY, USA.

Abuhalaweh, M., Tripathi, P., Karki, B., **Alhasan, F.**, Glick, C., Tella, M., Chandler, T., Carrico, R. (September 2019). Antibiotic-Associated Diarrhea in Residents in Long Term Care Facilities: Results from The CIELO Pilot Study. Poster presented at: Research!Louisville 2019; Louisville, KY, USA.

Languages Spoken

Arabic, American Sign Language

Hobbies

Tennis, basketball, swimming, cooking, fostering kittens

Faysal Alhasan (continued)

Personal Statement

In 2015, upon graduating from medical school, Syria was amid chaos. I was faced with an important decision: either to stay and start my residency in Damascus, a safer, more stable city, or go back home to Aleppo, a war-torn city where there was a tremendous need for physicians. Following my desire to help, I chose to return home. Working as a physician in a city that was declared the most dangerous place in the world, was the hardest experience I faced as a young doctor. The city had no clean water, electricity, or cellular network. I was on-call five out of seven days each week, working in a hospital that was constantly being bombed. Being a part of a proud team that was devoted to save as many lives as possible meant that our medical staff had to work collaboratively. We did everything we could to make a difference.

Why I Chose Cincinnati

As a research coordinator at the University of Cincinnati I got the chance to work alongside many of the residents, and I was able to witness first-hand the support the program offers to them and feel how happy they are here. I got the chance to attend the interns' academic half day which was a unique way of teaching that allowed me to appreciate how much the program cares about the way the residents learn. Also, I loved the Long-Block schedule which I believe that is designed in a very smart way to give the experience of what is it like to be a true primary care provider while in the same time maximizing the resident available time if they wish to prepare for fellowship application. Finally, what really cemented my belief that Cincinnati was the perfect fit for me was my interview with Dr. Warm, I felt that the program cares about the traits that make their residents' personality special, and that I am not interviewing for a job, rather interviewing to be a part of a family. These were a few reasons that made Cincinnati my top choice. In addition, my parents said I was the happiest after my interview here, and we all know that parents always know better.

Caroline Blake–Categorical



Medical School

University of Kentucky College of
Medicine

**Undergraduate
School**

Furman University
BS, Chemistry

Hometown

Lexington, KY

Representative Publication/Presentation

American College of Gastroenterology poster presentation: Syphilis Hepatitis Presenting as a Mimic of Primary Biliary Cholangitis

Hobbies

Art, theater, music, UK basketball

Personal Statement

I took care of a chronically ill young woman with a puzzling acute presentation in the context of various comorbidities. She had a complicated picture of untreated infections, multiple autoimmune diseases, and multi-organ failure. While actively managing her chronic medical conditions, we struggled to diagnose her perplexing acute neurologic and ophthalmologic symptoms. Each day we debated our plan. Treatment options were either contraindicated or would counteract each other in this setting of much comorbidity. We were at an impasse. Each day she suffered, and I agonized over our inability to concretely move forward with her care. Like my experience in my sister's care, I found myself grappling with competing factors that felt like a barrier to delivering effective care. Over time I realized we couldn't solve everything, and I developed new a perspective on her case. We would be able to help this patient, and she could guide us in this process. I began to have honest conversations with her about the pitfalls we faced in her care. We openly discussed her priorities and assessed the practicality of her options. Rather than viewing her case as an amalgam of competing conditions, the patient and I developed a shared outlook of how we could realistically preserve her quality of life. Understanding the patient beyond the list of diagnoses ultimately allowed us to deliver quality care unique to her needs.

Why I Chose Cincinnati

UC emphasizes clinical medicine and quality patient care, while also valuing the education of their trainees. This is where I can become the doctor that I want to be!

Margaret (Butler) Brubaker–Categorical



Medical School	Creighton University School of Medicine
Awards	AOA, Gold Humanism
Undergraduate School	The College of St. Scholastica BA, Biology with Minors in Gerontology and Psychology
Hometown	Maplewood, MN

Representative Publication/Presentation

Ahmad, F., **Butler, M.**, & Velagapudi, M. (2019, August). *Multidrug Resistant Tuberculosis*. Oral Case Presentation at the Infectious Diseases City-Wide Conference, Omaha, NE.

Butler, M. (2018). Connection. *Free Clinic Research Collective*, 4. Retrieved from <http://www.themspress.org/journal/index.php/freeclinic/article/view/361>

Iliescu, D., Essa, A., **Butler, M.**, Valiquette, A., & Villanueva, E. (2019, November). *Model for Implementation of Post-Stroke Depression Screening in the Acute Phase of Care*. Poster presentation at the American Academy of PM&R Annual Assembly, San Antonio, TX.

Hobbies

Long-distance running, camping, hiking, watching scary movies, reading for pleasure, listening to podcasts and audiobooks, and spending time with my wonderful husband.

Personal Statement

My passion for patient education, my collaborative and interdisciplinary approach to medicine, and my servant leadership style are some of my strengths that will make me a successful internist. I have found the most fulfillment during my clinical rotations while sitting down with patients and educating them on their disease process. I am looking forward to the many opportunities I will have as an internist to teach students and patients alike. My experiences working as a nursing assistant instilled within me a deep respect for nursing staff, and I make it a top priority to collaborate with all healthcare professionals on the team. In addition, my leadership experience as a Director of the Magis Clinic has helped me to draw on each of my colleagues' strengths to achieve success for our clinic, which is analogous to a physician's role on an interdisciplinary healthcare team. I am a servant leader, willing to make sacrifices and put in behind-the-scenes work in order for my team to be successful. I am looking forward to carrying out my mission of serving others as an internist and possibly as a future geriatrician.

Why I Chose Cincinnati

It didn't take me long to realize that the University of Cincinnati was where I wanted to end up. I was perusing the website, just getting a feel for the program, and after about ten minutes, I turned to my husband and said, "Jon...I think I'm going to really love this place." The website talked a lot about patient-centered bedside rounds, community health and advocacy, and the science of learning, and got me very excited that this program would help shape me into the kind of attending physician that I aspire to be. That initial feeling of excitement was solidified when I came to Cincinnati for my interview day. Out of all of my interview days, I had by far the warmest, most sincere welcome at the University of Cincinnati. My interviews with staff felt relaxed and genuine, Dr. Warm's introduction to the program was fascinating and helped me understand what my training and learning would look like as a Cincinnati resident, and all of the residents that I interacted with were fun, down-to-earth, and enthusiastic. I left my interview day absolutely glowing, and when my husband picked me up, he told me he had never seen me this excited about residency. When I found out I Matched at the University of Cincinnati, it was simply the best news ever. So excited to be a part of this truly amazing community!

Elizabeth Chen–Categorical



Medical School	Marian University College of Osteopathic Medicine
Undergraduate School	University of Wisconsin-Milwaukee BS, Biology
Hometown	Wauwatosa, WI

Representative Publication/Presentation

Howard, A., Flanagan, M., Drouin, M., Carpenter, M., **Chen, E. M.**, Duchovic, C., Toscos, T. (2018). Adult experts' perceptions of telemental health for youth: A Delphi study. *JAMIA Open*, 1(1), 67–74.

Daley, C. N., **Chen, E. M.**, Roebuck, A. E., Ghahari, R. R., Sami, A. F., Skaggs, C. G., ... & Toscos, T. R. (2017). Providing patients with implantable cardiac device data through a personal health record: a qualitative study. *Applied Clinical Informatics*, 8(4), 1106-1116.

Chen, E., Toscos, T., Carpenter, M., Lehmann, G. J., Mirro, M. J., Flanagan, M. E. (2018, March). *Addressing the mental health needs of medical students: does telemental health have potential?* Poster session presented at the American Medical Women's Association 103rd Anniversary Meeting. Philadelphia, PA.

Hobbies

Our neighborhood's favorite dog sitter, Avid listener of true crime podcasts, Self-proclaimed Thrift Store Shopper of the Year, Proven in-home emergency mouse catcher, Doting mother of "Figgy" the fiddle leaf fig tree and "Fernando" the fern, Dedicated fan of The Great British Bake Off

Personal Statement

A female patient presented to the office with a swollen lymph node. She was accompanied by her husband and had been a patient of my preceptor for years. In my initial conversation with her we discussed her previous two cancer diagnoses – how she was now in remission, how every night her husband helped her wrap her edematous arm that had resulted from her surgery, and how blessed she felt. In my naivety and inexperience, I was not worried about her lymph node – she appeared so happy and healthy, I subconsciously willed her to be so. However, as my preceptor performed an ultrasound of the lymph node, the subtle concern on his face was obvious to me. A few days later, I listened to the voicemail from the pathologist alongside my preceptor as she said the words “radiation-induced sarcoma...aggressive... poor prognosis.” I spent the next few days reading about the pathogenesis of sarcoma, radiation-induced malignancies, what genetic abnormalities may have predisposed her to getting cancer multiple times, and novel treatment protocols. While this was all very exciting and fascinating to me, I could not help but be haunted by the ever-present reality that behind all of the literature searches and thought-provoking discussion was a woman who had faced this grim news twice before in her life. The image of her husband quietly crying in the exam room lingers in my mind. I have thought of them countless times in the weeks and months since.

Why I Chose Cincinnati

UC's unique evidence-based training approach was what initially drew me to the program led me to apply for an away rotation. I was fortunate enough to spend a month rotating at UC during my fourth year and never wanted to leave. I was confident that I had found the place I wanted to be. I was seeking to train at a program where my peers and teachers would challenge me, encourage me, and lead by example – I found that and more at UC. The residents and attendings exemplified the type of physician I hope to become. Beyond the amazing people and culture, UC's unique components like academic half-day and long block also drew me to the program. Overall I could not have imagined a better fit for myself and am thrilled to join to UC family!

Noella (Ella) Cortinas – Categorical



Medical School

Florida State University College of Medicine

Undergraduate School

University of South Florida
BS, Microbiology

Hometown

Miami, FL

Representative Publication/Presentation

Cortinas, Noella, & Ramgopal, Moti M.D. *Chryseobacterium indologenes* Native Valve Infectious Endocarditis: A Case Report. Poster presentation at the AMA Medical Student Section Region 4 Meeting Poster Presentation (2019) Gainesville, FL, and the FAFP Family Medicine Spring Forum (2019) Orlando, FL.

Cortinas, Noella, & Baker, Nancy M.D. Acute presentation of Advanced Hepatoid Carcinoma in a Former Female Smoker: Case Report. Poster presentation at the Wellington Regional Medical Center Poster Symposium (2019), West Palm Beach, FL, and the FAFP Family Medicine Spring Forum (2019) Orlando, FL.

Languages Spoken

French, Spanish

Hobbies

Wine making, cycling, camping/hiking, and reading

Personal Statement

There was a time when I would constantly get in trouble for being too curious. One of my most vivid memories of this was at the age of seven when I developed an intense desire to understand how my grandfather's pool pump worked. I initially sat by the pool edge inspecting the basket lid and the strainer. When this did not yield any answers, I decided to take a more direct approach- why not dismantle it from inside the pool? I plunged into the water and began my enterprise: turning knobs, taking out screws, pulling the machinery apart in my self-proclaimed expertise. My fascination turned to pure unadulterated fear when I could not get the pieces back together. Alas, I have never been in so much trouble, before or since then. And, to this day, my grandfather still will not let me near his pool. However, my innate inquisitiveness did not stop at pool destruction. When I was not tinkering with trying to solve the enigma of how things worked, I was always buried in a mystery novel. The initial conundrum, the subtle clues, and logical deductions leading to the ultimate solving of a mystery- I could never get enough. For me, medicine brings the same vehemence. Every patient is a mystery that needs thorough investigation.

Why I Chose Cincinnati

The Interview trail can be exhausting and challenging, but my interview day with residents and staff at UC stood out to me as a "perfect fit"- fun, caring, and with a shared drive for excellence through camaraderie and learning. I immediately felt at home and was excited to join the UC family- to grow and learn in a strong academic center through a team-based and patient-centered model. Overall, UC offered the perfect mixture for personal and professional success.

Christina Estes–Categorical



Medical School

University of Florida College of
Medicine

Undergraduate School

Auburn University
BS, Biomedical Sciences

Hometown

Huntsville, AL

Hobbies

Gardening; Wake-surfing; Running; Strength training; Reading; Watching Bachelor/Bachelorette; Eating good food!

Personal Statement

“Want to go to the hospital?” Dad asked. These words may evoke feelings of apprehension for others, but to my eight-year-old self, these words got me excited and out the door in five minutes. Partly because the nurses fed me ice cream and the patients complimented my cuteness, but I also found it thrilling to see all the medical equipment and hospital staff at work. Those experiences, as well as my interest in the sciences, were enough to spark my interest to learn more about the medical field and the people who make it all possible. Fast forward several years to my internal medicine rotation in medical school. The sun is still hiding behind the tree line, and there is a faint orange glow in the sky while the rest of the city sleeps, but I am already at my computer in the team workroom. Thoughts of the day before and what lies ahead bounce around as I log into the EMR, excited to check up on my patients and come up with new plans to present and discuss with the team. I’m also eager to meet the new patients I’ll be admitting that day, motivated to learn something new. What I love about internal medicine is the team approach applied to the often many and complex medical issues of a patient, the patient-doctor bond formed, and the ability to provide much more than just medicine for patients through patient-centered care.

Why I Chose Cincinnati

During interview season, I was pursuing a residency program that has teachers who can help me expand my knowledge base to best serve my patients and healthcare team, and also help me further develop my skills to teach and mentor others in the future. This residency program will challenge me, expose me to a wide variety of patients, and help me to think critically and efficiently. I believe that I found all of these characteristics within Cincinnati’s Internal Medicine program. I knew this to be true on my interview day through talking with the welcoming residents and faculty. I really appreciated the program’s commitment to resident education. The extensive evidence-based models for learning throughout the program show that the program is truly focused on helping residents be the best physicians they can be, while also keeping training patient-centered. I was also drawn to this program due to the opportunities in the Global Health and Community Health and Advocacy Pathways as I am looking forward to continuing my work for those in need while in Ohio. In addition, I have strong ties to the area as my husband and I have family both in and around the Cincinnati area. We are thrilled at the prospect of living in Cincinnati, which has the ideal mix of proximity to the many outdoor activities we enjoy, while also remaining a vibrant city.

Molly Frost –Categorical



Medical School

University of Cincinnati College of Medicine

Undergraduate School

The Ohio State University
BS, Neuroscience

Hometown

Cincinnati, OH

Hobbies

I am a huge Ohio State football fan and I love spending time with my family at our lake house in Northern Kentucky. I enjoy watching movies, TV shows, and listening to podcasts and chatting with others about their favorites. I also love to cook and take care of my ever-growing collection of house plants!

Personal Statement

"I'm going home," she told me as her icteric eyes fluttered open. Did she really think she was going home? Was she confused? Encephalopathic? How much of the recent conversations held in this room had she understood? I'd been taking care of her for weeks, but today her skin appeared more jaundiced, her blood pressure was lower, and her belly more distended. I knelt down beside her, holding her hand as I wondered if she knew she was dying. It had been weeks since we first met, and I could see her disease was killing her. A few weeks earlier, I asked her if she could tell me why she was in the hospital. Each morning, she would reply, "I'm sick". Today, her answer turned into, "I'm dying". Today was different than most. She was going to a hospice facility, and after weeks on this inpatient unit, leaving the hospital meant going "home" to her. Holding back the emotions I felt washing over me, I reminded her that going to hospice allowed her final moments to be more peaceful than inside these hospital walls: she would be able to clean up, wear her favorite clothes, and cherish her final moments with her nine year-old son in a room much more comfortable than this fluorescently lit hospital. She glanced at me, attempted a smile as tears welled in her eyes, and gave my hand a squeeze. As challenging as this encounter was, it was one that solidified my desire to pursue a career in Internal Medicine.

Why I Chose Cincinnati

As a third-year medical student here at UC, I didn't exactly know what specialty I wanted for my career until my IM rotation. I immediately felt drawn to both the subject matter and the way UC's program devoted itself to patient-centered care and resident education. Academic half day was always a highlight of the week for me and I loved the emphasis placed on bedside rounding. I also noticed that no matter how stressed or busy the residents were, there was always room to have some fun together while at work. Throughout the interview process, I knew no other program came close to the high bar that UC had set when it came to resident education, patient-centered care and a sense of community within the program. That's why I'm so thankful to be staying right here at home for residency!

Rinki Goswami–Categorical



Medical School

Wright State University
Boonshoft School of Medicine

Graduate School

Georgetown University
MS, Biohazardous Threats &
Infectious Diseases

Undergraduate School

Cornell University
BS, Biological Engineering

Hometown

Beavercreek, OH

Representative Publication/Presentation

Building Bridges: Improvement of Refugee Health Care Through Community Voices
Adib K, Al-Juboori R, Brown J, **Goswami R**, Joseph C, Malki W, Conway K.
North American Refugee Health Conference, Toronto, Canada, June 2019

Languages Spoken

Bengali, French

Hobbies

Hiking, Biking, crafts (knitting, scrapbooking, embroidering), animals (personal pets and shelter animals), traveling (both domestic and international), reading (mostly fiction)

Personal Statement

In 2014 the world saw the worst Ebola outbreak in history, affecting communities with few medical resources and highlighting the critical role of cultural competence in patient care. Being a public health professional working on this epidemic shaped my perspective for a career in medicine- I entered medical school wanting to focus on global health and infectious disease (ID), integrating my past experiences in engineering and public health. In my fourth year as a medical student, I will be rotating at both the Centers for Disease Control and the National Institutes of Health, learning about the intersection of research, policy, and medicine. This pairs well with the work I do with a nongovernmental organization in Greece for refugee empowerment. This augments my position on the Trainee Advisory Committee within the Consortium of Universities in Global Health. On the Advocacy committee, I work with multidisciplinary teams to create educational materials to influence global health policy. This unique position values trainee perspectives and lasts through 2021. Currently, I am researching refugee health access by working directly with refugees. Based on our findings, the team opened a global health clinic which provides translators, cultural competency, and transportation.

Why I Chose Cincinnati

Having lived in Dayton most of my life I have always been familiar with Cincinnati's program. After the interview day, I loved the residents I met, and the evidence based structure of the program. I appreciated that resident feedback is a big part of how the program structures itself, and I was interested in the different tracks available for residents. The faculty I interviewed with were also so enthusiastic that it was hard to resist!

Jackson Hearn-Categorical

**Medical School**

University of Tennessee Health
Science Center College of
Medicine

Award

Gold Humanism

Graduate School

Lipscomb University
MS, Biomolecular Science

Undergraduate School

Lipscomb University
BA, Biology

Hometown

Nashville, TN

Languages Spoken

German, Spanish

Hobbies

Hiking in the wintertime, yoga after work, collecting beautiful old books on the weekend, choral singing on Sundays, cooking for friends, writing and reading poetry

Personal Statement

My students at the mortuary college were used to dead bodies. They were apprentices in the art of embalming. Coming to lab in their dark business suits, they loved to tell me about their adventures in the embalming room: draining blood, passing preservative fluids through vessels, and sculpting wax to simulate muscles I'd made them memorize. With finals approaching, I decided to tie the semester together by showing a video of an open aortic valve replacement to demonstrate physiology in action: a live body. Their eyes widened while watching cardiac muscle contract and contort. I knew their wonder well. I realized my love of biology had found its partner in a blooming passion for teaching. My first years as an adjunct instructor were full of clarity and growth— I found joy in marveling at and guiding students through the intricacies of living, breathing things. When my graduate program offered me a chance to return to the classroom as a TA, I jumped at the opportunity. The microbiology lab became my workshop, and I loved training students in skills and techniques they would apply as future scientists. However, after many long nights in the research lab I began longing for a profession that would give me the chance to interpret the human side of science. Becoming a physician would allow me the opportunity to be a lifelong educator, to guide people through uncertainty, and to help them understand some part of their pain. I saw how my calling to teach could come to fruition in the practice of medicine.

Why I Chose Cincinnati

While interviewing at Cincinnati, I found myself consistently smiling. The innovative curriculum, the dedication to improvement, and the collegial atmosphere all appealed to me. UC's educational research and commitment to patient-centered outcomes were impressive; it was clear that UC cared about finding out the right way to do residency. In the end, UC stood out as a program thoroughly dedicated to patients and invested in the growth of its residents. I couldn't be more thrilled to be training with folks who so clearly enjoy their work!

Hannah (Hempel) Menk -Categorical



Medical School

Medical College of Georgia at
Augusta University

Undergraduate School

University of Georgia
BS, Exercise & Sports Science

Hometown

Atlanta, GA

Languages Spoken

English

Hobbies

Cooking - I enjoy the whole process from collecting and reading cookbooks (Chrissy Teigen's Cravings is my all time favorite), making my grocery list, grocery/ farmer's market shopping, chopping, tasting, and creating recipes with leftover ingredients to prevent food waste 2. Fitness - Everything from spin, yoga, kickboxing, walking, running, barre or trying something new, I love it all! 3. Traveling - It doesn't matter if I'm abroad or on an away rotation in a small town; I'm happy if I'm exploring

Personal Statement

It's not that I disliked my pediatrics rotation; in fact, I have enjoyed all my rotations. But when conversing with my peers, I saw a passion in their eyes for their chosen specialties that I just couldn't muster for pediatrics. This dissatisfaction fostered an internal turmoil: If I didn't become a pediatrician, what was I going to do? Though I did not realize it at the time, I encountered a patient on my subsequent rotation who answered my question. She was a seventy-something-year-old lady at the doctor for a well check. She gabbed about her bridge club and Tuesday luncheon with the girls. I admired this woman's zest for life and quietly promised myself to emulate her vibrant, active lifestyle when I reach retirement. Then the doctor asked about how she was really doing, since her husband had passed about a year ago. Instantly, a tear formed in the corner of her eye as she tried to smile, "Dr. Greene, does it ever get easier? Does the pain of loss ever become less?" She continued, "You are going to think I'm crazy, but there's this cardinal that comes to my bird feeder ever since my husband died and I think it's him. There are some mornings when I go outside for hours to drink my coffee on the swing while the cardinal sits with me, just like my husband and I used to do." I frequently meditated over my third-year experiences in the time leading up to declaring my specialty, and I came back to this story over and over. I realized that I enjoyed conversations with my adult patients, whether they be poignant or light-hearted. In my time of reflection, I also realized the most important factor in my decision: plainly, I prefer adult medicine. I aspire to be like my interns, residents, and attending physicians, all able to integrate the material that I have immersed myself in for now three years. I know residency will challenge me in unfathomable ways, but I am eager to take the next steps to become a proficient internist.

Why I Chose Cincinnati

When I first started looking at residency programs, I thought I would get a good education anywhere I trained and that the only real difference would be the people I was surrounded by. After visiting Cincinnati, I realized that not all resident education is created equally! Dr. Warm's presentation showed me just how dedicated all the faculty are to resident education and well-being as well as improved patient outcomes. Not only did I feel like I would get the best education at Cincinnati, but I felt like the residents treated each other as family—something that was important to me from day one. To seal the deal, my husband, who is a rising Pediatrics intern, also loved the program at Cincinnati Children's!

Sydney (Yoho) Higgins- Categorical



Medical School

Ohio University Heritage College
of Osteopathic Medicine

Undergraduate School

The University of Toledo
BS, Biology

Hometown

Alliance, OH

Hobbies

I enjoying spending time with my husband and dog hiking local trails.

Personal Statement

My father was an engineer who I looked up to in every way possible. He would pass time in the car by sharing his love for math and problem solving with me. Forever wanting to impress him, I would hide my hands in my coat sleeves or behind my back so he could not see my fingers moving as I counted how many times 5 went into 15. Hearing his praise for correct answers was the most rewarding feeling. In my junior year of high school my parents were encouraging me to spend my summer taking calculus at a nearby college. However, my chemistry teacher presented me with a flyer from The Cleveland Clinic for a paid internship. It was not going to advance my impending engineering career, but it would give me money for senior year and add something interesting to my college application. Little did I know how much of an impact it would have on my life. In early 2016, my father was diagnosed with stage IV colorectal cancer at the age of 56. I remember the first time I walked into his hospital room I could not help but cry. The man that had just watched me graduate from college was frail and confused. He did not understand what was happening to him and always seemed to have more questions than answers. My dad lost his battle with cancer after five short months. Two weeks later I started medical school at OUHCOM, knowing he would have wanted me to pursue our passion for education. I now wear my father's fingerprint on a necklace. Each time I see it reflect in a mirror it reminds me the patients who I help care for are someone's loved ones. I am taking care of someone's father, mother, sister or brother just as someone had taken care of mine. The opportunity to care for others in their time of need is something I will never take for granted. I am looking forward to serving others through medicine.

Why I Chose Cincinnati

I am originally from Northeastern Ohio. I received my Bachelor's from the University of Toledo and attended medical school at Ohio University in Athens, Ohio. It is only natural that I move to yet another corner of Ohio for residency! Just kidding! In all seriousness, I ranked The University of Cincinnati Medical Center as my number one choice for residency because of all the great people I met on interview day. Cincinnati is also a spectacular city to live and grow in. I am looking forward to three awesome years! Go Bearcats!

Elsa Imbimbo-Categorical

**Medical School**

University of Miami Leonard M. Miller School of Medicine
MD/MPH

Undergraduate School

Case Western Reserve University
BA, Biology & Spanish

Hometown

Darien, CT/New York, NY

Languages Spoken

Spanish

Hobbies

Dance (hip-hop, salsa), Weightlifting/fitness

Personal Statement

The patient who taught me the most during my Internal Medicine rotation was a woman who presented to the emergency room with a headache and leg swelling. Considering these symptoms combined with hypokalemia and a systolic blood pressure in the 200 range, we realized she must have hyperaldosteronism. It was rewarding to have our diagnosis confirmed by the discovery of a hyper-secreting adrenal mass, which was removed during her stay. However, after reviewing her records, I was surprised to find that this was the second time she was hospitalized, having received a work-up for hyperaldosteronism a year earlier. During my initial history I took note that she had emigrated from Guatemala, spoke only Spanish, and did not have insurance. Her circumstances could have presented significant barriers to care. As I read on about her last admission, I learned she was instructed to follow up and received a prescription for spironolactone. However, that prescription was never filled and her primary care physician was unaware of the pending diagnostic tests from the hospital. This time, to ensure the patient would have complete follow-up care, I arranged for a direct sign-out to one of our faculty members who sees patients at a local free clinic. When I checked-in a week later I was glad to hear the patient was seen and received all her medications. This experience drove home for me the importance of understanding a patient's social circumstances and identifying those who might need extra help transitioning back to outpatient care.

Why I Chose Cincinnati

The short answer is, I went with my gut feeling. I was looking for a program that shared my values of patient-centered care and self-improvement, so I was intrigued by the special status of the UC program to be innovative. Oddly enough, I was excited by all the data presented to us on interview day. I knew I wanted to put my public health degree to use helping vulnerable populations in the local community, and the CHAMPIONS Community Health and Advocacy pathway offered structure for that goal. Long block sounded like a perfect way for me to test out primary care as a career. I felt welcomed by the current chiefs, PD, and residents. We played games in the down time between interviews and I felt quite comfortable having fun even though it was an important and mostly serious day. Something unexpectedly significant, I got the most thoughtful (honestly enjoyable) interview questions here. UC impressed me as a top-notch clinical environment with an unmatched commitment to the highest-quality resident education. Plus, these people are gems and seemed to love it here.

Tarush Khurana-Categorical



Medical School

Rush Medical College of Rush
University Medical Center

Undergraduate School

Saint Louis University
BA, Biology & Anthropology

Hometown

New Delhi, India/Bloomington-
Normal, IL

Languages Spoken

Hindi, Punjabi

Hobbies

In my family, everyone is a fantastic chef, so my love of cooking (and eating) started when I was just a child. Cooking is my ideal stress-relieving activity. It allows me an outlet to express creativity while making a delicious product that my friends, family, or I will enjoy. I love basketball. I started watching when I was young and began idolizing Michael Jordan and Kobe Bryant. I still play pick-up games whenever I can and always try (and fail) to pull out a move or two that I learned from the NBA.

Personal Statement

It was a shared love of Coca-Cola that brought us together. My patient was a 54-year-old woman who had just been informed of her ALS diagnosis. Understandably, she had a difficult time accepting her prognosis and often refused to talk to other members of her care team. As a third-year medical student on my internal medicine rotation, I realized I had more time than anyone else to try to get to know her. Every day, I would bring her a Coca-Cola bottle from the vending machines. It was her favorite drink, but it was not available for patients on the hospital floor. She was too weak to walk to the vending machines herself, and she had no family or friends to help her. My casual approach involved sitting down at eye level and listening to and validating each of her complaints. I got to know her better by asking her to share stories of her life. Due to her worsening condition, she had significant difficulty speaking, but we supplemented where communication became difficult with picture boards and written notes. I took care of her for three weeks while we confirmed her diagnosis, adjusted medications, and approached multiple goals-of-care discussions. She and I developed a strong relationship as she began to trust me more and more. Eventually, she wanted me to be present with her during difficult and intense discussions with the team. On the last day of my rotation, she would choose to enroll in hospice care. Through this meaningful interaction and many more during my medical school career, I have learned firsthand the importance of empathy and connection with patients in order for them to trust me as their physician and advocate.

Why I Chose Cincinnati

I interviewed all over the country, but I knew early on that this program was different than most of the places I had seen. Starting at the pre-interview dinner, I observed how tight-knit the residents were while also being some of the most open and genuine individuals I have had the pleasure of meeting. During the interview day, this was reaffirmed for me by the residents and faculty. Dr. Warm's presentation about resident education and innovation sealed the deal because of his emphasis on self-growth and patient advocacy. Overall, this program and the city of Cincinnati created an incredibly warm and welcoming place. I thought it was the ideal location to grow as a physician but also enjoy my training for the next three years.

Derek Kwakye -Categorical



Medical School

University of Cincinnati College of Medicine

Undergraduate School

Indiana University
BS, Microbiology

Hometown

Fishers, IN

Representative Publication/Presentation

Poster Presentation:

Kwakye, DB, and Diab, DL. (October, 2019). ACQUIRED ANTIBODY MEDIATED INSULIN RESISTANCE IN A GERIATRIC PATIENT Poster presented at: Association of Physicians Ohio Chapter Ohio/Air Force Chapter Scientific Meeting 2019; Columbus, OH, USA.

Hobbies

Weight Lifting, African Culture, Mentoring

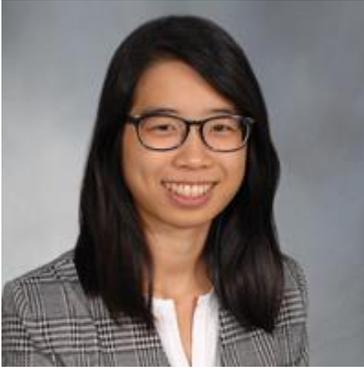
Personal Statement

Growing up as a child of immigrants, Ghanaian culture as always played an important role in my life and has been a major part of my identity. Ever since I decided to enter medical school, it has always been my dream to go back and provide care in my family's home country. Diseases that are easily treatable here plague the country as globalization has brought conditions such as obesity and DM to Ghana. With the health problems the country already faces, compounding these metabolic conditions would be devastating. As an internist, I hope to not only treat disease but to become an advocate for disease prevention and health promotion. While I cannot change the health system of an entire country, I believe I can make an impact in the improvement of healthcare in Ghana. With the Student National Medical Association chapter (SNMA), I have worked with underrepresented minority pre-med students to help mentor them on their path to medical school. I worked to not only create a pipeline for minority students at the University of Cincinnati, but students at Xavier University, Miami of Ohio, and Indiana University Bloomington. To accomplish this, I organized events such as medical school visits, sitting on panels, and maintaining appropriate communication with both our diversity and admissions offices. It was important that I took initiative into not only coming with new ways to engage these students, but consistently engaged with these two offices to develop an effective way for not only our diversity office to be a part of recruitment, but our entire school to be part of recruitment.

Why I Chose Cincinnati

I chose Cincinnati because of the residents! Having been here for medical school I have had amazing experiences working with all of the residents in the internal medicine department and have had amazing opportunities to learn as well. I also loved Cincinnati's commitment to diversity and inclusion and the strides that the program is making in order to make UC a welcoming place for people of color.

Zi-Rou (Jo-Jo) Liew -Categorical



Medical School

University of Cincinnati College
of Medicine

Undergraduate School

University of Rochester
BA, Chemistry

Hometown

Toledo, OH

Hobbies

Playing with my dog Max, exploring Cincinnati parks, reading/listening to audiobooks

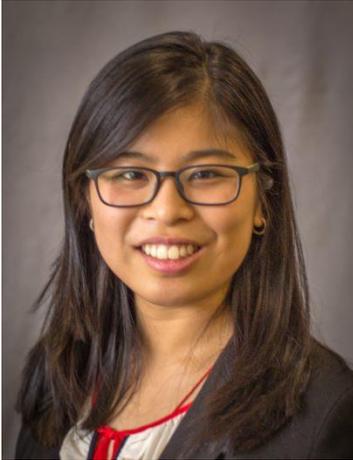
Personal Statement

This desire to truly get to know other people was really what I found most attractive about being a physician. As I learned more about medicine, I could see how the curiosity I had and the wish to form strong relationships with my patients was my greatest asset to being a doctor. To me, understanding my patients was how I could see what mattered to them in life and then be able to guide and help them manage all their medical problems. When I saw this part of medicine, that was when I truly saw how my life could have meaning. I had worked hard not just to have “success” in life but because I wanted the privilege of listening to people’s stories and figuring out how to best use my knowledge of medicine to help and support them. I feel grateful every day for where I get to be in life and where I get to go. I chose internal medicine because it is the best field to be a patient’s primary doctor and address all aspects of their life. It’s where I feel fulfilled and can connect with others. Like every other prospective doctor, I find understanding the pathophysiology of the human body to be intellectually satisfying. However, throughout my career, I also hope to understand humanity itself, which to me would be spiritually satisfying.

Why I Chose Cincinnati

I love UC because of its strong focus on patient-centered care, education, and continual desire for improvement. To me, residency training is not just to learn medical knowledge but also to develop the positive attitude I want to have as a physician. UC is best place to develop that attitude. Having been a medical student here, I can affirm that all the values you read about on the residency website is truly embodied within the culture of the residents and faculty. People really care about their patients and their colleagues here. I am so excited to be a part of this group!

Emmy Mai-Categorical



Medical School

Saint Louis University School of
Medicine

Undergraduate School

Saint Louis University
BS, Biochemistry

Hometown

Andover, MA

Representative Publication/Presentation

Mai, Emmy, Hoglebe, Nathaniel R., Millman, Jeffery R. Characterization of ECM Factors and Integrin Expression in Stem Cell-Derived Beta Cell Differentiation. Poster presented at NIDDK Medical Student Research Program Symposium; 2017 Aug 1-4; Nashville, TN.

Languages Spoken

Chinese

Hobbies

Running, hiking, playing piano, badminton, reading, Dungeons and Dragons

Personal Statement

I see a lot of my family in the sickest members of the U.S. population- men and women who can't seem to stay away from alcohol or smoking, foods too rich for their arteries to handle, and years of hard labor wearing down joints. Not only do I see them in the hospitals or critical care units, but I also saw them in the Hispanic/African-American population we educated about nutrition and female reproduction through Project LEAN. They exist in the uninsured people who come to the Health Resource Center who hurt and don't know why they hurt, and they exist in the diabetic cells I analyzed and painstakingly cultured in the Millman Labs. Because of this viewpoint, the patient was the beginning of the story for me, and I found it fascinating to connect the dots between basic science to pathophysiology, to the constellations of clinical symptoms and the various differentials they spawn, back to the patient and their background. What I find most fulfilling is working with an adult patient, asking questions, discovering their diagnosis, and then helping them understand this diagnosis with what I know. Internal medicine is absolutely where I have found this fulfillment.

Why I Chose Cincinnati

I thought it would be easy to describe why I like the Cincinnati so much but to be honest, there's a collection of reasons that on their own seem insignificant, but together become so much more than the sum of their parts. Cincinnati itself is a great city that has a great mixture of parks, sports, and food. Everyone I met at the program was friendly and genuinely happy. Dr. Warm is one of the most responsive and thoughtful PDs I've ever had the fortune of meeting, and I was impressed by the way the program stressed patient-centered outcomes and critical thinking and learning. And the Graeter's black raspberry chocolate chip ice cream that the residents bought us on our interview day was pretty much the cherry on top.

Askanda Osman -Categorical



Medical School

University of Louisville School of
Medicine

Undergraduate School

University of Ghana
BBA, Accounting

Hometown

Mabang, Ghana

Languages Spoken

Hausa, Asante Twi.

Hobbies

I love watching European Soccer games. I also love to play soccer. Cooking jollof rice and grilling tilapia. Long road trips to visit friends.

Personal Statement

I grew up in a remote and a desolate farming community in rural Ghana where access to most basic healthcare was nonexistent, and the tragic regularity with which people died was heartbreaking. Most people who were sick rarely saw a physician because the only clinic in the district was simply too far away. Those who did manage to make the arduous journey to the clinic had to wait endless hours to see a doctor. People died of curable diseases and pregnant women rarely saw a physician during their pregnancies. For young people growing up in such a trying environment with uncertain futures, the next logical step was to seek greener pastures in the city. Through hard work and tenacity, I was accepted to the University of Ghana to pursue a degree in Business Administration. While in my first year in college, I began to contemplate my future career path. I asked myself if I would be happy working in a bank while there were many communities in my village that were in dire need of physicians. In what ways could I impact the lives of people from my village? After a period of introspection, I knew I was ready to make the necessary commitment to study medicine. However, the rigidity of Ghana's educational system dampened my newfound aspirations; It was not possible for students to study medicine at the university if they did not pursue a science major in secondary school. This was precisely my case. No matter how passionate I was about becoming a physician, I was compelled to continue with my business degree. Fortunately, when I moved to the United States after graduating from business school, I found out that I could pursue a career in medicine regardless of my undergraduate major. I seized this opportunity, took the needed prerequisite classes and applied to medical school.

Why I Chose Cincinnati

When I was thinking about where to go for residency, one major factor was to stay in Ohio because of my friends. On my interview day at UC I had fun. Apart from the amazing group of people at UC, Dr. Warm's presentation sealed the deal for me. The passion with which he talked about resident education showed how the program is invested in my growth as a resident.

Priya Parikh-Categorical



Medical School

Indiana University School of
Medicine

Award

Gold Humanism

Undergraduate School

Indiana University
BA, Biochemistry
BS, Neuroscience

Hometown

Fort Wayne, IN

Representative Publication/Presentation

Parikh, P.V., Keller, S.A., Pease, K.L., & Rohr-Kirchgraber, T.A.. (July, 2019). *Playing the waiting game: Why late treatment decreases survival and increases cost of breast cancer*. Poster presented at: Medical Women's International Association Centennial Meeting; New York City, NY, USA.

Parikh, P.V., & Schroeder, B.M.. (April, 2019). *The use of tissue plasminogen activator for the acute treatment of central retinal artery occlusion*. Oral Presentation presented at: Indiana University School of Medicine Annual Patient Safety and Quality Day; Indianapolis, IN, USA.

Davis, J.C., Hopkins K.A., Parikh, P.V., McCurdy, C.M., Gomez, M., & Christenson, J.L.. (March, 2018). *Atypical progression of enteroviral meningoencephalitis*. Poster presented at: American Medical Women's Association 103rd National Conference; Philadelphia, PA, USA.

Parikh, P.V., Zirille, F.P., Chaille, P.J., & Mirro, M.A.. (August, 2017). *Evaluating the effectiveness of the supervised exercised therapy program for patients with peripheral arterial disease*. Oral Presentation presented at: IU School of Medicine Student Research Fellowship Program Symposium; Fort Wayne, IN, USA.

Parikh, P.V., Zirille, F.P., & Mirro, M.A.. (August, 2017). *Gaps in clinical guideline compliance in the management of hypertrophic cardiomyopathy*. Poster presented at: IU School of Medicine Student Research Fellowship Program Symposium; Fort Wayne, IN, USA.

Schlotman, K.L., Parikh, P.V., Omorogbe, A.M., & Rohr-Kirchgraber, T.A.. (April, 2017). *Inadequate women's healthcare behind bars*. Oral Presentation presented at: American Medical Women's Association 102nd National Conference; San Francisco, CA, USA.

Cai, W.J., Parikh, P.V., & Daleke, D.A.. (May, 2016). *The effect of hyperglycemia on arachadonic acid induced reactive oxygen species production in human platelets*. Poster presented at: Indiana University Student Research Symposium; Bloomington, IN, USA.

Languages Spoken

Gujarati, Spanish

Hobbies

Indian dance (Bhangra, Raas), tennis, hiking, crafting/scrapbooking, sketching

Personal Statement

"Colonel Mustard, with the candlestick, in the library," I exclaimed boldly during family game night while on summer vacation from middle school. I grinned as I opened an envelope with the answers to my favorite childhood murder mystery board game, Clue, and found that I had successfully solved the crime. Although this is a light-hearted anecdote, for as long as I can remember, I have had an unquenchable curiosity towards problem-solving. I was constantly on the hunt for jigsaw puzzles, word searches,

Priya Parikh (continued)

and Sudoku games as a child. Consequently, shortly after starting medical school, I began the pursuit for a specialty that used my acumen for problem-solving as a tool for the betterment of others. Now, whenever I walk into an exam room, I still visualize a game of Clue waiting to be solved. I see Colonel Mustard and I see the candlestick. However, my clinical experiences throughout medical school have allowed me to discover the most crucial piece of a puzzle: the patient behind the game pieces. While diagnosing a patient is like an enticing puzzle, there is also a patient behind the pieces with individualized needs who deserves passionate care and a tailored education to empower them to be their own healthcare champion.

Why I Chose Cincinnati

Long before I started my interview season, I knew I wanted to be a part of a strong academic program with a supportive environment and a focus on education. About an hour into my interview day, I knew that UC fulfilled all of these desires. I noticed a sense of genuine camaraderie between residents that was unparalleled by any other program. During my interview with Dr. Warm, it became apparent that UC provides an environment where resident education is a priority. Most of all, I felt completely comfortable and like I could be myself around the residents I talked to. These attributes, combined with the opportunity to live in a great city, made me decide to become a member of the UC family. (Plus no other program let me play Pictionary on the interview day!)

Rachel Pauley-Categorical



Medical School

University of Colorado School of
Medicine

Award

Gold Humanism

Undergraduate School

University of British Columbia
BS, Conservation of Natural
Resources

Hometown

Louisville, CO

Representative Publication/Presentation

Stabell, Alex C., & Pauley, Rachel E., & Arce Gutierrez, Victor, & Edward, Justin A., & Lessing, Juan N. (October, 2018). *Double, Double Vision and Trouble*. Poster presented at: Rocky Mountain Hospital Medicine Symposium; Aurora, CO, USA.

Languages Spoken

French, Spanish

Hobbies

Argentine tango, snowboarding, cooking, watercolor, storytelling, flat-water canoeing

Personal Statement

She was forty-one and she did not want to die. My resident and I met Miranda late one night when her mean arterial pressure trended below sixty. My resident calmly reviewed the situation for her. Originally admitted for necrotizing pancreatitis, her course had included abdominal compartment syndrome, venous thrombi, and e. coli peritonitis. He explained the nuances of intensive care unit admission criteria, anti-coagulation, sepsis, and survival. He asked her if she understood. She nodded. I asked her to tell me, in her own words, the most important thing she had heard. She cried and I knew that she felt the gravity of the situation. I delight in the art of interviewing patients and constructing stories that explain their symptoms, offer guidance, and are fundamentally informed by their values. During my conversations with Miranda in the ICU, it became clear that her priority was having as much time as possible. The team tailored her treatments with this goal in mind. This is one of the most interesting parts of internal medicine: the process of defining what can be done and what should be done, based on the patient's goals of care. I feel privileged in internal medicine to be invited to engage with people on personal and deeply held beliefs. I am particularly drawn to critical care for the urgency and gravity of these conversations. I look forward to each shift in which I am able to care for patients in the hospital and engage with complex clinical problems through the lens of their goals of care.

Why I Chose Cincinnati

Cincinnati felt right. I was looking for a program that was committed to innovative medical education, patient-centered care, and iterative improvement. I felt welcomed by everyone I met in Cincinnati – the residents, the faculty, Dr. Warm, the city bus driver who made sure I didn't accidentally go to Kentucky. I am thrilled to be joining this kind, vibrant community.

Mark Rudolph - Categorical



Medical School

The University of Toledo College of Medicine and Life Sciences

Undergraduate School

The Ohio State University
BS, Biomedical Science

Hometown

Toledo, OH

Representative Publication/Presentation

Rudolph MA, Sizemore ST, Lu Y, Teng KY, Basree MM, Reinbolt R, Timmers CD, Leone G, Ostrowski MC, Majumder S, Ramaswamy B. A hedgehog pathway-dependent gene signature is associated with poor clinical outcomes in Luminal A breast cancer. *Breast Cancer Research and Treatment*. 2018, Jun; 169(3): (457-467).

Languages Spoken

Spanish

Hobbies

Running, biking, swimming. Hiking and the outdoors. Frisbee. Learning Spanish language and traveling in Spanish-speaking countries. Reading.

Personal Statement

My morning work routine at the hostel was simple—wake up, prepare breakfast for the guests, run the check-out, clean showers, change bedding. The work itself wasn't the most interesting but I enjoy reflecting on the people that journeyed through that hostel. Prior to starting medical school, I spent six months in South America with the goal of meeting new people, experiencing a different way of life and improving my Spanish language fluency. I found work through "Workaway," a website linking travelers with businesses and families who needed an extra pair of hands. Eventually I found myself in Valparaiso, Chile at this hostel run entirely by volunteers. In exchange for several hours of work each day, we were provided a bed and a meal. While my goals were clear to me, it was hard for some to understand why I chose to spend six months living out of a backpack, bunking with strangers and working odd jobs in hostels, homes and schools. My motivation can be best explained with one word—curiosity. I find it humorous that the motivation that drove me to explore life in the southern hemisphere is also what leads me to pursue a career in Internal Medicine.

Why I Chose Cincinnati

I found Cincinnati's Long Block to be innovative—everything about the program was incredibly thought out. The culture was one where I felt I could learn in supportive environment with residents who were genuinely happy. There was a palpable focus on teaching and learning.

Abigail Samuels - Categorical



Medical School

New York Institute of Technology
College of Osteopathic Medicine

Awards

SSP, Gold Humanism

Graduate School

New York Institute of Technology
College of Osteopathic Medicine
MS, Neuromusculoskeletal Sciences

Undergraduate School

Vanderbilt University
BA, Anthropology & Ecology,
Evolution & Organismal Biology

Hometown

Cold Spring Harbor, NY

Representative Publication/Presentation

“Comparison of beta-blocker vs beta-blocker & triiodothyronine treatment of rats with myocardial infarction.” Oral Presentation at NYIT Symposium of University Research and Creative Expression. April 26, 2019, New York, NY.

Hobbies

Running, Boxing, Fitness Classes, Reading

Personal Statement

It wasn't until I started third-year clerkships - and significantly cut down on the number of boxing classes I was teaching - that I realized my work in the gym and my work in the hospital weren't so different. The physicians I most admired displayed the same principles and qualities that I strove to accomplish in my boxing classes. They made it known that they were part of a team. This was particularly evident on my internal medicine rotation. At a community hospital in a low-income area, physicians handled a diverse patient population with complex medical diagnoses and social issues. Without collaboration from the intern, resident, attending, nurse, student, social worker, and - most importantly - the patient and family, the task at hand was simply too large to handle. Teamwork wasn't a luxury, it was a necessity. I was immediately drawn to this aspect of the internal medicine specialty. I understood why the resident took 20 minutes of her valued time to ensure the patient understood the importance of taking his medications daily. I admired the attending physician who told a patient's adult children that they were making the decision he would make, if it were his own mother. They appreciated the importance of the patient's role in the team's success. They gave patients the knowledge and autonomy that they deserve and knew when to ask for help from other healthcare professionals to achieve a common goal. I knew that I wanted to be part of this team.

Why I Chose Cincinnati

From the moment my interview day ended I could not stop thinking about the distinctive and amazing opportunities that Cincinnati had to offer. I admired the program's dedication to evidence-based resident education, unique Long Block outpatient experience, and unwavering commitment to patient-centered care. Every single resident and faculty member I met during my visit embodied the type of physician that I want to become and would want to train with and learn from. When it came time to rank it was an easy decision for me to choose to join the UC IM community.

Rudel Saunders- Categorical



Medical School	University of Toledo College of Medicine and Life Sciences
Graduate School	University of Toledo JD PhD, Biomedical Sciences
Undergraduate School	Claflin University BS, Biochemistry
Hometown	Toledo, OH

Representative Publication/Presentation

Chaki M, et al. 2012. Exome capture reveals ZNF423 and CEP164 mutations, linking renal ciliopathies to DNA damage response signaling. *Cell*. 150(3):533-48. PMID 22863007

Szkudlarek-Mikho M*, Saunders RA*, Yap SF, Ngeow YF, Chin K-V. 2012. Salinomycin, a polyether ionophoric antibiotic, inhibits adipogenesis. *Biochem Biophys Res Commun*. 428(4):487–493. PMID 23123626. *Co-first authors

Kablan A*, Saunders RA*, Szkudlarek-Mikho M, Chin AJB, Bosio RM, Fujii K, Shapiro J, Chin K-V. 2010. Prieurianin Causes Weight Loss in Diet-Induced Obese Mice and Inhibits Adipogenesis in Cultured Preadipocytes. *J Diabet Metabol*. 1(101). pii: 1000101. PMID 21572918. *Co-first authors

Wu Q*, Saunders RA*, Szkudlarek-Mikho M, de la Serna I, and Chin KV. 2010. The obesity-associated Fto gene is a transcriptional coactivator. *Biochem Biophys Res Commun*. 401(3):390-5. PMID 21572918. *Co-first authors

Saunders RA, Fujii K, Alabanza L, Ravatn R, Kita T, Kudoh K, Oka M, Chin KV. 2010. Altered phospholipid transfer protein gene expression and serum lipid profile by topotecan. *Biochem Pharmacol*. 80(3):362-9. PMID 20416282

Warner JD, Peters CG, Saunders R, Won JH, Betzenhauser MJ, Gunning WT 3rd, Yule DI, Giovannucci DR. 2008. Visualizing form and function in organotypic slices of the adult mouse parotid gland. *Am J Physiol Gastrointest Liver Physiol*. 295(3):G629-40. PMID 18669626

Hobbies

Marathons, triathlon, salsa dancing

Personal Statement

I grew up on a violent, repressive, homophobic, medically underserved, rural, Caribbean island. As one of five children in a single-parent household, my mother inspired my sisters and me to dream. She encouraged us to avoid the “poverty of ambition,” where people seek fancy cars, nice clothes, and large apartments, but do not want to work hard to earn them. As she believed that our cycle of poverty would be broken through education, she provided me with the financial support to apply for college. The value of education is a concept that I have understood since my youth. As neither of my parents had an opportunity to attend college, my mother made a commitment early in my life to do everything within her power to instill in me a love of learning and an understanding of the importance of hard work and dedication. Because of her love and sacrifice over the years, I have been able to devote the time and energy necessary to achieve academic success although money has always been scarce. Today, I am the first in my family to go to college and earn a PhD, and very soon a JD and MD as well.

Why I Chose Cincinnati

UCMC offers one of the best IM residency training programs in the country. I am honored to be afforded the opportunity to train here amongst so many distinguished learners and scholars.

Demetrio Sharp Dimitri- Categorical



Medical School

Universidad Iberoamericana
(UNIBE) School of Medicine,
Santo Domingo

Undergraduate School

N/A

Hometown

Santo Domingo (Dominican
Republic)

Representative Publication/Presentation

Poster Presentation:

- **Sharp Dimitri, D., Panakos, A., Alfonso, C., Lamelas, J...** (January 2020) "The Utility of STS Prolonged Ventilation Score in Predicting Over 24 Hours Ventilation in Minimally Invasive Aortic Valve Surgery." Poster presented at: Miami Valves Conference 2020. Miami, Florida. USA.
- **Sharp Dimitri, D., Panakos, A., Alfonso, C...** (January 2020) "Asymptomatic Anomalous Left Coronary Artery from the Pulmonary Artery (ALCAPA) in an Adult." Poster presented at: Miami Valves Conference 2020. Miami, Florida. USA.
- **Sharp Dimitri, D., Panakos, A., Alfonso, C...** (January 2020) "Characteristics of Culprit Lesion Morphology in STEMI and NSTEMI by Optical Coherence Tomography- A Single Center, Real-World Experience." Poster presented at: Miami Valves Conference 2020. Miami, Florida. USA.
- **Sharp Dimitri, D., Panakos, A., Alfonso, C., DeMarchena, E...** (January 2020) "Balloon Shockwave Lithotripsy Use In Percutaneous Femoral Artery Approach For Transcatheter Aortic Valve Replacement." Poster Presented at: Miami Valves Conference 2020. Miami, Florida. USA.
- **Sharp Dimitri, D., Panakos, A., Alfonso, C...** (March 2020) "Optical Coherence Tomography Guided Therapy On A-47-Year-Old Male With Cardiac Arrest." Poster presented at: American College of Cardiology 2020 World Congress of Cardiology. Chicago, Illinois, USA
- **Sharp Dimitri, D., Panakos, A., Alfonso, C...** (May 2020) "Characteristics And Morphology Of Culprit Lesions In STEMI And NSTEMI By Optical Coherence Tomography – A Single Center, Real-World Experience" Poster presented at: The Society for Cardiovascular Angiography and Interventions Scientific Session (SCAI) 2020. Atlanta, Georgia. USA.

Oral Presentation:

- **Sharp Dimitri, D., Panakos, A., Alfonso, C...** (May 2020) "Characteristics And Morphology Of Culprit Lesions In STEMI And NSTEMI By Optical Coherence Tomography – A Single Center, Real-World Experience" Oral presentation at: The Society for Cardiovascular Angiography and Interventions Scientific Session (SCAI) 2020. Atlanta, Georgia. USA.

Languages Spoken

Spanish, Italian, French

Hobbies

Golf, Soccer, Sports, Cooking, Grilling Research, Development of Sports in Underdeveloped Countries, Social Media Health and Motivation Influencer, Music, and Reading.

Personal Statement

My reasons for going to medical school were probably the same reasons as everyone else's: I wanted to help people. I grew up with a severe stutter and was obviously bullied for it. Nevertheless, with the help of my family and doctors, I learned to overcome it and develop a thick skin that would help me thrive regardless of that setback. Today, I can confidently say that I am able to communicate almost seamlessly in both English and Spanish, something that, as a child, seemed rather unattainable. I have always hoped that, as a doctor, I am able to impact other people's lives in that manner, and this has been my motivation to work harder each day.

Demetrio Sharp Dimitri (continued)

Why I Chose Cincinnati

I chose Cincinnati for multiple reasons. First and foremost, everyone in the program made me feel at home and I could see that they were truly happy with the program. Secondly, I admired Dr. Warm and his innovative education methods and modules since the beginning. During my interview period, Dr. Warm gave a lecture that showcased just how excellent and open the program with regards to learning, academics, and most important to me, patient care. I felt personally identified with the program's values and mission because University of Cincinnati really cares for its residents and its patients. Finally, Cincinnati just seemed cool and hip, with a little of everything, such as golfing, awesome restaurants, festivals, and a lot of recreational events.

Babajimi (Arayo) Sokan - Categorical



Medical School

University of Kentucky College of
Medicine

Undergraduate School

University of Kentucky
BS, Psychiatry

Hometown

Lexington, KY

Languages Spoken

Spanish

Hobbies

USTA Tennis Player, Photographer, Soccer, Guitar and Saxophone

Personal Statement

When I was 14 years old, I was given the chance to experience first-hand the effect that a dedicated, compassionate, and responsible physician could have on the lives of the people they treat. My father was recovering from his heart transplant, a life-saving, and world-redefining procedure. I sat with him in his hospital room, wondering what the future would entail for the man who had raised me, who I credited with the aspect of myself that I held, and continue to hold, most dear. As he began to stir, I raced to his side, hoping to comfort him as he had comforted me so many times throughout my youth. When he opened his eyes, he looked at me, and I could see that he had no idea who I was. A complication of the procedure caused my father to experience transient memory loss that unfortunately seemed to be limited to my existence. I left his room, unable to contain my tears, and sat in the hallway outside his room, crying. In that moment, I experienced all the grief and pain that I had been trying so desperately to repress. All of the fear and anxiety of losing my father, of facing the world without him, came crashing down upon me in that instant. I looked around for someone, anyone who might be able to offer me some solace in that moment. I saw my father's cardiologist, a kind man with a weathered face and a smile that always seemed to warm the air around him. He walked over to me and sat by my side on the floor of this hospital wing, and told me that he was impressed with how strong I had been. He told me that everything was going to be alright, and confided in me that he had been frightened for my dad as well. He put his arm around my shoulder and said softly that whatever path we had in front of us, we would walk it together. For a sad, lost, kid in despair, he offered me a gift that I could never repay. He gave me hope.

Why I Chose Cincinnati

Deciding to continue my medical training at the University of Cincinnati was an easy choice for me. I wanted to go somewhere where I would continually be challenged to get better, while being supported and surrounded by other like-minded individuals. The residents, faculty and staff at the University exuded competence and compassion and foster an environment that is ideal for personal and professional growth. I'm also a Ravens fan and I couldn't pass up the opportunity to watch the Bengals get beaten up close and personal.

Rithika Thirumal- Categorical



Medical School

Louisiana State University School of Medicine in Shreveport

Undergraduate School

University of Louisiana at Lafayette
BS, Biology

Hometown

Lafayette, LA

Languages Spoken

Hindi, Tamil

Hobbies

I am a food enthusiast. I love to watch football, the New Orleans Saints are my favorite team. I enjoy traveling to unique locations and equally enjoy watching Netflix all day.

Personal Statement

Certain people have a way of conducting themselves, a force of personality that can help determine the course of one's life. I had excellent teachers in primary and secondary school, whose passion for learning made me consider a career in education. Although my 10th grade chemistry teacher could not convince me to be a chemist, she instilled the impact that a dedicated, passionate educator can have on future generations. Her example, and the example of other professors and attending physicians in my life, has made me realize that I also want to leave a positive impact on future generations through medical education. Any lingering doubts about my path toward Internal Medicine were dispelled the summer after my third year of medical school when I volunteered at a free HIV-AIDS clinic in Hyderabad, India. This clinic prioritizes destigmatizing the HIV diagnosis and humanizing the patients, a challenging task in that section of the world. The practice provides medical and social support to patients and their families, embodying every aspect of Internal Medicine. My attending physician and I performed EKGs and echocardiograms. Though it was an educational experience for me, the patients' overwhelming gratitude for our medical care gave me the most satisfaction. Seeing the impact that this clinic made in their community further solidified my passion for Internal Medicine and treating complex medical conditions.

Why I Chose Cincinnati

The pre-interview dinner was an incredible start to the interview process at Cincinnati. There were so many residents present and genuinely enjoyed each other's company which is a quality that I really appreciated in this program. I was further impressed on interview day with the wonderful program director, Dr. Warm. We had a wonderful conversation during the interview and his passion for medical education really resonated with me. The comradery between residents and the faculty and staff's dedication was largely the reason I chose Cincinnati.

Palavi Vaidya- Categorical



Medical School

The University of Toledo College of Medicine and Life Sciences

Award

Gold Humanism Honor Society

Undergraduate School

Georgia Institute of Technology
BSE, Biomedical Engineering

Hometown

Grand Rapids, MI

Representative Publication/Presentation

Publications:

Gupta, R., Syed, M., Ashcherkin, N., Chen, K., **Vaidya, P. P.**, & Cooper, C. J. Renal Artery Stenosis and Congestive Heart Failure: What Do We Really Know?. *Current Cardiology Reports*. 2019, Jun; 21(8): 74. Cited in PubMed; PMID: 31236719. Pub Status: Published.

Vaidya, P. P., Vahdatinia, R., Troncoso, V. A., Goldstein, L. (2017, November 09). "Lumbar Lordosis and Back Pain". *Practical Pain Management*. <https://www.practicalpainmanagement.com/lumbar-lordosis-back-pain.>, Pub Status: Published.

Presentations:

Vaidya, P. P., Wrobel, J., Najarian, K. (August, 2017). Analysis of Diabetic Foot Ulcer Risk Factors, Causes, and Quantitative Measurement Tools. Poster presented at: National Institute of Diabetes and Digestive and Kidney Diseases Annual Student Symposium; Nashville, TN, USA.

Vaidya, P. P., Pannell, S. (November, 2019). Exploring the Impact of a Medical Specialty Speed Dating Event in a Cohort of Medical Students. Oral Presentation presented at: The Generalist Conference; Phoenix, AZ, USA.

Languages Spoken

Marathi, Hindi, Spanish

Hobbies

Dancing: perform classical Indian and Bollywood for 20 + years

Traveling: enjoy exploring new places and learning about new cultures; visited 13 countries and 25 cities in Europe; traveled to 5 cities in Guatemala for service trips.

Painting: love acrylic canvas and wooden paintings; created 15-20 pieces of paintings each year that I gift to my friends for birthdays or holidays.

Cooking: find great joy in exploring new recipes and sharing food with friends and family.

Personal Statement

I am standing on a stage, lights shining on my face, my forehead diaphoretic, and my muscles contracting ready to leap into synchronized dance. For me, dance is more than musical beats and body movements; dance is telling a story, demonstrating compassion, and expressing emotions that words cannot describe. Dance symbolizes my connection to healing and medicine. During grade school and undergraduate, I led dance teams, which fostered discipline, time management, and leadership skills. These lessons served me well during medical school, helping me to stay motivated, organized, and committed. I want to pursue an Internal Medicine residency because I saw my attendings' healing touch and elegance as they brought a patient's story onto the healthcare stage while solving complex problems. Through coordinating events as President of our local American Medical Association chapter and clinical rotations, I met physicians from all disciplines. No discipline seemed to align more with my passion for connecting with people than Internal Medicine. In dance, I excelled at combining small movements into a performance to illustrate a story. Similarly, during my acting internship, I worked hard to master individual patient care skills, earning respect and appreciation from my colleagues and patients. I can anticipate risk, make quality decisions, be held accountable, and be a part of the solution when problems arise. I have developed a strong foundation on which I will continue to grow more every day as a resident physician. I will demonstrate hard work and sincere determination.

Palavi Vaidya (continued)

Why I Chose Cincinnati

During my interview day at UC, I only saw enthusiasm, passion, and genuine interest in getting to know us, the candidates. From the pre-interview dinner to my interviews, I understood UC wanted to evaluate me based on what I brought to the table in terms of medicine. My interview with Dr. Warm demonstrated to me that he cared about residents who are passionate about patient care and learning to help shape the world of healthcare. I wanted to be part of this movement, where I would train to be the best patient advocate. The impression Dr. Warm, chief residents, faculty, and staff made on me was one that I could not stop thinking about after the interview process was over. I was incredibly impressed that each interviewer took the time to read my application thoroughly, and Dr. Warm had analyzed my personal statement to better understand who I was. The whole basis of UC's curriculum is based on enhancing resident education with the residents' best interest in mind. I am privileged to be part of a residency program that is shaping Graduate Medical Education.

Kyle VanDommelen- Categorical



Medical School

Western Michigan University
Homer Stryker M.D. School of
Medicine

Undergraduate School

University of Michigan
BS, Cellular & Molecular Biology

Hometown

Middleville, MI

Representative Publication/Presentation

Zhang D, Tong X, **VanDommelen K**, Gupta N, Stamper K, Brady G, Meng Z, Lin J, Rui L, Omary B, Yin L. ChREBP mediates metabolic adaptation to fructose intake and prevents fructose-rich diet-induced hepatotoxicity. *J Clin Invest.* 2017; 127(7): 2855–2867.

Hobbies

Soccer; Snowboarding; Hiking and camping; Learning more about history via podcasts, documentaries and museums

Personal Statement

Growing up in a small town in West Michigan, I left for college with the dream of becoming a doctor. I was the first in my family to attend a university and found myself idealizing what being a physician meant. In my mind, becoming a doctor meant obtaining an incredible knowledge set to care deeply for those in need. Internal medicine is the embodiment of that dream. I have always enjoyed the relationships I developed and cherished the lessons I learned from patients. The most valuable lesson I learned was to simply listen. At the assisted living home, my one responsibility was to listen to patients in the memory care unit. One resident stands out in my mind as I visited him nearly every week. He never remembered my name, but he often remembered who I was, smiling and saying, “There’s my guy.” Although our conversations were cyclical, I could see how much it meant to him to have someone to listen and be present. The staff often asked me why I continued to see him, frequently saying, “It must be boring hearing the same stories every time.” My reply was always the same: “He’s my guy.”

Why I Chose Cincinnati

I chose Cincinnati because it appeared to be the perfect fit for me. The components of the program most exciting to me were the dedication to patient-centered care, emphasis on medical education and unique ambulatory long block. However, it was the residents and faculty that I met during my interview that solidified my decision to choose the University of Cincinnati for residency. Every person I met was genuine, kind and made me feel at home. I knew the University of Cincinnati would make me the best physician I can be all while being challenged and supported along the way.

Jackson Walker- Categorical



Medical School

Sidney Kimmel Medical College
at Thomas Jefferson University

Undergraduate School

Cornell University
BA, Philosophy

Hometown

Ambler, PA

Representative Publication/Presentation

Walker J, & Shakir M, Cohen E, Wang D, Kuntz C, Doroshov J. "Shunt the Front Door: PFO closure in a patient with Pulmonary Hypertension" Poster presentation at the 2019 PA-ACP Southeastern Region Abstract Competition. October 26, 2019. Philadelphia, PA

Hobbies

Outdoor adventures, especially rock climbing, hiking and biking; Playing the drums and listening to classic rock and soul; watching movies with my wife and beagle-basset hound

Personal Statement

My favorite type of rock climbing is called "sport" climbing. In this style of climbing, everything, including the rope, begins on the ground. First, the belayer and I inspect the route, eyeing the trail of steel bolts up the face. We attempt to identify a possible climbing sequence and any areas of loose rock or sites where a fall might be dangerous. Then, I tie into the rope and begin to carry it up the wall, clipping into bolts about every 5-10 feet. I love this style of climbing because it requires creativity, problem solving, teamwork, and focus. Every foot I climb above the last bolt I have clipped equals a potential fall that is over twice that distance. I have to be certain that if I were to fall, I would not fall onto a ledge or into a tree. Accomplishing this task safely while still having fun requires planning, adaptability when things do not go as expected, and precise communication with my partner on the ground. These skills are all applicable to internal medicine, yet I believe these two disciplines are most related when it comes to exploring the unknown. In the practice of internal medicine, I will be face to face with the mysteries of the human body and see the effects of my problem solving firsthand. Just as a foothold that looked terrible from below turns out to be the key to a climbing sequence, a small piece of medical history could turn out to be the key to establishing the right diagnosis.

Why I Chose Cincinnati

Choosing Cincinnati was a no brainer. On my interview day, I admired the program's sense of direction and commitment to advancing medical education. In one of my interviews, Dr. Schauer said that his favorite part of working here was that everyone in the department of medicine really bought into the program's mission to study and improve graduate medical education. I loved this idea, and was eager to get involved. It was a big choice to decide to move away from my family on the east coast, but after my interview I met up with my wife, who had just interviewed at Cinci Children's, and we looked at each other and knew we had found the right place.

Alexandra (Ally) Willauer - Categorical



Medical School

Texas Tech University Health Sciences Center Paul L. Foster School of Medicine

Undergraduate School

The University of Texas at Austin
BS, Biomedical Engineering

Hometown

Houston, TX

Representative Publication/Presentation

Willauer AN, Pereira AA, Lam M, Liu Y, Morris JS, Raghav K, Morris VK, Menter DG, Shaw K, Broaddus R, Meric-Bernstam F, Overman MJ, Kopetz S, Loree JM. Clinical and molecular characterization of early-onset colorectal cancer. *Cancer*. 2019; 125: 2002-2010. doi:10.1002/cncr.31994.

Willauer AN, Loree JM, Pereira AA, Lam M, Raghav K, Morris VK, Menter DG, Shaw K, Broaddus R, Meric-Bernstam F, Wang Y, Overman MJ, Kopetz S. Clinical and molecular characterization of early-onset colorectal cancer in patients with inflammatory bowel disease. Poster presented at: ASCO 2018 Gastrointestinal Cancers Symposium; January 2018; San Francisco, CA.

Loree JM, Pereira AA, Lam M, **Willauer AN**, Raghav K, Dasari A, Morris VK, Advani SM, Menter DG, Eng C, Shaw K, Broaddus R, Routbort MJ, Liu Y, Morris J, Luthra R, Meric-Bernstam F, Overman MJ, Maru DM, Kopetz S. Classifying Colorectal Cancer by Tumor Location Rather than Sidedness Highlights a Continuum in Mutation Profiles and Consensus Molecular Subtypes. *Clin Cancer Res*. 2017; 24(5): 1062-1072. doi:10.1158/1078-0432.CCR-17-2484.

Languages Spoken

Spanish

Hobbies

Cooking and baking; Horseback riding; Exercise (e.g. cycling, Orangetheory Fitness)

Personal Statement

Concerned expressions were silently shared between the resident and me as we slowly scrolled through the CT scan. The imaging indicated what I hoped it would not; multiple masses were present in the gastrointestinal tract of our patient with new-onset ascites. Our suspicions were confirmed when further workup revealed gastric adenocarcinoma. Although we had just met this patient, our team was about to deliver life-changing news. Simultaneously, my thoughts were crowded with unanswered questions. Which tumor was the primary? What therapeutic options were available? How will our patient cope with this diagnosis? I dove into the literature in search of explanations for these questions in order to clinically correlate the data with our patient's presentation. I shared my findings with the internal medicine team and consultants; together, we optimized the management of our patient's condition. Additionally, we provided emotional support to the patient and family during this difficult time. Caring for this patient yielded valuable insights into the practice of internal medicine, including patient-centered care and working together as a team.

Why I Chose Cincinnati

The University of Cincinnati felt like the right fit for me in many ways. I was impressed the program's dedication to medical education, patient-centered care, and growth mindset. On my interview day, I remember Dr. Warm saying, "the team is not a team without the patient", and those words resonated with me. Additionally, I was excited by the opportunities for research and innovation at UC. I knew that I would receive excellent training as an internist while having the opportunities to explore subspecialties and conduct research. Lastly, the residents and faculty created a welcoming and collaborative learning environment. The combination of these qualities made UC my top choice for residency!

Olga Zamulko- Categorical



Medical School

Central Michigan University
College of Medicine

Undergraduate School

University of St. Thomas
BS, Biology

Hometown

Lviv, Ukraine/Sioux Falls, SD

Representative Publication/Presentation

Zamulko, O., Zamulko, A., & Dawson, M. (2019). Introducing GIST and Dieulafoy – Think of Them in GI Bleeding and Anemia. *South Dakota Medicine*, 72(11), 528-530.

Ippoliti, J. T., Kummer, R., Larson, S., Peterson, A., & **Zamulko, O.** (2016). Utilization of Compounds from Undergraduate Research to Exemplify Concepts in NMR Spectroscopy. In *NMR Spectroscopy in the Undergraduate Curriculum: Upper-Level Courses and Across the Curriculum* (Vol. 3, pp. 53-66). ACS Symposium Series.

Languages Spoken

Russian

Hobbies

Cooking, Volleyball, Playing the piano, Pure Barre fitness, Traveling and sampling local cuisine, Spending time outdoors

Personal Statement

As I sat on the familiar exam table, the fresh paper crinkling each time I shifted my weight, I could feel my heart palpitating. “Are you seriously nervous?” I asked myself. “You do this every day. You can’t possibly be nervous.” I had recently changed medical insurance and was waiting in a patient room to establish care with my new primary care physician. It was a simple visit that would take 15 minutes, yet I couldn’t help but feel anxious. That day, I experienced just a sliver of the worry with which the patients I routinely see are confronted, and I was met with an overwhelming sense of empathy towards them. During my Internal Medicine clerkship, I distinctly remember delivering a life-changing diagnosis of pancreatic cancer to a patient who presented for simple abdominal pain. The look of fear combined with courage and strength on his face as he held back tears will remain imprinted in my mind throughout the rest of my career. I am continuously amazed by the grace and bravery that such patients display in the worst of circumstances; while my own experience was nothing compared to his, it was an excellent reminder to continually display the same sensitivity and compassion I would desire as a patient myself. This principle will be the guiding philosophy during my future career as a physician.

Why I Chose Cincinnati

I remember listening to Dr. Warm’s presentation during the interview day and thinking to myself, “if I were to build a program that emphasized everything that is important to me, it would be UC.” I was impressed by the innovative curriculum, hands-on didactic schedule, emphasis on patient-centered care, and commitment to resident education and growth. Furthermore, the people I met there were truly phenomenal - caring, funny, encouraging. What really stood out to me was one resident’s answer of why she wanted to be chief. She told me that she had a wonderful chief who supported her through a difficult patch in residency, and that she wanted to be that for someone else. I was truly touched by this as it was not only the most genuine and compassionate answer I had heard on the interview trail, but also a direct reflection of the type of people at UC. They were a family, and I wanted to be part of it.