UH Weekly Calendar VA

2/19: CSF Leaks w/Dr. Samy
2/20: PEC with Dr. Warm!!
2/21: MGR: Islet Beta Cell Function in Diabetes
2/22: AHD: Neuro Exam
   Weesner: AKI
2/23: MM&I

Stop by the 6th Floor in MSB outside of Dr. Warm’s office to see the awesome collage Mara created of all of YOU!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool.

The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback
Diabetic foot infection (DFI) is the most common complication of diabetes mellitus (DM) leading to hospitalization. DFI is defined as soft tissue or bone infection below the malleoli. In general, diabetic wound develops from neuropathic ulceration. A wound becomes a DFI after colonization of pathogens and development of ≥2 classic findings of inflammation or purulence. Imaging is helpful in most DFIs; plain radiograph is recommended with new DFI (bone deformity, foreign body, gas formation). MRI is the gold standard to evaluate for tissue abscess or osteomyelitis.

Most DFIs are polymicrobial. Aerobic gram-positive cocci are the most common organism, predominantly staphylococci. MRSA is present in 10-32% if DFIs. Other common co-pathogens include aerobic gram-negative bacilli and obligate anaerobes (ischemic or necrotic wounds).

DFI is classified into mild (superficial and limited in size and depth), moderate (deeper or more extensive), or severe (accompanied by systemic signs or metabolic perturbations). Treatment is based on classification and severity. Mild infection treatment is with oral antibiotics in the outpatient setting. Select patients with moderate infections and all patients with severe infections require hospitalization to receive parenteral antibiotics, surgical consultation, and wound care. For most severe infections, IDSA recommends initial broad-spectrum antibiotics, pending culture results and antibiotic susceptibility data. Empiric therapy should include activity against streptococci, MRSA, aerobic gram-negative bacilli, and anaerobes. Empiric therapy directed at Pseudomonas aeruginosa is usually unnecessary except for patients with risk factors for true infection with this organism. Most DFIs require surgical intervention, ranging from minor (debridement) to major (resection, amputation). Wounds care with dressing and off-loaded of pressure, and patients need regular follow-up. An ischemic foot may require revascularization, and some nonresponding patients may benefit from selected adjunctive measures.

References:
Reminder!

Seniors—you MUST connect on UC bed board pages until 8pm.

Patients can be held for the night float team if they are called up after 7:30pm, but you should still get signout from the ED provider and see the patient to ensure they are stable. If there are barriers we are not aware of, please reach out to Javy or Danielle.

Mark your Calendar

The last day of residency for graduating R3/R4s is Thursday June 28, 2018.

For those on nights, your last shift will end the morning of June 29th.

Reza Ghoorkhanian has accepted the position of Chief Resident in Quality and Safety at the Cincinnati VAMC starting July 2019.

The Categorical Chief Residents of 2019-2020 include Leslie Applegate, Brendan Collins, Natalie Hood, and Gene Novikov. The Med Peds Chief Resident will be Wesley Dutton. Congratulations!
68yoM with Hx of remote EtOH abuse is admitted for AMS and somnolence; he is found to have an AKI with an elevated anion gap. His UA is shown under light microscopy. What is shown, what is the diagnosis, and what is a potential treatment?
Weekend To-Do!

Friday: Blues Traveler, 8 p.m., Bogart's, With Los Colognes. $33, $28 advance. 513-872-8801; bogarts.com.

Ravel's La Valse, 8 p.m. Friday-Saturday, Music Hall, 1241 Elm St., OTR. cincinnatisymphony.org.

Brink Brewing 1 Year Anniversary Bash, 4 p.m., Brink Brewing Co., 5905 Hamilton Ave., College Hill. Door prizes, live bands and lots of special beer releases. Benefits College Hill Community Urban Redevelopment Corporation. Free admission. 303-915-4314; brinkbrewing.com.

Love is Love: Cabaret of Broadway Songs About Love, 8 p.m. Friday, 5 and 8 p.m. Saturday, Aronoff Center, Fifth Third Bank Theater, Main and Seventh streets, Downtown. Broadway classics performed by Cincinnati Music Theatre's finest talent. Ticket includes cheese/fruit plate and 1 beverage. $25. 513-621-2787; cincinnatiarts.org.

Madagascar: A Musical Adventure, 7:30 p.m. Friday, 2 and 5 p.m. Saturday, Taft Theatre, 317 E. Fifth St., Downtown. Based on DreamWorks animated motion picture. By Children's Theatre of Cincinnati. $30, $25, $15, $10, $1 infant. 513-569-8080; thechildrenstheatre.com.


Sunday: In the Mood, 3 p.m., Aronoff Center, Procter & Gamble Hall, 650 Walnut St., Downtown. 1940s musical revue celebrates this particular generation with big band orchestra, singers and swing dancers. $33-$58. 513-621-2787; cincinnatiarts.org.

Art on Vine, noon-7 p.m., Rhinegeist Brewery, 1910 Elm St., Over-the-Rhine. Art show featuring fine art and handmade goods for sale from 60+ local Cincinnati artists. Free admission. 513-208-9192; artonvinecinyc.com.

SHOUT OUTS!!!

- To Mara Tobe for her amazing collage skills (see front page)!
- To Leila Borders ‘17 for setting up an amazing AHD on Art in Medicine!!
- To Ashley Cattran for helping out and seeing a colleague’s patient as they were behind in Hoxworth clinic. And she wasn’t even scheduled to be in clinic! #girlcrush
- To Akhil Kher and Bo Franklin for helping out two lost interns on Cardiology when their senior was off!
- To Matt Newcomb and his Orange teammates for having such a great attitude when the Chiefs supercapped their team!
- To Josh Jameson for consistently having exemplary senior-level bedside presentation, especially after 16hrs of night float—from a super impressed senior and co-intern!
- To Andrew Welch for presenting a bada** intern report that lead to a great diagnostic discussion. #spacing