

Mladen Golubic, MD, PhD, on Jan. 1 joined the UC Center for Integrative Health and Wellness as medical director. He also will be a professor in the Department of Family and Community Medicine. He will be the center's first medical director.

Since 2011 Golubic has served as medical director and staff physician for the Center for Lifestyle Medicine and director of research for the Centers for Integrative and Lifestyle Medicine at the Cleveland Clinic.

"Dr. Golubic is an exceptional leader in the fields of lifestyle and integrative medicine, with a wealth of clinical, research and educational experience to bring to bear at UC and UC Health. We look forward to his first joint clinic with Cancer Survivorship opening later this month," says Sian Cotton, PhD, director of the center and Turner Farm Foundation Chair. "His clinical leadership at the center will significantly propel all of our efforts – clinical, education, research and community engagement – to new heights to achieve our vision of being transformational leaders in integrative health and wellness."

Golubic received his medical degree and doctorate in biology and biomedicine from the University of Zagreb. He completed postdoctoral training at the Max Planck Institute for Biology in addition to his internal medicine residency at Huron Hospital in Cleveland. His specialty interests include lifestyle medicine with particular emphasis on lifestyle therapies for cardiovascular disease and lifestyle-related cancer. He is currently one of 43 fellows of the American College of Lifestyle Medicine. Golubic has received grant support from various national organizations for basic science and clinical research, including the National Institutes of Health for his group's work on therapeutic modulation of inflammation in patients with malignant brain tumors by dietary and herbal medicine approaches.