



**OSHER CENTER FOR  
INTEGRATIVE HEALTH  
AT THE UNIVERSITY  
OF CINCINNATI**



**ANNUAL  
IMPACT  
REPORT**  
FISCAL YEAR 2023



**THE OSHER CENTER FOR INTEGRATIVE HEALTH AT THE UNIVERSITY OF CINCINNATI IS DEDICATED TO REDESIGNING OUR HEALTH CARE MODEL TO INCORPORATE A WHOLE-HEALTH APPROACH TO YOUR HEALTH AND WELLNESS.** As we celebrate over a decade of dedication to our community, patients and students, your ongoing support allows us to continue our mission and develop innovative programming that advances integrative medicine through education, clinical care, innovative research and community engagement.


### COMMUNITY ENGAGEMENT

 More than **1,600** members of our community participated in wellness events, including:

- *Cultivating a Brain Healthy Lifestyle (pictured right)*
- *An Evening of Wellness in Nature at Saddles Lake Equestrian Center (on cover)*




### CLINICAL CARE

 Integrative health services are now embedded at four of our ambulatory outpatient centers: The University of Cincinnati Cancer Center, UC's Gardner Neuroscience Institute, UC Health's Women's Center in West Chester and Hoxworth Blood Center.


 Our Patient Care Support Fund has provided **\$11,349** to under-resourced patients this past year, allowing critical access to integrative health care services.

### ADVANCING INTEGRATIVE AND LIFESTYLE MEDICINE THROUGH THE NEXT GENERATION OF PROVIDERS

 The UC College of Medicine now offers **11** integrative health courses and two medical school elective experiences, including Mind-Body Medicine and Planetary Health and Medicine, examining climate change through various lenses.

We launched the first cohort of the Integrative Medicine Medical Student Scholars Program, sparking renewed awareness from undergraduate and medical student interest groups (*pictured right*).

### LOOKING FORWARD

 We plan to reinforce evidence-based care models and integrative therapies through philanthropic funds such as the Waddell Family Fund for Integrative Health & Lifestyle Medicine Research.

We will hold teaching demonstrations on healthy and delicious cooking for improving health, and will open a future state-of-the-art Learning Kitchen in the new Blood Cancer Healing Center.

### THANK YOU

Your generosity and steadfast support allow the Center to make considerable progress toward our mission of improved health and longevity for all—thank you for your partnership.

*For further information, please contact Dolores Dodson, MPH, Director of Development, Clinical Programs, at [Dolores.Dodson@foundation.uc.edu](mailto:Dolores.Dodson@foundation.uc.edu) or at (317) 709-6647.*

*Scan the QR code for our Osher Center Annual Report.*





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THE CAMPAIGN FOR CINCINNATI

**THE UNIVERSITY OF CINCINNATI FOUNDATION**

PO Box 19970

Cincinnati, OH 45219-0970