Welcome Mikela Alzamora!

Patricio and his wife welcomed Mikela to the world on 10/10/2017 at 4:13pm!

Congratulations on your engagement!

Rita Schlanger is now engaged! Congrats to you and Chase!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback
NR Review with the Co-chief

Orange team had a patient with an uncommon condition (TTP) that also presented uncommonly (abdominal pain). A recent publication in Blood reviewed thrombotic thrombocytopenic purpura (TTP). "It is a rare and life-threatening thrombotic microangiopathy characterized by a microangiopathic hemolytic anemia, severe thrombocytopenia and organ ischemia linked to disseminated microvascular platelet-rich-thrombi. TTP is related to a severe deficiency in ADAMTS13, the specific von Willebrand factor-cleaving protease. Today, the historical clinical pentad ‘fever, thrombocytopenia, microangiopathic hemolytic anemia, neurological symptoms, renal insufficiency’ that used to define TTP appears obsolete as several cohort studies have clearly demonstrated that these 5 symptoms were present in <10% of patients with an acute TTP. The almost constant signs of TTP remain the severe thrombocytopenia (typically <30k) and the microangiopathic hemolytic anemia characterized by schistocytes on the blood smear" (>5 schistocytes per HPF). “In our case, the patient had 2 of the historical pentad and <5 schistocytes per HPF. Recent publications from The Lancet detailed the “PLASMIC score—a diagnostic tool to stratify patients with thrombotic microangiopathy according to their risk of having severe ADAMTS13 deficiency. These studies have shown that this scoring system is superior to standard clinical assessment in addressing the diagnostic challenge presented by thrombotic microangiopathy. Its use, together with clinical judgment, may facilitate treatment decisions in patients for whom timely results of ADAMTS13 activity testing are unavailable.” In our patient, PLASMIC score was 6, suggesting high risk of severe ADAMTS13 deficiency. The first-line therapy for acute TTP is based on daily therapeutic plasma exchange supplying deficient ADAMTS13, with or without steroids. The review article from Blood is linked here: Joly, Bérangère S., et al. “Thrombotic Thrombocytopenic Purpura.” Blood, vol. 129, no. 21, 2017, pp. 2836–2846., doi:10.1182/blood-2016-10-709857. Additionally, here is a link to a NEJM review article for thrombotic microangiopathy: George, J. N., & Nester, C. M. (2014). Syndromes of thrombotic microangiopathy. The New England Journal of Medicine, 371(7), 654-66.

PLASMIC score
A new scoring system was developed to predict ADAMTS13 deficiency. Five independent variables were identified as highly predictive by multivariable regression (listed on left). Two additional variables (cancer history and hematopoietic stem cell transplant or solid-organ transplant) were included in the model because of their high negative predictive value. It was validated in two different cohorts, and when used in conjunction with clinical evaluation may help to quickly diagnose new TTP patients.

Ridgeway Low-Acuity Unit Going Live!!

Starting TODAY you can place a Consult order for a Ridgeway Medicine Transfer in order for your patients to be assessed for possible transfer to this unit. These patients will be evaluated by the GIM Consult Attending to determine if they are appropriate candidates for Ridgeway. Please make sure to share a Discharge Summary. And remember, this is a TRANSFER and NOT a Discharge.

Patient Requirements:
- Low medical needs
- On IM team (incl subspecialty)
- Potential complex barriers to discharge

Not eligible:
- Hospice
- Observation < 3 days
- From MSD or ICU
- Need of sitter

Interested in an International Rotation?

All PGY1s (cats & med-peds) need to email Caroline Lee at leecn@ucmail.uc.edu if they are interested in global health and want to go abroad in 2019-2020.

CHA Dinner
When: Tuesday, 10/17 at 5:30 pm.
Where: Mark Brown Library MSB 6th flr
What: We will discuss module 3 from Caring with Compassion.
A 19yo female presents to the ED with abdominal pain and is found to have intussusception on imaging. Her skin exam is also significant for the lesions shown here, mostly on her lips, oral mucosa, palms, and soles. What is the etiology of the intussusception, her diagnosis, and what is she at risk for in the future?

Congrats to Steve Summers for recognizing Wellen’s syndrome in the EKG shown below. Theresa Caya and Dan Tim were also correct but a few seconds behind. Better luck next time!
**Weekend To-Do!**

**Friday:** Blink, 7-11 p.m. Friday-Sunday, Downtown. Art experience of light, street art, murals and live performance spread across 20 blocks of Downtown from The Banks to Findlay Market. Free. 513-579-3100; www.blinkcincinnati.com.

**The Music of John Williams: Star Wars and Beyond,** 8 p.m. Friday-Saturday, 2 p.m. Sunday, Music Hall, 1241 Elm St., Over-the-Rhine. Greatest hits, from Star Wars, Jurassic Park, Indiana Jones, Harry Potter to world premiere of theme from Schindler's List adapted for cello and orchestra, offered personally by John Williams. 513-381-3300; www.cincinnatipops.org.


**Cinema in the Cemetery: Hocus Pocus,** 8 p.m., Linden Grove Cemetery, Holman St. between 13th and 15th streets, Covington. Family-friendly films begin at dusk, weather permitting. Bring own seating and picnic. Ages under 16 must be accompanied by adult. Free. friendsofpeaselburg@gmail.com.

**Drinking About Art: The Banksy Debate,** 7:30 p.m., The Carnegie, 1028 Scott Blvd., Covington. 2 artists humorously debate merits and mystique of Banksy. Includes 1 complimentary drink. $21, $18 students. Reservations required. 859-957-1940; www.thecarnegie.com.

**Saturday:** Cincinnati Cyclones Hockey, 7:35 p.m., U.S. Bank Arena, 100 Broadway, Downtown. vs. Wings 800-745-3000; www.cycloneshockey.com.


**Sunday:** Paw Joggers Rescue Run, 8:30 a.m.-noon, Sharon Woods, 11450 Lebanon Road, Sharonville. Chip-timed 5K run/walk or 2K walk. Both courses with or without well-behaved dog. All ages. Prizes for 5K. Benefits 35 local animal welfare organizations. $35, $25, $15. Registration required. 513-521-7275; pawjoggersrescuerun.com.

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**SHOUT OUTS!!!**

- To **Yellow team** for having the most discharge orders in by 9AM
- To **Orange team** for having the most DB11’s (on colored teams) over the past 2 weeks
- To **Brian Shaw** and **Rhea Rubin** for delivering optimal care despite sub-optimal circumstances, handling a curve-ball with grace, and maintaining such a great attitude!
- To **Emily Neaville** for supplying the above residents with a means to drown their sorrows!
- To **Dr. Awosika** for very thoughtful and focused feedback from a grateful night float intern.
- To **Josh Necamp** for donating to the attending candy fund as a fellow!!
- To the **night float teams** who provided excellent care despite a VERY busy night!
- To **Javy** for picking up the slack while I was gone and crushing last week’s Scoop!