Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool.

The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback

Wes is moving on to bigger and better things—today was his last day in the UC IM office. We are so appreciative of how helpful you have been this year, especially us Chiefs!

Best of luck with what comes next!

Thank you for everything Wes!
ITE Roundup: Diagnosis and management of venous stasis ulcerations

Only 50% of you identified and correctly managed a venous ulceration on the last ITE! Below are some helpful hints and a great review article to help you better care for your patients!

Key features of VENOUS ulceration include:
- **Location**: most often on or near the lateral malleolus
- **Associated** with: stasis dermatitis OR chronic peripheral edema of any cause
- **On exam**: dermatitis, dark discoloration (postinflammatory hyperpigmentation), “woody” induration (lipodermatosclerosis), usually shallow ulceration
- **Treatment**: leg elevation, leg exercises, compression bandage (if arterial supply adequate), stockings, Pentoxifylline, ASA

Key features of ARTERIAL ulceration include:
- **Location**: lower extremities
- **Associated** with: peripheral atherosclerotic disease
- **On exam**: more demarcated, often painful; surrounding skin either white or erythematous; loss of leg hair.
- **Treatment**: revascularization, antiplatelet agents, risk factor management

Read more about it HERE!

Step 3 Reminder

Please note that GME states that everyone MUST complete Step 3 by the end of R2 year at the latest! Make sure you book your test date early!
Medical Pictionary brought to you by your future interns.

REMINDER
Help control the duty hours population (and Jillian’s sanity). Make sure your duty hours are entered and submitted every week!

Medical Trivia
First correct answer wins a $5 Starbucks gift card!

Congrats to Nikki Boschuetz for being the quickest to identify a venous stasis ulceration and the correct treatment! Check out our ITE Review on page 2 to learn more!
**Weekend To-Do!**

**Friday: Cincinnati Travel, Sports & Boat Show, 5-9:30 p.m. Friday, 11 a.m.-9:30 p.m. Saturday, 11 a.m.-5 p.m. Sunday, Duke Energy Convention Center, 525 Elm St., Downtown.** Boats, equipment, gear, seminars, guides, outfitters and more. Through Jan. 21. $12, free ages 12 and under with adult. $3 discount at Kroger with plus card. 513-797-7900; cincinnatiboatshow.com.

**James Conlon Conducts Mahler 1, 8 p.m. Friday-Saturday, Music Hall, 1241 Elm St., Over-the-Rhine.** May Festival Music Director Laureate James Conlon conducts Mahler’s epic Titan symphony and violinist Jennifer Frautschi performs Mozart’s Violin Concerto No. 3. 513-381-3300; cincinnatisymphony.org.

**Silent Cincy Dance Party, 9 p.m., Bogart’s, 2621 Vine St., Corryville.** At club, get headphones, choose tunes and dance at larges silent dance party of year. $20, $13 advance. 513-872-8801; bogarts.com.

**James Conlon Conducts Mahler 1, 8 p.m.**

**Waitress, 8 p.m. Friday, 2 and 8 p.m. Saturday, 1 and 6:30 p.m. Sunday, Aronoff Center for the Arts, 650 Walnut St., Downtown.** Jenna dreams of way out of small town and loveless marriage. Baking contest in nearby county might offer her chance at fresh start. Until Jan. 21. $30 and up. 800-294-1816; cincinnati.broadway.com.

**Cincinnati Cyclones Hockey, 7:30 p.m., U.S. Bank Arena, 100 Broadway, Downtown.** Twister Plush Giveaway. 800-745-3000; cycloneshockey.com.

**Saturday: Barrel-Aged Beer Bash, 7-9:30 p.m., Jungle Jim’s International Market, 5440 Dixie Highway, Fairfield.** Sample beer aged in barrels that once contained whiskey, tequila, rum and wine. $50, $15 non-drinker. Reservations required. 513-674-6000; junglejims.com.

**Bombs Away Comedy: Laughs at Taft’s, 7-10 p.m. (Featuring Mark Chalifoux.), Taft’s Brewing Co. Brewpourium, 4831 Spring Grove Ave., Northside.** New monthly comedy showcase. Happy hour pricing on beer all night with ticket. Ages 21 and up. $5. 513-824-5596; bit.ly/2Cj5YXP.

**Sunday: Art on Vine, noon-7 p.m., Rhinegeist Brewery, 1910 Elm St., Over-the-Rhine.** Art show featuring fine art and handmade goods for sale from 60+ local Cincinnati artists. Free admission. 513-208-9192; artonvinecincy.com.

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**SHOUT OUTS!!!**

- To **Michael Jerkins** for making it on TV to discuss the flu (assist from Dr Fichtenbaum). His family was very proud of Michael's TV debut. His wife commented that his beard was made for radio, not TV. His brother positively noted "nice cardigan!" If you're on UH wards, say hello to a freshly shaven Michael. We're proud of you!

- To **Marc Guerini** for giving a colleague a ride home after a long workday!

- To **Nedhi Patel** and **Andy Wells** for their great care of very ill patients during hectic VA nights. One attending noted that “they assess patients appropriately, write proper documentation, triage/escalate care accordingly, and call consultants whenever they are urgently needed!”

- To **Ashley Cattran** for stepping up during an AOD shift as an R2!

- To **Eric Neispodzany, Morgan, Kyle, and Ian Bakk**—they have had a busy run, but they wholeheartedly take care of patients. There was a patient with limb ischemia on a weekend. They were resourceful and had picc team perform an ultrasound showing no flow, called in vascular surgery who coordinated OR time/anesthesia on a Saturday, and patient got an embolectomy that night! Like a boss!