UH Weekly Calendar

8/7: CHA
8/8: NR: Yellow
8/9: MGR: Kidney Disease
8/10: AHD: HTN
8/11: NR: H1 Intern

VA Ultrasound

8/7: Ultrasound
8/8: Code Sim
8/9: Weesner Prep: Review
8/10: Weesner Prep: Review
8/11: NR: Team 1

Happy summer!

Remember to squeeze in some reading however you can—the ITE will be here before you know it!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://www.med.uc.edu/intmed/residency/internal-medicine/residency-feedback
Resident Assembly

**WHO:** ALL RESIDENTS AND CHIEFS

**WHAT:** The chiefs will chat briefly about UH and VA wards improvement updates as well as possible considerations regarding jeopardy. This will be a time for you all to voice your opinion regarding current and future plans of improvement, as well as bring up topics that need to be discussed among all residents!

**WHEN:** Tuesday August 15th at 4:30pm

**WHERE:** UH Noon Report Room (7104).

Afterward, those of you interested should join us at Mecklenburg Gardens (302 E University Ave—aka one block down from Chipotle) for HAPPY HOUR around 6pm!

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A Message from Matt Kelleher

Congratulations to the interns on completing your first month of residency, to the second years on your first month as a senior and to the third and fourth years for being one month closer to graduation!

I wanted to remind everyone that this week is a good opportunity to reflect and work on retaining all that you've learned over the past month. Osmosis can make this very easy for you. Spend some time this week doing (or re-doing) the questions associated with each AHD/Weesner prep, it will take you 20-30 minutes per day. Below is my plan for this week and I'd love to see others join me.

- **Mon (8/7)** - review 12 Acid/Base questions
- **Tues (8/8)** - review 11 Syncope questions
- **Wed (8/9)** - review 17 ACS questions
- **Thurs (8/10)** - review 18 Pneumonia questions

Happy Learning!
- Matt Kelleher

Here is a screenshot of how to do questions one week at a time in case you are still struggling with how to do this.

Click **HERE** to join the UC Internal Medicine Group.

Click **HERE** to watch a video about how to use Osmosis!
AHD Review: Pneumonia

A few weeks ago, we discussed pneumonia during AHD. The interns learned about the current guidelines for CAP and new IDSA HAP/VAP guidelines. Be on the ready for the IDSA to publish those new CAP guidelines (along with the shelved HCAP classification) in the near future! Our emphasis was on considering most common pathogens plus patient-specific risk factors for treatment. Risk stratification with tools such as CURB-65/CRB-65 and Pneumonia Severity Index (PSI) identify 30-day mortality risk, which we extrapolate to level of care (ie—outpatient). We also briefly discussed the utilization of procalcitonin in de-escalation of antibiotic duration. Remember to review this topic and the many others you have studied by logging into Osmosis and reviewing the facilitator guide and articles.

<table>
<thead>
<tr>
<th>Table 1. Common Etiologies of Community-Acquired Pneumonia</th>
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<tbody>
<tr>
<td><strong>Etiology</strong></td>
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<tr>
<td>-----------------------------------------------------------</td>
</tr>
<tr>
<td>Outpatients:</td>
</tr>
<tr>
<td>Respiratory viruses 15</td>
</tr>
<tr>
<td>Streptococcal pneumoniae 14</td>
</tr>
<tr>
<td>Chlamydia pneumoniae 12</td>
</tr>
<tr>
<td>Haemophilus influenza 1</td>
</tr>
<tr>
<td>Unknown 44</td>
</tr>
<tr>
<td>ICU = intensive care unit. Information from references 1 through 3.</td>
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</tbody>
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UH Noon Report Expectations

1. Send MRN and #2 to Javy and Danielle at least 3 days prior to noon report.
2. Have 2-3 specific learning objectives (eg—Identify the 3 classes of syncope).
3. Teaching focus that involves: a) specific article detailing EBM that impacts clinical management, b) patho/physiology, OR c) clinical images (ie—radiology, pathology/micro, etc).
4. We will email you 1 week prior to your NR. The schedule is also posted in the NR room, all resident lounges/rooms, and outside our office.

First correct answer wins a $5 Starbucks gift card! 🌟

What is the name of this physical exam finding?

With what diagnosis is it associated?

Medical Trivia

Nedhi Patel was the quickest to answer last week yet again! Congrats also to Joe Cooley and Suhas Devangam for correctly identifying spoon nails (aka koilonychia ) associated with iron deficiency anemia!
**Weekend To-Do!**

**Friday:** **Paddler’s Party for a Cause,** 4-9 p.m., Schmidt Recreation Complex, 2944 Humbert Avenue, East End. Paddlers can complete registration, drop off canoes and kayaks and enjoy live music by The Mondays and Marsha Brady, food trucks, craft beer, raffle and gear swap. Overnight camping for $15 per vehicle available. 513-235-9700; www.ohioriverpaddlefest.org.

**Saturday:** **Ohio River Paddlefest,** 7 a.m.-12:30 p.m., Schmidt Recreation Complex, 2944 Humbert Avenue, East End. Nation’s largest paddling trip. 9-mile float down Ohio River. Finish Line Festival follows. Register online. Pre-paddle party on Friday night. Benefits Outdoor Adventure Clubs of Greater Cincinnati. 513-787-5755; www.ohioriverpaddlefest.org.

**Ohio River Paddlefest Finish Line Festival,** 10 a.m.-1:30 p.m., Gilday Riverside Park, 3540 Southside Ave., Riverside. Festival following the river paddle. Live music food trucks craft beer SUP racer awards and exhibits. 513-588-6936; www.ohioriverpaddlefest.org.

**Over-the-Rhine Community Festival,** noon-6 p.m., Washington Park, 1230 Elm St., Over-the-Rhine. Games and prizes, entertainment, food, children and youth talent contest and more. Free. 513-352-4080; washingtonpark.org.


**Sunday:** **Cincinnati Metropolitan Orchestra Pops,** 3 p.m., Miami Valley Gaming, 6000 State Route 63, Lebanon. Grandstand. Free. 513-934-7796; miamivalleygaming.com.

**Royal Strings,** 4-5:30 p.m., Hotel Covington, 638 Madison Ave., Covington. Includes works by Mendelssohn, Haydn, Elgar and more. $25. Reservations recommended. 513-723-1182, ext. 102; www.ccocincinnati.org.

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**SHOUT OUTS!!!**

- To **Jeff Miller** and **Miles Hagner** for presenting crazy interesting noon report cases!
- Congrats to **Geoff Motz,** Medhavi Bole, Sarah Ehrman, Megan Caroway, Deepika Chona, Marc Guerini, Erin Espinoza, Joseph Cooley, Aditi Mulgund, Bo Franklin, Elyse Harris, Emily Neaville, Scott Merriman, Jane Neheisel, Eric Niespodzany, Nedhi Patel, Jesse Rhodes, Casey Phillipsborn, Brian Shaw, Anuj Shukla, Elliott Welford, Daniel Tim, Joanna Marco, Gregory Wigger, Donald Quimby, Wesley Dutton, and Matthew Lambert for getting accepted into ACP!
- To **Dr. Kinnear** for supplying some Scoop photos!
- To **Dan Tim** for covering a shift without any hesitation!
- To **Dr. Brody** for initiating chest compressions on a coding patient!
- To **MS3 Mike on GI**—for making multiple phone calls to ensure a patient received their medication at an appropriate price!
- To **Goeff Motz** for ensuring an attending was updated about a decompensating patient—from a grateful attending!
- To **Casey Phillipsborn** for welcoming a brand new baby girl into the world! Congrats to you and your growing family!