

Yousef Ahmad–Categorical



Medical School

Chicago College of Osteopathic
Medicine of Midwestern University

Graduate School

Rush University
MSc Biotechnology

Undergraduate School

University of Illinois
BS Molecular and Cellular Biology,
Chemistry Minor

Representative Publication/Presentation

Joshi, M., Hau, A., Ahmad, Y. Formulation of Betulinic Acid in Loaded Ceramide Liposomes and Nanoemulsion for the Treatment of Breast Cancer; Poster presentation at Midwestern University Dr. Kenneth A. Suarez Research Day.

Languages Spoken

Spanish

Hobbies

Reading, writing (short stories, novels), exercising, and traveling.

Personal Statement

Before I had access to internal medicine or obstetrics, family medicine or surgery, there existed an idea of what a doctor is; not a white coat billowing like a cape as they enter a room to a desperate patient eagerly awaiting an elixir to flow off of lip and into vein but rather as a steadfast and empathetic defender. Less of a hero's cape and more a warm hand on tired, stricken fingers and soft reassuring voice. After all, that is the role of a doctor, to be guardian of sorts.

Why I Chose Cincinnati

Really the deciding factor for me was my interview with Dr. Warm. Of all the interviews I had up to and after that point, his remains my most memorable, and quite frankly, the one I most enjoyed. He really sold me on all the advantages of the program. Furthermore, the program seems to be the most focused on education and the mechanisms by which we learn. I could write several lines about other aspects, but really on the drive out of the city after interview day I thought, "This is the place," and that was that.

Mir Ali- Categorical



Medical School

University of North Texas
Health Science Center at Fort
Worth/Texas

Undergraduate School

University of Texas
BS Biology and Business
Administration

Awards

Sigma Sigma Phi

Representative Publication/Presentation

Ali, Mir T., & De La Torre, Alejandro, & Brautbar, Ariel, & Wilson, Don. (January, 2016). *Atherogenic Cholesterol in Two Siblings with Congenital Generalized Lipodystrophy* Poster presented at: Pediatric Endocrine Society of Texas, Oklahoma and Louisiana; Fort Worth, TX, USA.

Ali, Mir. (January, 2017). *Death and Emotions in Art, a brief retrospective on Edvard Munch* Oral Presentation presented at: Council of Osteopathic Student Government Presidents Winter Conference; Lebanon, OR, USA.

Languages Spoken

Hindi, Urdu

Hobbies

Reading about art, visiting art museums, visiting new places, trying new cuisines, spending time with friends and family, and exercising.

Personal Statement

The Sick Child by Edvard Munch is an artwork that holds a special meaning for me as it symbolizes the type of physician I aspire to be. The painting features a young girl, the artist's sister, withering away from tuberculosis. In this melancholic scene, the artist's aunt is sitting to the girl's left. Her gaze is pointed downward, as if she is making a silent prayer; her grief imminent by the sharpness of her grip on the girl's hand. This piece beautifully summarizes how sickness inflicts its wrath on everyone involved and not just the person suffering. I want to be the physician who helps patients and their families during difficult hospitalizations by providing compassionate care and comfort.

Why I Chose Cincinnati

Throughout the interview process, I was looking for the "right fit" that almost every resident and mentors have told me about and yet I still have not found a program that met that description. Cincy was one of my last interviews and the program impressed me from the pre-interview dinner when we had a great chat with the residents attending the dinner. Next day, Dr. Warm's presentation had solidified the feeling that I was looking for – I have finally found a program which felt like the "right fit". The focus on resident education and the culture of innovation really spoke to me and I felt that I was among like-minded people who appreciated personal growth as much as I do. Making a rank list afterwards was a no-brainer as I had a clear winner for the top spot.

Joy Awosika- Categorical



Medical School

University of Cape Town
Faculty of Health Sciences

Undergraduate School N/A

Languages Spoken

Afrikaans

Hobbies

Crafting, reading Romance and Suspense novels, word puzzles, Sudoku, traveling, visiting new place, and learning about different cultures.

Personal Statement

My interest in medicine started with my mother who practiced as a dentist in a small town in South Africa. I witnessed the dedication and commitment that it took to ease the pain of patients while going above and beyond in educating them on how prevention is indeed better than cure. A pursuit of learning, and a constant eagerness to understand what it takes to provide healthcare with a holistic approach was triggered in me as a result of this. My ultimate goal is to save lives and to leave a lasting impact in the lives of my patients under the understanding that, "The best way to find yourself is to lose yourself in the service of others."-Mahatma Gandhi

Why I Chose Cincinnati

Cincinnati and UCMC has always been my top choice since I visited the city in 2014. My experience during my rotation in the department further confirmed my choice and there was no doubt after my interview experience that I wanted to be part of the family at UCMC. It was the warmth and clear leadership from Dr Warm, the kindness and constant help from Liz Bauke and of course the camaraderie and strong sense of family amongst the residents. In addition to this the fact that I already had family based in Cincinnati it was a dream come true to both stay in Cincinnati and be part of a top rated residency program.

Matthew Brown- Categorical



Medical School

Saba University School of Medicine

Graduate School

Indiana University-Purdue
University Indianapolis
MS Biology

Undergraduate School

DePauw University
BS Biology

Languages Spoken

Spanish

Hobbies

Music, travel, sports

Personal Statement

Earlier in the rotation, my attending introduced himself as rounds were about to begin, and took a moment to highlight why he enjoyed practicing Internal Medicine. More often than not, he met people during the most trying times of their lives. For that reason, he considered the opportunity to serve them through these moments to be an incredibly gratifying and humbling experience. I think about that statement often as I reflect on my training and patients I have met, including Mrs. C. Certainly, it would be naive to think that this opportunity is somehow unique to Internal Medicine. However, each day I went into work on that rotation, I felt a special connection with my patients that I have not quite captured elsewhere. I learned that I enjoy the opportunity to serve an adolescent and adult population with varied and complex disease processes for the duration of their care, and am humbled by the unique and intimate relationships formed with these patients while partnering in their care.

Why I Chose Cincinnati

I had a great time on my interview at Cincinnati. I enjoyed the time I spent with the residents and faculty, as everyone seemed at home. I think the program is very innovative, and I appreciate the emphasis on delivering patient-centered care to a largely underserved population.

Anum Choudhry - Categorical



Medical School

University of Rochester
School of Medicine and
Dentistry

Undergraduate School

SUNY Geneseo
BS Biology

Languages Spoken

Spanish, Urdu

Hobbies

Hiking, Kayaking, and Trying my hand at cooking new cuisines.

Personal Statement

“Thank you” she says. “You’re welcome”, I say letting go of her hand gently. I never thought I would hold so many hands in medical school. But it is something that people appreciate. Another biopsy, laceration repair, delivery, or injection. I’ve seen that face before. Her face twists in apprehension. “Here, you can squeeze my hand.” After the last stitch is complete, she looks up and thanks me. After years of sitting in a classroom, studying, preparing, researching, reading. I thought that nailing a mystery diagnosis, putting together the puzzle pieces, would be the most rewarding. But it is not. Holding someone’s hand wins the gold. Something about the human touch. Shaking someone’s hand to passing tissues. I never knew how it could mean so much.

Why I Chose Cincinnati

At my interview I found there were so many aspects of the program that truly resonated with me. Having the patient at the center of care, a curriculum based on learning theory, and specific individualized feedback for residents were just some of the many points that drew me to the program and made me feel that I found the right fit for me.

Luke Domaleski – Categorical



Medical School	George Washington University School of Medicine and Health Sciences
Graduate School	Loyola University MA Medical Sciences
Undergraduate School	University of Notre Dame BS Biochemistry; Philosophy

Representative Publication/Presentation

Fernandez-Bustamante, A., Agazio, A., Wilson, P., Elkins, N., **Domaleski, L.**, He, Q., ... & Repine, J. E. (2015). *Brief Glutamine Pretreatment Increases Alveolar Macrophage CD163/Heme Oxygenase-1/p38-MAPK Dephosphorylation Pathway and Decreases Capillary Damage but not Neutrophil Recruitment in IL-1/LPS-insufflated Rats. PloS one, 10 (7), e0130764.*

Hobbies

Flag Football, Chess, Skiing, Swimming, Hiking, camping, and, spike ball.

Personal Statement

Since becoming a medical student I have glimpsed those profound moments of care and love that medicine can give a patient and their family. While on my medicine rotation, I was privileged to be at the bedside of a patient with metastatic prostate cancer on the day he passed away while his family prayed and shared with him their favorite things about him. I have been fortunate enough to see the joy of a couple when I told them on Father's Day that they were expecting a child, and lucky enough to contribute to the relief of a woman when she was finally given the correct diagnosis of Stiff Person Syndrome after two years of being mistakenly treated for conversion disorder. These are the moments I love about medicine because they reveal the authentic humanity of patients and doctors.

Why I Chose Cincinnati

The purposefulness of Dr. Warm's curriculum sold me on Cincinnati. At a lot of my interviews it felt like learning and the didactic curriculum was done the way it was because it had always been done that way, and then there was some bland resident input that was sporadically incorporated. Dr. Warm's curriculum was very evidenced based though and featured a lot of components of adult learning theory. I thought that I would get superior education at Cincinnati that would best prepare me to provide excellent care to patients and would help me to achieve my professional goals.

Derek Gibbs - Categorical



Medical School

University of Cincinnati College of
Medicine

Undergraduate
School

Northern Kentucky University
BS Genetics, Molecular, and Cell
Biology; Biochemistry.

Hobbies

Frisbee golf, weight lifting, playing with my dog, and spending time with family.

Personal Statement

Growing up, my parents instilled in me a strong work ethic. This strong work ethic carried me through my undergraduate years, during which I earned two bachelor degrees in four years, all the while working or doing research. I applied to medical school during my senior year in college and, to my dismay, I was turned down. Of course, this was incredibly humbling; I knew at that time I wasn't the best applicant, but being turned down felt like a failure. I had a choice at that time, to move on with my life and get a job, or take a year to pursue something I was passionate about. I decided to take the year, evaluate what I wanted to do with my life, strengthen my application, and reapply. I took a position as a pharmacy technician, volunteered in an emergency department, and spent time shadowing to confirm medicine was a career I wanted to pursue. Through dedication and hard work, the principles my parents stressed from a young age, I succeeded in matriculating to medical school. That experience taught me that perseverance really does pay off. I also learned that "failure," as I thought of it at that time, is not an endpoint, but rather a place from which to build. There is always something to learn and take away from every experience.

Michelle Knopp - Categorical



Medical School

Ohio State University College of
Medicine

Undergraduate
School

Washington University in St. Louis
BA Physics

Representative Publication/Presentation

Knopp, Michelle I & Wright, Chadwick & Binzel, Katherine & Giesel, Frederik & Zhang, Jun & Maniawski, Piotr & Knopp, MV. (January 2018) A 2 minute, Ultra-fast Whole-body PET/CT enabled by digital photon counting PET detector technology. Oral Presentation at ECR, Vienna, Austria.

Languages Spoken

German, Spanish

Hobbies

Photography, soccer, running, hiking, and travel

Personal Statement

When I was six, my family moved from Germany to the United States. I was surrounded by a foreign culture and struggled to understand the language. When interacting with patients, I often think back to the confusion I experienced at that time in order to bridge the gap between the complicated language and culture of medicine and those whom we seek to treat. As I talked to Mr. Smith about his diagnosis of AIDS, he revealed his concerns about developing resistance to HARRT because the side effects stopped him from taking it daily. This insight allowed me to refine my approach. Instead of simply stressing how important HARRT is for him, I engaged him in a conversation about the rationale for the treatment plan we had decided on. I wanted to empower him with dialogue, not belittle him with jargon or disregard the side effects.

Why I Chose Cincinnati

Interviewing at the University of Cincinnati was a unique experience from other interviews. They clearly demonstrated a learning community that valued interaction and engagement that I found very appealing. The people in this program just simply made me feel welcome and that this is a place I could call home for at least the next three years with the ups and downs that naturally come with residency.

Eugenia Luo- Categorical



Medical School

Case Western Reserve University School of Medicine

Undergraduate School

Massachusetts Institute of Technology
BS Brain and Cognitive Study

Languages Spoken

Spanish

Hobbies

Visual art, traveling, and food.

Personal Statement

The rooms of the hospital and clinic remind me of treasure chests, with each room holding a unique story, a unique problem, a unique person. Rounding through the hospital or going through a day of clinic constantly piques my curiosity. Who will I meet next? What story will they tell me? What will I find? I remember the first day of my Internal Medicine rotation I encountered Mrs. J, a little 74 year-old woman with sickle cell disease who was having trouble breathing. Her creaky voice, her frail and worn hands, and her glinting golden rings all reminded me of an old ship that had weathered countless storms. I eagerly sought ways to guide her safely through this new tempest—I looked for sources of infection, watched for signs of sickling, balanced her IV hydration and electrolytes, and most of all, spoke to her every day to see how she felt and make sure she understood what we were doing. In the end, she sailed quietly out of the hospital doors after the team and I discovered she was septic from cholecystitis and treated her accordingly.

Why I Chose Cincinnati

I chose the University of Cincinnati Internal Medicine residency program because of its special outpatient experience, the Long Block, and because of the great interactions I had with the residents. As someone who is undecided between inpatient and outpatient General Medicine, I really wanted a training program that could give me a longitudinal experience in the outpatient world. Also, the residents were so friendly and considerate during my interview day—they made me feel welcome, and they made me want to be like them!

Tara Magge- Categorical



Medical School

Geisinger Commonwealth School of
Medicine

Graduate School

Georgetown University
MS Physiology and Biophysics

Undergraduate School

Duke University
BS Psychology

Representative Publication/Presentation

Smotrys M, Magge T, Alkhuja S, Gandotra S. Babesiosis as a cause of false-positive HIV serology. BMJ Case Reports. June 2018. doi: 10.1136/bcr-2017-223738

Hobbies

Dancing Bharatanatyam (Indian classical dance), traveling, reading, hiking, and cheering on my Pittsburgh and Duke sports teams

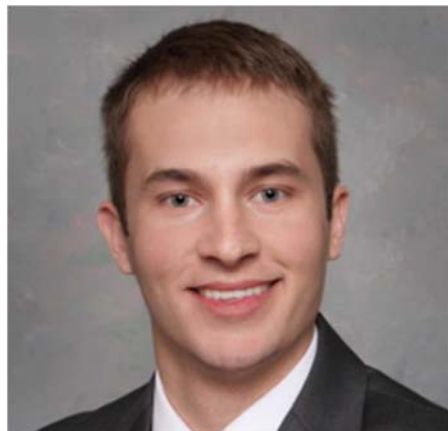
Personal Statement

My immediate reaction was confusion, followed quickly by panic. My patient, a woman in her 60s admitted to the hospital for acute respiratory failure, had eloped from the hospital without her oxygen. Three hours later, I saw her walking slowly down the hall, clearly in distress and struggling to breathe. Repeated attempts by the staff to understand where she had been were unsuccessful. After I entered her room, however, she explained that she had been scared that she would never get well enough to leave the hospital and that her outside life would fall apart without her. This fear drove her to walk several blocks--barefoot in 95 degree heat--without any money, and hop on a bus. At first, I could not believe that she had risked her life, but as I spent more time with her, I began to understand how truly frightening it was for her to have her health compromised while she was all alone. She confessed that she avoided visiting doctors as she always expected bad news. This encounter encompasses what I love about internal medicine: the ability to act as the primary coordinator of a patient's health, the importance of forming meaningful connections with patients, and its emphasis on preventative medicine.

Why I Chose Cincinnati

Everyone I met at UC was friendly, engaging, and cooperative. I also really appreciated the program's dedication to patient-centered care. I was confident that I could thrive in a supportive environment like this one! I was also couples matching, and my partner is from Cincinnati so we were thrilled to match in his hometown!

Paul Merchant– Categorical



Medical School

Medical College of Wisconsin

Undergraduate
School

University of Wisconsin
BS Molecular Biology

Representative Publication/Presentation

Kwiatk JT & Merchant PT. Successful removal of an esophageal band causing complete esophageal obstruction after variceal ligation. *Gastrointestinal Endoscopy*. 2016 May; 83(5): 1030-1031.

Hobbies

Playing and watching hockey, running (especially on the Ice Age Trail in Southeast Wisconsin); softball, water skiing, camping, kayaking, podcasts, and Malcolm Gladwell books.

Personal Statement

During my clerkships, what really stuck out to me was the patient-centered approach of Internal Medicine and the ability of the Internal Medicine attendings to work through uncertainty when the cause of a patient's symptoms was not clear. I enjoyed the comprehensive approach to thoroughly working through a patient's chief complaint, individual health history, and life circumstances to form an individualized understanding of that patient's health status. I also noticed that when it was unclear exactly what was going on with a patient, Internal Medicine doctors stood by the patient and were their ally. I took pride in being part of the team that was taking care of a patient when things were unclear, and I found it rewarding to work to provide the patient with answers and hopefully comfort in knowing what was going on with their health and a plan to move forward.

Why I Chose Cincinnati

The University of Cincinnati's commitment to patient-centered care and medical education made it the ideal place for me to train. The focus on getting to the bedside and keeping the patient involved in their care, as well as the educational innovations, such as the long block, were unique features that I thought would really benefit my development as a physician. Additionally, everyone I met during my interview day was very nice and supportive, and I left the day feeling like I would love to be part of the UC team.

Aamir Munshi- Categorical



Medical School

Wayne State University School of
Medicine

Undergraduate
School

University of Toronto
BS Physics

Representative Publication/Presentation

Munshi, A & Kreindler, D. (August, 2014). Use of Time Series Analysis to Investigate the Processes behind Mood variations during Bipolar Disorder Poster presented at: D+H Research Institute Poster Presentation; Toronto, ON, CAN

Languages Spoken

Hindi

Hobbies

Playing the guitar and the drums, playing and watching hockey, listening to music, powerlifting, hiking/camping

Personal Statement

Unlike some, I did not want to be a physician when I was five years old – a police officer seemed more adventurous. It was during my first year in college that I began to understand what I sought to have in my future profession. At the University of Toronto, banners hang from the light posts honoring distinguished alumni who have made significant impacts in society by making great contributions in their fields. There are banners for a wide range of individuals from politicians to academics who have made ground-breaking discoveries, such as Fredrick Banting. When I looked at these banners, I asked myself how I could make a difference as these people have. Of course it did not have to be as widely impactful or global as discovering insulin, but instead I focused on making a difference on a more individual level. Since then I have strived to make an impact by interacting with individual people with the hope of improving their lives.

Why I Chose Cincinnati

Through the interview process it becomes clear that there are many strong programs, but in the end it comes down to finding the one that fits best with you. When I visited this program and the city, I immediately knew Cincinnati was right for me. Of the reasons I chose Cincinnati, at the forefront was the program's focus on providing exceptional patient-centered care to a greatly diverse population of people. Although, what really made the program stand out from the rest was its innovative curriculum and strong emphasis on resident education and personal growth. My interview here really gave me the confidence that I would be able to thrive in the environment created by the residents and teachers at this institution.

Neil Patel– Categorical



Medical School

Oakland University William Beaumont
School of Medicine

Undergraduate
School

University of Michigan
BBA Finance

Languages Spoken

Gujarati, Spanish

Hobbies

Ultimate Frisbee, supporting Detroit sports teams, film production, and traveling.

Personal Statement

“The world is an inherently volatile place.” Malcolm Gladwell, an author and journalist, asserted that this is a shared truth amongst many successful entrepreneurs. During my second year of medical school, he demonstrated the point during a talk I attended with the example of Dr. Emil J. Freireich. Dr. Freireich, a hematologist, viewed medicine as evolving and pushed forward with his colleagues to successfully propose and use combination chemotherapy in the management of children with acute lymphoblastic leukemia. While Gladwell weaved this story through his talk on entrepreneurship, Dr. Freireich’s example of persistence and ingenuity in the service of his patients helped shaped my interests and goals in internal medicine. For me, internal medicine is the natural convergence of my background in business administration and what I love about entrepreneurship with my passion for patient care and service. My clinical experiences, physician mentors, and extracurricular engagements all served to reinforce this idea.

Why I Chose Cincinnati

What really drew me to the program was the promise to train somewhere that supported and encouraged innovation, both in medical education and healthcare delivery. It was evident that as a resident here I would be pushed to grow personally and professionally so that by the time I complete the program, I will have all the necessary tools to confidently enter practice. All of this combined with a positive environment that promoted resilience, camaraderie and learning ultimately led me to the University of Cincinnati.

Woodson Petit-Frere- Categorical



Medical School

Albert Einstein College of Medicine

Graduate School

University at Buffalo,
The State University of New York
Doct. Physical Therapy

Languages Spoken

French, Creole

Hobbies

Rebuilding computers, football, watching the Steelers, astronomy, and traveling.

Personal Statement

I finished college; I became a physical therapist and began to treat patients. Well into my physical therapy career, in January 2010, I first went back to the country of my birth (Haiti). That visit changed everything for my life's trajectory. On the fourth day of my trip, on January 12, 2010, at 4:53 PM, I experienced the devastation of the earthquake. An estimated 200-300 thousand people died, millions became homeless or displaced. I saw many who passed on, but also witnessed some of those who survived, many crippled with overwhelming injuries, complicated by a lack of access to adequate medical care. It would give me great personal joy to be able to do what I saw in Haiti in the days following the earthquake. In the aftermath of this shattering earthquake, I saw something I'll never forget. It pulled at the core of me. Healthcare professionals from all over the world, left their lives behind and came to Haiti to lend their expertise, with many donating their time and services in a time of crisis.

Why I Chose Cincinnati

I chose Cincinnati due to the great education the residents in this internal medicine program get. The patient centered rounds, the focus on caring for the patients, the patient population, a residency program that seem to listen to resident input, the opportunity to see a wide range of diseases and diagnoses, while being taught by some of the best in the field was very appealing. Plus; who wouldn't want to see "the Bungles," first hand?

Drew Powell - Categorical



Medical School

University of Oklahoma College of
Medicine

Undergraduate
School

University of Oklahoma
BS Biochemistry

Representative Publication/Presentation

Powell D., Jackson R. *Urothelial Cell Carcinoma and Hypercalcemia: A Case of PTHrP Production*. Poster presentation at Oklahoma State ACP Annual Conference.

Hobbies

Playing classical and jazz guitar, cards, and board games.

Personal Statement

The first time I stepped into a classroom to teach I felt so confident. I had my binder with my lesson plan completely prepared, I knew everything there was to know about the material. I was ready. Until someone raised their hand. He asked his question and I immediately knew the answer. As I finished my explanation and looked around the class I could see not everyone understood my explanation. In that moment I realized teaching is much more than just knowing the content. Over the next year and a half I learned a great deal about educating others and grew to love teaching. It has shaped many of my life goals, including ensuring that being an educator is a major part of my career.

Why I Chose Cincinnati

There are almost too many reasons to count what made Cincinnati stand out to me. It all starts at the top with Dr. Warm. His focus on resident education is apparent from the moment you walk in the door. The innovative programs (TRAC, Long Block, and structured mentorship) and focus on patient centered care (including bedside rounding) have made me confident that I will be able to become not only an excellent clinician, but be able to grow into an exceptional clinical educator. The city was also an awesome place to visit and I'm excited to be a part of the unique and vibrant culture of this city.

Brandon Riedlinger- Categorical



Medical School

Ohio University Heritage College of
Osteopathic Medicine

Undergraduate
School

Case Western Reserve University
BA History

Awards

Sigma Sigma Phi

Hobbies

Bowling, reading history and fiction, distance running and, watching Cleveland Indian's baseball.

Personal Statement

The only career I considered outside of medicine was being a high school history teacher. I have always had a passion for history, and the notion of helping others share in this passion excites me. However, after I explored that option by spending time working as a substitute teacher, I realized that choosing to become a doctor was the best choice for me. I know I would regret not pursuing medicine, a dream of mine since early adolescence. I am thankful that being a doctor allows me to pursue multiple passions. It is our ability to teach that is one of the most appealing aspects of the practice of medicine in general and internal medicine specifically.

Why I Chose Cincinnati

My interview at UC was my final interview, and I left feeling more at home than any other place I visited. Dr. Warm's presentation had me sold on the program almost immediately. I especially love the emphasis placed on theories of learning and spaced repetition, which served me well as a medical student, but I was even more impressed with the strides the program has made toward preventing physician burnout and making sure we are more involved with our patients than just a quick visit on pre-rounds in the morning. I felt during my interviews that my interviewers genuinely wanted me here.

Hassan Saleh- Categorical



Medical School

The University of Toledo College of Medicine

Graduate School

The University of Toledo
MS Biomedical Studies

Undergraduate
School

University of Toledo
BS Biology

Representative Publication/Presentation

F Ye, Srour K, Saleh H, Saidahmed T, Khateeb FM, Safi F. An Extremely Rare Case of Transudate Chylothorax Secondary to Carcinoid Tumor. *Case Reports In Thoracic Oncology IV*. May 2018:A4074.

Hobbies

Biking, basketball, wood working, table tennis, music, traveling, and gardening.

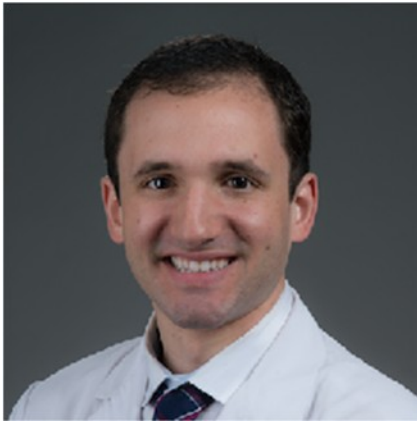
Personal Statement

The summer before I enrolled in medical school, I went on a bike ride. This seems like an odd place to start this essay, especially for a writer who is earnest and seeking approval. But the story of that bike ride connects strongly with this application. That day, I went with two friends on what was supposed to be a short ride to a local park. We pedaled through familiar territory and, by chance, spotted a gravel path we had never taken. On that new trail, we discovered locks that were part of an old canal system and crossed the railroad tracks that put that canal system out of business. We rolled past a sparkling river and beautiful green trees, and past buildings whose lifespans were long ago expired. In a matter of hours, we had found a winding way through beginnings and endings in Ohio, in a way I had not anticipated. That bike ride is one of the best examples I have of the reward in exploring. The other is internal medicine. Not unlike that bike ride, a day as an internist is a journey.

Why I Chose Cincinnati

I chose Cincinnati for several reasons. After interviewing I felt UC was a place I would get to see everything I would need, I was impressed with the creativity in the curriculum, I wanted to be at an academic center and I liked the enthusiasm for education and research at UC, I liked the strong fellowship match data, I loved the neighborhoods and the activities Cincinnati has to offer and most of all everyone I met on interview day was happy to be there.

Gary Schneider - Categorical



Medical School

Ohio University Heritage College of
Osteopathic Medicine

Undergraduate
School

University of Michigan
BS Biology

Representative Publication/Presentation

Effect of Transcatheter Aortic Valve Replacement on Left Ventricular Geometry

Komal Safdar, Adam Magier, John Broderick, Vien Truong, Cheryl Bartone, Jennifer Schaff, Victoria Niemer, Gary Schneider, Gregory F. Egnaczyk, Wojciech Mazur, Dean J. Kereiakes,, Eugene S. Chung

The Heart and Vascular Center at The Christ Hospital, Cincinnati, OH

Languages Spoken

French

Hobbies

Skiing, hiking, biking, running, playing the piano, watching college football and basketball, and playing any type of sport.

Personal Statement

For as long as I can remember I have wanted to be a physician. My father was a physician and my mother was a nurse, so this aspiration of mine was encouraged from an early age. I remember spending many hours as a young boy at my dad's urgent care watching him care for patients. He would share interesting stories, let my brothers and I watch while he would suture, and teach us what we were able to understand at a young age. I am very fortunate to have been exposed at such an early age to what I consider to be the most meaningful career I could pursue. Every minute of my time and every bit of energy I spend to become a more knowledgeable and practiced physician is for the betterment of the people that will entrust me with their medical care. I do not take this trust lightly, so I make it my intention every day to continue to earn the trust of patients and colleagues alike.

Why I Chose Cincinnati

During my interview at the University of Cincinnati I felt that this was a place that I could best be challenged to grow as a physician each and every day. Between the faculty, residents, and fellow interviewees I additionally felt that I would be surrounded by others with great ambition and would be pushed to excel as a physician. The city of Cincinnati has always held a special place in my heart. My father grew up in this city, and when I was a kid we would make many trips down from Columbus to visit family and go to Reds or Bengals games.

Sneha Sharma– Categorical



Medical School

University of North Texas Health Science Center at Fort Worth/Texas College of Osteopathic Medicine

Undergraduate School

Cornell University
BS Biology with a concentration in Neuroscience and Animal Behavior

Representative Publication/Presentation

Fiziev, P., Akdemir, K.C., Miller, J.P., Keung, E.Z., Samant, N.S., **Sharma, S.**, .. Rai, K. (2017). Systematic epigenomic analysis reveals chromatin states associated with melanoma progression. *Cell Reports*, 19(4), 875-889.

Rai, K., Akdemir, K.C., Kwong, L.N., Fiziev, P., Wu, C., Keung, E.Z., **Sharma, S.**, .. Chin, L. (2015). Dual roles of RNF2 in melanoma progression. *Cancer Discovery*, 5(12), 1314-1327.

Dua, A., Furlough, C. L., Ray, H., **Sharma, S.**, Upchurch, G. R., & Desai, S. S. (2014). The effect of hospital factors on mortality rates after abdominal aortic aneurysm repair. *Journal of Vascular Surgery*, 60(6), 1446-1451.

Dua, A., Dua, A., Axelrad, J. B., **Sharma, S.**, & Weigelt, J. A. (2013). Appropriate antibiotic prescribing for patients with community acquired (CA) methicillin resistant staphylococcus aureus (MRSA). *Journal of Surgical Radiology*, 4(1), 24-27.

Representative Posters

Haili Su, Bin Zhang, Karla P. Mercado-Shekhar, **Sneha Sharma**, Kevin J. Haworth. 2018. Modulating the partial pressure of oxygen using acoustic droplet vaporization. American Institute of Ultrasound in Medicine Annual Conference.

Sneha Sharma, Albert Yurvati, Thomas Chow. 2016. A Novel Application of the Chimney Split Spinous Process Sublaminar Decompression Technique for Gross Total Resection of A Spinal Myxopapillary Ependymoma. 60th Annual Texas Osteopathic Medical Association Mid-Winter Conference. Awarded Best Case Report.

Sneha Sharma, Anahita Dua, Courtney Furlough, Hunter Ray, Gilbert R. Upchurch Jr, Sapan S. Desai. 2015. Effect of Hospital Factors on Mortality Rates after Abdominal Aortic Aneurysm Repair. UNTHSC Research Appreciation Day.

Sneha Sharma, James Doan, Amanda Nguyen, Noah Jouett, Susan Franks, Michael Smith. 2015. The Impact of State-Trait and Perceived Anxiety on Stress Physiology. UNTHSC Research Appreciation Day.

Sneha Sharma, Anahita Dua, SreyRam Kuy, Gilbert R. Upchurch Jr, Sapan S. Desai. 2014. Mitigating Mortality in Abdominal Aortic Aneurysmal Disease Through the Use of a Risk Register: Indications for EVAR vs. Open Repair. Vascular Annual Meeting of the Society for Vascular Surgery

Languages Spoken

Hindi

Hobbies

Hot yoga, reading autobiographies, fiction, and self-improvement books, and gardening.

Personal Statement

As a young girl growing up in India, I always accompanied my parents to their volunteering events. Through example, my parents had taught me to always provide for the vulnerable through service. My fondest childhood memories are from cooking for the local Mother Teresa Home residents, playing cards with the elderly at an old age home, drawing henna tattoos to fundraise for female literacy programs and running around colorful markets to buy shawls for the homeless during winter. I had never felt more joy than to be of help to all these people. One day, while at a temple, my parents and I happened to find a young orphan suffering from perforated appendicitis. When we took him to the hospital, I could not help but be in awe of the physician who recognized his symptoms and treated him pro-bono. Not only did he save the orphan's life, but also promised to cover his admission into a teaching institution. I felt a compelling urge to be a kindred spirit and dedicate myself to medicine.

Why I Chose Cincinnati

Dr. Warm sealed the deal for me! I remember attending one of his Grand Rounds presentations about methods of learning and retaining information and having my mind blown! I incorporated his suggestions into studying for my next board exam and reaped the benefits almost immediately. Not only was the process less daunting than I had imagined, but I was also able to recall random facts and key associations on test day, thanks to Dr. Warm's pointers. If one hour of his knowledge could help me so much, I couldn't fathom the potential of three years!! I knew UC was the right choice for me and am so excited I get to train here.

Steven Shaw- Categorical



Medical School	Creighton University School of Medicine
Graduate School	Creighton University Graduate School MS Clinical Anatomy
Undergraduate School	Creighton University BS Emergency Medical Services Bismarck State College AAS Paramedic Technology Trinity Bible College AA General Studies

Hobbies

Crossfit, camping, mountain biking, running, star gazing with a telescope, geocaching, science fiction novels, still-life drawing, video games, wrestling with my two little girls.

Personal Statement

One patient that comes to mind is a woman with multiple co-morbidities who was admitted to the ICU for altered level of consciousness, status post femoral neck surgery, due to a ground-level fall. Throughout the week she was in our care, her condition continued to decline, requiring intubation, a chest tube, vasopressors, and various medications. Her family was faced with the difficult decision of whether they would allow her to succumb to her injuries or continue to do everything possible to keep her alive despite the very real possibility of a poor quality of life. In spite of the medical and emotional challenges of this case, I consider myself fortunate to have been a part of this process. Patients and their families need excellent medical care and they also need physicians who are willing to assist and coach them through some of the most difficult times of their lives. I want to be that type of physician; solving the diagnostic riddles while engaging with patients and families in a manner that improves the quality of life for everyone I encounter.

Why I Chose Cincinnati

I chose the University of Cincinnati after meeting the incredible and personable leadership, seeing the breadth and complexity of learning opportunities, while being in an environment that is comfortable to grow as I evolve into a physician. Cincinnati is a place that will help me develop into both the person and doctor I wish to be- compassionate, intelligent, skilled, and experienced.

Gordon Shott- Categorical



Medical School

University of Cincinnati College of Medicine

Graduate School

Columbia University Mailman School of Public Health
MPH Epidemiology

Undergraduate School

University of Michigan
BS Brain, Behavior, & Cognitive Science

Representative Publication/Presentation

Wierbracht N, He S, Cotton C, Meinzen-Derr J, Shott G, Smith D, McConnell K, Ishman S. Polysomnographic Oxygen Saturation Findings for School Age versus Teenage Children. *Otolaryngology- Head and Neck Surgery*. 2018; 158:187-193

Manickam V, Shott G, Heithaus D, Shott S. Hearing loss in Down Syndrome Revisited- 15 years later. *International Journal of Pediatric Otorhinolaryngology*. 2016; 88:203-207

Shott G, Fenton M, Keyes K, Grant B, Hasin D. "The Role of Childhood Maltreatment and the Interaction of Gender in the Development of DSM-IV Drug Use Disorders in US Adults". Oral Presentation at: NIH U01 Grant Annual Meeting; August 2013; New York, NY.

Languages Spoken

Spanish

Hobbies

Watch collecting, vintage posters & lithographs, independent film, live music.

Personal Statement

Growing up as the son of a physician, I was exposed to medicine at a very young age. Along with that was a strong work ethic and sense of responsibility instilled by both my parents. While I was never pressured to pursue a career in medicine, my mom had a profound impact on my desire to become a physician. Some of my earliest childhood memories entailed seeing patients with her in clinic. I can remember seeing her treat her patients as if they were her own children. At the time, it was nothing more than watching my mom do her job. Now, as I look back on those memories, I view them as the early building blocks for the principles of patient care and advocacy that I now possess as a future physician.

Why I Chose Cincinnati

The city of Cincinnati is such a tremendous place and I take great pride in my Cincinnati roots. As a medical student at UC, I was able to work alongside the amazing residents, fellows, and Attendings that serve as the foundation for this great internal medicine department. The camaraderie amongst residents is contagious and makes the program feel like a family. The internal medicine department at UC is an innovative and forward-thinking program. The future of this program and city is so bright and I am truly honored to be a part of it.

Robert Sibilia - Categorical



Medical School

University of Cincinnati College of
Medicine

Graduate School

University of California
MS Bioengineering

Undergraduate
School

The Ohio State University
BS Bioengineering

Representative Publication/Presentation

Robert Sibilia, Sangita Kapur, Christy Holland. *Matlab Simulation of Chest Ultrasound Fields*. Abstract and poster presented at 2015 University of Cincinnati Fall Research Symposium, Cincinnati, Ohio. Oct, 2015.

Hobbies

Watching college football, running, swimming, recreational sports leagues, and playing violin/guitar.

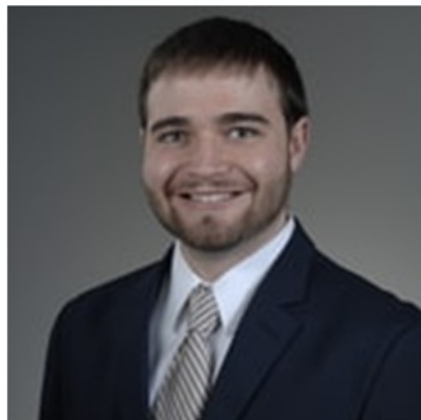
Personal Statement

I studied bioengineering in college, ultimately earning a master's degree in this field. The year before medical school, I led an engineering team in designing a Bluetooth stethoscope for *Eko Devices*, a technology company in Berkeley, California. I modeled, built, and tested the stethoscope to ensure it had the features and quality necessary for physical exams. I presented the device to doctors, investors, and media at large conferences to demonstrate its features and potential impact. My role at the interface between the engineering team and physicians allowed me to appreciate the power of cross-disciplinary teams in healthcare. This experience helped inspire my journey into medicine so that I would be able to use tools like this stethoscope to directly help patients.

Why I Chose Cincinnati

I went to Cincinnati for medical school and loved my medicine rotations, especially my acting internship during 4th year. On interview day I was even more impressed by the program- especially the emphasis on resident education, patient centeredness, and continuity of care. The research and innovation in medical education at UC shows their commitment to the residents and improvement of the program.

Patrick Sullivan - Categorical



Medical School

The University of Toledo

Undergraduate
School

University of Dayton
BS Pre-Medicine

Representative Publication/Presentation

Presented "Treatment of Chronic Cutaneous Sarcoidosis with Apremilast, a Case Report" at the Ohio Dermatologic Association annual meeting 2017

Hobbies

Biking, hiking, snowboarding, cooking, and playing sports.

Personal Statement

For many patients, the skin manifestations were their most concerning symptoms or the reason they presented to the physician. The subtle differences in presentations and the wide variety of the differentials made diagnosing these diseases an interesting challenge that I have come to enjoy. Skin diseases present in all types of patient populations, from erythema toxicum in neonates to ulcerated basal cell carcinoma seen in geriatrics. Practicing Dermatology would allow me to care for a wide patient population with diverse disease pathology. The complex medical differentials and the procedural basis of Dermatology gives it all the ingredients to keep me satisfied over a long career in medicine.

Why I Chose Cincinnati

The unique variety of opportunities offered by the University of Cincinnati IM program and the flexibility offered by the program made it an ideal place to complete my preliminary year. Friends from Cincinnati have always raved about the city and I am excited to move to the area.

Kelly Thomas- Categorical



Medical School

USF Health Morsani College of
Medicine

Undergraduate School

Vanderbilt University
BE Biomedical Engineering

Representative Publication/Presentation

Thomas K., Magdaleno T., Shah S. (March, 2018). *Retrospective Study: Assessing Incidence of Post Endoscopic Retrograde Cholangiopancreatography Pancreatitis Following a Negative Study to Analyze Potential Benefits of Pre-Screening*. Oral presentation presented at: Lehigh Valley Health Network; Allentown, PA.

Hobbies

Oil painting, yoga, running, and cooking.

Personal Statement

“Her husband doesn’t want to care for her anymore. He’s too afraid of her,” was the case manager’s curt explanation for why, despite the patient’s full mental capacity and limited functional impairment, she had nowhere to go and no one who wanted to care for her. This patient suffered from rapid eye movement (REM) sleep behavior disorder secondary to Parkinson’s disease. She had no recollection of her actions while she slept: screaming, fighting, and threatening those around her. Now I, a third year medical student, had to break the news to her that her husband could no longer care for her. This moment was the first of many which helped me understand that, to excel as an internist, one needs not only the technical skills of formulating evidence-based plans founded on differential diagnoses and communication between medical departments, but also the ability to compassionately guide and educate patients about situations that may instantaneously alter their life perspective.

Why I Chose Cincinnati

While on the interview trail, UC stood out to me because of the people. Everyone on my interview day was welcoming and fun. Not only this, but also the residents’ camaraderie and enthusiasm for UC’s program was evident. I love how UC’s program goes above and beyond to ensure that physicians reach their career goals, while never forgetting about the patient. UC’s patient-centered program allows its physicians to develop into compassionate, caring individuals that I am happy to call my colleagues, friends and family.

Daniel Trotier – Categorical



Medical School

University of Cincinnati College of
Medicine

Undergraduate
School

University of North Carolina
BS Biology, BA Chemistry

Representative Publication/Presentation

Richmond CA, Shah MS, Deary LT, **Trotier DC**, Thomas H, Carlone DL, Breault DT. Dormant Intestinal Stem Cells Are Regulated by PTEN and Nutritional Status. *Cell Reports*. 2015; 13(11): 2403-2411.

Gracz AD, **Trotier DC**, and McCann JV. Investigating a role for *Sox4* in the intestinal epithelium. 2013 Opportunities, Challenges, and Resources in Regenerative Medicine Symposium, UNC School of Medicine/NCSU Center for Comparative Medicine and Translational Research, Raleigh, NC.

Languages Spoken

French

Hobbies

Breakfast/brunch, cooking, water polo, working out, hiking, and traveling.

Personal Statement

Outside of my research and clinical experiences, growing up in a family devoid of medical professionals was essential in shaping the future physician I hope to become. As a kid, I remember the visceral fear I would experience when I heard that someone was “in the hospital”. Much of this fear stemmed from confusion about what was going on, and not understanding the medical terminology the physicians were using. Between trying to explain to my family what I do every day and tutoring throughout my undergraduate and medical school education, I have honed my communication skills and excel at simplifying concepts. During residency, I can’t wait to put these skills to use, educating patients about their conditions to help them feel safe, cared for, and empowered to manage their conditions.

Why I Chose Cincinnati

The reason I chose Cincinnati is 100% because of the people. The residents here were tighter than anywhere else I interviewed and it was the type of work family I was looking for. I also found great role models here, the senior residents and chiefs were amazing leaders and exactly the type of doctors I hope to be some day.

Christina Vojtek- Categorical



Medical School

Drexel University College of Medicine

Undergraduate
School

Mercyhurst University
BS Biology

Languages Spoken

French

Hobbies

I enjoy playing tennis and the flute, swing dancing, reading, and spending time with friends and family. I am also a very passionate Pittsburgh sports fan.

Personal Statement

My passion for medicine stems from the joy I find spending time with patients and learning their stories. I engaged with people from a wide variety of backgrounds, from a man who owned vineyards to a woman visiting from Alaska. I met people who struggled with addiction, abuse, and depression. These experiences taught me to pay extra attention to each patient's mental health in addition to his or her physical health in order to fully understand and treat him or her. Each story was unique and ultimately shaped the way the person viewed his or her situation.

Why I Chose Cincinnati

I was really attracted to UC's initiatives focusing on patient-centered care and the program's innovative approach to residency training. In addition, I was happy to find a program that is so dedicated to wellness and is resident-focused.

Kaitlyn Stein-Weinert- Categorical



Medical School

Charles E. Schmidt College of Medicine
at Florida Atlantic University

Undergraduate
School

Hamilton College
BA Chemistry and Mathematics

Representative Publication/Presentation

Lu Y, Zhang L, Liao X, Sangwung P, Prosdocimo DA, Zhou G, Vortruba AR, Brian L, Han YJ, Gao H, Wang Y, Shimizu K, Weinert-Stein K, Khrestian M, Simon DI, Freedman NJ, Jain MK. Journal of Clinical Investigation. Kruppel Like Factor 15 is critical for vascular inflammation. 2013, Oct; 123(10): 4232-4241. Cited in PubMed; PMID: 23999430.

Weinert-Stein K, Karl M, Santino A. EC Pharmacology and Toxicology. The Evolution of Digoxin in Heart Failure and Atrial Fibrillation: An update in role, dosing, and toxicity. 2017, Jul.

Hobbies

Drinking coffee, running, strength training, tennis, outdoor activities, anything in the sun.

Personal Statement

It's 8:30 pm. The back door to the kitchen opens and the buzz of our parents rambling of patients, images, and diagnoses fill our house. This is our cue. My siblings and I mobilize, heating up store-bought rotisserie chicken to the familiar song of our parents taking turns unloading cases in rapid fire, continuing without pause through dinner. The nightly debriefs were always fun to witness: a duet of rheumatology, compliments of my father, and pediatric radiology, compliments of my mother. Both diagnostically oriented, my father's were highlighted by his relationships with long time patients and their psychosocial issues, while my mother's were focused on imaging findings made in a dark reading room and her short one-time interactions with families. They playfully jabbed at each other's stories, always at the end announcing how thankful they were to be in their respective specialties. And so, every night I had a seat at the kitchen table where I watched the comparison of direct and indirect patient care, complete with commentary.

Why I Chose Cincinnati

My choice to attend Cincinnati was based on an immediate gut feeling. I loved Dr. Warm's presentation, and every person- faculty, staff, and resident - was extremely nice. The program was innovative while still being resident-oriented, and I loved the guiding values. Having grown up in Cleveland, it was also great to be able to come back to the midwest. As such, I knew Cincinnati was the right place for me.