The Stethoscope

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July 28, 2017

UH Weekly Calendar

7/31: Wards Orientation
8/1: Research Round Table
8/2: MGR: Dyspnea (Dr. Cole)
8/3: AHD: EBM
   Weesner Prep: HTN
8/2: NR: H3 Intern
   NR: Purple Senior

VA

Wards Orientation
VA Introduction
MGR
AHD
Weesner Prep
Procedure Sim

Thank you Matt!

Matt Grabowski’s last day in the IM residency staff office was 7/27/17. He is off to IUPUI to pursue his PhD in Applied Social & Organizational Psychology. We wish him all the best!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://www.med.uc.edu/aimed/residency/internal-medicine/residency-feedback
AHD Review: Syncope

A few weeks ago, we discussed syncope during AHD. The interns learned about the three types of transient global cerebral hypoperfusion described here. We also discussed the pathophysiology of vasovagal syncope (a type of reflex syncope) as detailed below. Remember to review this topic and the many others you have studied by logging into Osmosis and answering a few questions. Of note, you can now find Boot Camp powerpoints and answer keys for prior AHDs on Osmosis as well.

Reflex Syncope

Abnormal or exaggerated autonomic response

- Increased Parasympathetic Tone drop in HR, then hypotension (cardioinhibitory response)
- Decreased Sympathetic Tone vasodilation, then hypotension (vasodepressor response)

Circulating Hypovolemia

BRAINSTEM

Exaggerated Sympathetic Activation

Sympathetic Withdrawal

Vasodilation

Bradyarrhythmia

Syncope

Osmosis:
Click HERE to join the UC IM Group or copy/paste the link: https://www.osmosis.org/groupinvite?id=1659&k=rJUBER9nSe0J3-AN-nE4VFDpDquam-dc
Click HERE to watch a video about how to use Osmosis!

Did you know.. EPIC has an ANTIBIOTICGRAM!!

Those of you in AHD this week chatted about empiric antibiotics and treatment of pneumonia. Remember you can easily obtain the antibioticogram for UCMC (inpatient and outpatient) for common organisms of pneumonia, as well as many other infections! It can be found in any antibiotic order as shown here. While at it, try out LexiComp Drug Interactions as well!
BBQ at the VA!

First correct answer wins a $5 Starbucks gift card!

What is this physical exam finding?

With what diagnosis is it most commonly associated?

Neddi Patel was the quickest to answer last week! Shown above is a crenated (or scalloped) tongue. This is a sign of macroglossia, which is associated with many conditions including Down’s syndrome, amyloidosis, hypothyroidism, and more. Well done to the many others who responded also!
Weekend To-Do!


Greater Anderson Days, 5-11 p.m. Friday-Saturday, 5-10 p.m. Sunday, Beech Acres Park, 6910 Salem Road, Anderson Township (Javy’s hood). Features live music, games, rides, delicious food, Anderson’s Got Talent competition, and Rozzi’s Famous Fireworks (Sunday at 9:45 p.m.). Free. Call Javy for directions.

WingFling, Friday through Sept. 3, Washington Platform Saloon and Restaurant, 1000 Elm St., Downtown. More than 40 different wing flavors, all available either bone-in, or boneless, and either mild, medium or Stupid. 513-421-0110.

Saturday: The O.F.F. Market, 10 a.m.-4 p.m., MadTree Brewing 2.0, 3301 Madison Road, Oakley. Food trucks, artists, bakers, chefs, scavengers, mobile boutiques and more at indoor market. Free. 513-520-4635; www.theoffmarket.org.


FC Cincinnati Soccer, 7 p.m., Nippert Stadium, University of Cincinnati, University Heights. v. Rochester Rhinos. $30, $20, $12, $10; $10 UC students. 513-977-5425; wwwfccincinnati.com.


SHOUT OUTS!!!

- Shout out to Geoff Motz for donuts. He KNOWS.
- To Greg Wigger for helping a patient get a central line.
- To Joe Cooley for correcting a very humble ID attending.
- To Jane Neiheisel for handling 3 back to back rapidis like a boss!
- To Caitlin Richter for putting her chief hat back on and helping a newbie out!
- To Medhavi Bole for staying to support the long call team while post call.
- To Rita Schlanger for providing a SECOND candy bowl... Sorry we ate it all!
- To Betsy Larder’s husband for giving an awesome signout on possible transfer patient to a grateful chief!

- To Akshita Sharma and Jen Cihlar for being awesome team members and making an intern’s first rotation so much fun!
- To Sarah Weiskittel and Taku Xu for professionally handling the busiest long call day in years at the VA.
- To Saavia Girgra, Syndney Schact (and any other resident who spent their BDay in the hospital) for putting on the birthday crown while on night float!
- To Gene Novikov for calling ahead and then going down to the blood bank to prep blood stat during a rapid so that the blood reached the MICU at the same time as the patient. And to Natalie Hood for getting surgery and IR on the phone during this same rapid. The patient had a severe bleed after a kidney biopsy and because of their efforts she received timely transfusions and was rushed to the OR immediately for an ex lap.