Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool.

The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback
DRESS is a rare, potentially life-threatening drug hypersensitivity syndrome. Manifestation latency is typically 2-6 weeks after initiation of causative agents. The most common culprit drugs are anticonvulsants (including phenytoin, carbamazepine and lamotrigine), allopurinol, and antimicrobials (including sulfonamides, cephalosporins, and penicillins).

Suspect DRESS in a patient with a drug exposure latency as above and common clinical manifestations including morbilliform skin rash (figure 1), eosinophilia or atypical lymphocytes, lymphadenopathy, and systemic organ involvement [eg – hepatitis (60-80%), nephritis, pneumonitis, myocarditis, etc]. No validated standard for diagnostic confirmation exists, but scoring systems based on diagnostic criteria include the European Registry of Severe Cutaneous Adverse Reaction (RegiSCAR) criteria (figure 2).

DRESS syndrome must be recognized promptly and the causative drug withdrawn. Mortality risk is about 10%, with most deaths due to hepatic necrosis or secondary sepsis. Prognosis improves with early withdrawal of the causative agent. Treatment is largely supportive and symptomatic. Evidence regarding effectiveness is limited and mostly based on expert opinion. Topical steroids and oral antihistamines can alleviate cutaneous symptoms. Corticosteroids (PO prednisone 0.5-2mg/kg/d) are often used. Other immunosuppressants, such as cyclosporine or IVIG, may also be required. Patients should be educated about strict avoidance of the offending drug as well as cross-reacting drugs.

Resources:
Dynamed – DRESS
Uptodate – DRESS
Do you know.. How to Call a Code Stroke

The standard of care for acute stroke has rapidly changed in the last few months with highly impactful treatment options; we now have evidence for proven reperfusion therapies up to 24hrs from onset (including wake up strokes) in selected patients.

If you suspect a stroke in one of your patients, please do the following:

1. Obtain a **STAT CT** head WO contrast (indication: acute stroke) AND a **CTA** head and neck.

2. Discuss with the **Stroke Team** immediately (ask the **Operator** to page them, OR dial the number listed on the **Red Card**—844-7686). Make sure you have the following info:
   - Name & MRN
   - Age and Brief PMHx
   - Last known well time

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Are you interested in an international rotation?

You must contact Caroline Lee!
Email: leecn@ucmail.uc.edu
Phone: 513-300-6526

Opioid Shortage!

There is a critical shortage of IV dilaudid. Please remember to:

- Switch to oral meds as soon as patients are tolerating PO
- Consider IV morphine in lieu of dilaudid
- If a patient consistently needs IV pushes of dilaudid, consider a dilaudid PCA

Residency Website!

Interested in discussing the creation of an easily accessible website for the residency program? Fill out the doodle by CLICKING HERE!

Medical Trivia

A 49yo man is seen in clinic for a 1yr history of progressive headaches; his MRI is shown. Neuro exam is normal, but he has multiple blue nodules on his skin. What is the diagnosis?

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Congrats to Jay Conhaim—he was the first to identify **erythema gyratum repens** in this long term tobacco user—this skin finding is often associated with malignancy (especially lung cancer). Joanna Marco was just a few minutes behind. Read more about it here!
Weekend To-Do!

**Friday:** Appalachian Festival, 9 a.m.-9 p.m. Friday, 10-9 p.m. Saturday, 10-6 p.m. Sunday, Coney Island, 6201 Kellogg Ave., Anderson Township. Dancing, food, music, storytelling, crafts, demonstrations and education. $10, $5 ages 55-up, $2 ages 2-12, free ages under 2. 513-232-8230; appalachianfestival.org.

**Cincinnati Guitar Festival**, 8 p.m.-midnight, Madison Theater, 730 Madison Ave., Covington. Featuring Doug Hart, Marcos Sastre, Jimmy D Rogers, Chuck Sullivan, Johnny Fink, Brad Myers, Brian Tarter, the Scotty Bratcher Band and more. Ages 18 and up. Benefits Play It Forward. $20, $15 advance. pitfinc.org.

**Women's Junior Olympic National Championships**, 8 a.m.-6 p.m. Friday, 8 a.m.-10 p.m. Saturday-Sunday, Duke Energy Convention Center, 525 Elm St. Gymnasts vie to become Junior Olympic national champions in all-around, as well as in all 4 events: vault, uneven bars, balance beam and floor exercise. $50, $25, $10 Friday only. jonationals.com.


**Brahms + Beethoven**, 11 a.m. Friday, 8 p.m. Saturday, Music Hall, 1241 Elm St., OTR. Beethoven’s jubilant Symphony No. 7, Schumann’s Die Braut von Messina (The Bride of Messina) and Brahms’ romantic Violin Concerto, featuring violinist James Ehnes. 513-381-3300; cincinnatisymphony.org.

**Saturday: Asian Food Fest**, noon-10 p.m. Saturday, noon-8 p.m. Sunday, Washington Park, 1230 Elm St., OTR. Celebrates culture and cuisine from Asian countries. Live entertainment, local craft and Asian beer, fun family activities, and small plates of food priced from $2-$6. Free admission. 513-549-5036; asianfoodfest.org.


**Sunday: School of Rock Mason Tribute to The Killers and Muse**, 7 p.m., 20th Century Theater, 3021 Madison Road, Oakley. All ages. $8, $6 advance. 513-770-1257; cincyticket.com.

**SHOUT OUTS!!!**

- To Sig Hartnett and his expanding family!
- To Nedhi Patel and Anuj Shukla who had their “official” engagement ceremony last weekend!
- To Kelly Baumgarth, the student assistant to the IM office, who is now back from her co-op!
- To Bo Franklin for his skills with handling difficulty family situations and delivering bad news in a professional manner.—from an impressed attending!
- To Patricio Alzamora for helping out his colleagues last week!
- To Felix Guerra for doing a great job! - from a grateful attending
- To Andrew Welch for attending improvement group meetings despite being on nights!
- To Rita Schlanger for attending meetings despite being on vacation.
- To Ian Bakk for completing great med recs!