Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback
Per 2011 guidelines published in Annals of Internal Medicine, ACP, ACCP, ATS, and ERS recommend that clinicians should prescribe continuous oxygen therapy in patients with COPD who have severe resting hypoxemia (PaO$_2$ 55 mm Hg or SpO$_2$ 88%) (Grade: strong recommendation, moderate-quality evidence).

The first step in evaluation for oxygen therapy is spirometry with an FEV$_1$ <35% predicted as an initial threshold. The next step is involves resting arterial PO$_2$ <55mmHg or oxygen saturation values (SpO$_2$) <88%, which should be repeated and confirmed twice over a 3-week period. A 6-minute walk test should be performed to assess and titrate oxygen levels with activity. The use of ambulatory oxygen is not supported for patients who do not meet the selection criteria.

Published in NEJM 2016, the Long-Term Oxygen Treatment Trial (LOTT) set out to understand the efficacy of supplemental oxygen in patients with stable COPD and resting or exercise-induced moderate desaturation.

The trial enrolled 738 patients who had stable COPD with moderate resting desaturation (SpO$_2$ 89–93%) or moderate exercise-induced desaturation. Moderate exercise-induced desaturation was defined during a 6-minute walk test whereby patients met enrollment criteria for SpO$_2$ <90% for ≥10 seconds or SpO$_2$ ≥80% for ≥5 minutes. Patients were randomly assigned to the treatment (supplemental O2) vs control groups (no O2). In the treatment arm, patients with resting desaturations were prescribed 24-hr oxygen whereas those with exercise-induced desaturations were prescribed oxygen during exercise and sleep.

Patients were followed for 1-6 years. Analysis found no significant difference between the supplemental O2 group and the no-supplemental-O2 group in the time to death or first hospitalization, nor in the rates of all hospitalizations, COPD exacerbations, and COPD-related hospitalizations. The researchers found no between-group differences in measures of quality of life, lung function, and the distance walked in 6 minutes.

Source:

Resident Olympics Continue!
Below are the current standings as of today!

1st Place 40pts Silver Snakes
2nd Place 39pts Orange Iguanas
3rd Place 31pts Green Monkeys
4th Place 23pts Red Jaguars
5th Place 13pts Blue Barracudas

<table>
<thead>
<tr>
<th>Team</th>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Silver Snakes</td>
<td>1st</td>
<td>40</td>
</tr>
<tr>
<td>Orange Iguanas</td>
<td>2nd</td>
<td>39</td>
</tr>
<tr>
<td>Green Monkeys</td>
<td>3rd</td>
<td>31</td>
</tr>
<tr>
<td>Red Jaguars</td>
<td>4th</td>
<td>23</td>
</tr>
<tr>
<td>Blue Barracudas</td>
<td>5th</td>
<td>13</td>
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</tbody>
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Do you know your team?
More importantly, have you picked up your swag??
And don’t forget about penny wars!

OLYMPIC TEAMS

<table>
<thead>
<tr>
<th>Blue Barracudas</th>
<th>Silver Snakes</th>
<th>Green Monkeys</th>
<th>Red Jaguars</th>
<th>Orange Iguanas</th>
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</thead>
<tbody>
<tr>
<td>Tim Reed</td>
<td>Danielle Clark</td>
<td>Monique Jindal</td>
<td>Javier Baez</td>
<td>Rita Schlanger</td>
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<tr>
<th>Brobst, Chandler</th>
<th>Chona, Deepika</th>
<th>Cruz, Max</th>
<th>Devangum, Suhas</th>
<th>Doers, Matt</th>
<th>Doshi, Amar</th>
<th>Ehrman, Sarah</th>
<th>Girgla, Saavia (VA)</th>
<th>Guerini, Marc</th>
<th>Harris, Elise</th>
<th>Hartnett, Sig (VA)</th>
<th>Hood, Natalie</th>
<th>Jameson, Josh</th>
<th>Kenny, Caitlyn</th>
<th>Lewis, Luke</th>
<th>Marco, Joanna (VA)</th>
<th>Merriman, Scott</th>
<th>Niu, Alex</th>
<th>Palmer, Ned</th>
<th>Rhodes, Jesse</th>
<th>Rubin, Rhea</th>
<th>Sharma, Akshita</th>
<th>Thompson, Jillian</th>
<th>Tim, Daniel</th>
<th>Wehry, Annie</th>
<th>Young, David (VA)</th>
<th>Ziegler, Joseph</th>
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25yo F presents with cardiac arrest. The following is shown on coronary angio. PMHx unknown, but her friend states she has taken prednisone everyday for the past 4yrs for some disease she can’t remember.
**Weekend To-Do!**

**Friday:** Cincinnati International Wine Festival Grand Tastings, 6:30-9 p.m. Friday, 2:30-4:30 p.m. and 6:30-9 p.m. Saturday, Duke Energy Convention Center, 525 Elm St., Downtown. Third floor ballroom. Winery dinners at areas finest restaurants, sample over 700 wines from around world at grand tastings and bid on rare and exciting auction items. Ages 21 and up. Benefits Supports 36 local charities. $65-$85. winefestival.com.

Cirque de la Symphonie, 8 p.m. Friday-Saturday, 2 p.m. Sunday, Music Hall, Over-the-Rhine. High-flying heroics paired with epic music from Phantom of the Opera, Batman and more. 513-381-3300; cincinnatipops.org.

David Bowie Tribute, 9 p.m., Urban Artifact, 1660 Blue Rock St., Northside. With tribute artists Starman and Suncruiser. $10. 513-620-4729; artifactbeer.com.

Disney On Ice, 7 p.m. Friday, 11 a.m., 3 and 7 p.m. Saturday, 1 and 5 p.m. Sunday, U.S. Bank Arena, 100 Broadway, Downtown. Extraordinary lineup of Disney stories come to life in this family-friendly skating spectacular. $13-up.


St. Patrick’s Parade Day Events, 1-6:30 p.m., Irish Heritage Center of Greater Cincinnati, 3905 Eastern Ave., Columbia Tusculum. Music, dance, food, drink and kids’ activities. Doors open immediately after parade ends. Continuous entertainment 2:30-6:30 p.m. $7, $5 advance. 513-533-0100; irishcenterofcincinnati.com.

Cincinnati Rollergirls Home Opener, 6-9 p.m., Schmidt Memorial Fieldhouse, 3900 Winding Way, North Avondale. Doors open at 5 p.m. for double-header. $12. cincinnatirollergirls.com.

Laughs at Taft’s: Presidential Showcase, 7-10 p.m., Taft’s Brewing Co. Brewpourium, 4831 Spring Grove Ave., Northside. $5. 513-824-5506; bombsawaycomedy.com.

FC Cincinnati, 4 p.m., Nippert Stadium, University Heights. Cincinnati’s professional soccer franchise plays fast-paced European style futbol in United Soccer League. vs. Sacramento Republic. Friendly. $10-up. 513-556-2288; fccincinnati.com.

**Sunday:** Spring Avant-Garde Art and Craft Show, 10 a.m.-5 p.m., Oasis Golf Club and Conference Center, 902 Loveland-Miamiville Road, Loveland. Large show features artists and crafters selling original handmade items. Concession stand. Benefits Dragonfly Foundation. $3, free ages under 12. 513-583-8383; avantgardeshows.com.

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**SHOUT OUTS!!!**

- To **Taku Xu** and **Chandler Brobst** for their excellent care of patients on a very sick and full service.

- To **Rita Schlanger** and **Jonathan Caine** for crushing the Olympic Bake Off!!

- To **Daniel Tim** for his awesome team spirit during resident Olympics!

- To **Megan Caroway** for that one DB11. And her oh so fancy box of senior items.

- To **Chris Wood**, who “gave one of the best bedside presentations this R3 has ever seen!”

- To **Matt Doers**, **Reza Ghoorkhanian**, **Andrew Welch**, **Jillian Thompson**, **Kelsey Sparks**, and **Kamal Kassem** for helping out an attending with a QI project!

- To **Jessica Baez** and **Tim Murphy**, **Isaac Shaw**, and **Gerard Colmer**; they have been selected as EM chiefs for 2018-19. Congratulate them the next time you see them!

- To **Emily Neaville** for being a phenomenal patient advocate during a tough situation—from an appreciative hospitalist.

- To **Ashley Cattran** and **Syeda Ahmad** for helping a resident out with a formal presentation given to med students!