Weekly Calendar

4/11: Noon Report: Hem/Onc Team
4/12: Noon Report: Green Team
4/13: Grand Rounds: Bruce Yacyshyn, MD and Mary Beth Yacyshyn, PhD: “Personalized Medicine for Inflammatory Bowel Disease”
4/14: Weesner Prep: none (delayed until following week—Endocrine Emergencies with Courtney)
   AHD: Vasculitis with Li’
4/15: Intern Noon Report: Yellow Team
   Senior Noon Report: Yellow Team

Streetcar Sighting!!!

Anonymous Feedback
Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
What is Cognitive Bias?
Systematic error in judgment and decision-making common to all human beings

Confirmation bias: the tendency to look for confirming evidence to support a diagnosis rather than look for disconfirming evidence to refute it, despite the latter often being more persuasive and definitive.

Anchoring: the tendency to perceptually lock onto salient features in the patient’s initial presentation too early in the diagnostic process, and failing to adjust this initial impression in the light of later information.

Overconfidence Bias: “The Illusion of Explanatory Depth”. Universal tendency to believe we know more than we do. Overconfidence reflects a tendency to act on incomplete information, intuitions, or hunches.

Availability Bias: The disposition to judge things as being more likely, or frequently occurring, if they readily come to mind. Thus, recent experience with a disease may inflate the likelihood of its being diagnosed.

Implicit Bias: Also known as implicit social cognition, refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner.

Framing Effect: How diagnosticians see things may be strongly influenced by the way in which the problem is framed.

Hyperbolic Discounting: The tendency for people to have a stronger preference for more immediate payoffs relative to later payoffs, the closer to the present both payoffs are.

Base-rate neglect: the tendency to ignore the true prevalence of a disease, either inflating or reducing its base-rate, and distorting Bayesian reasoning.

Conjunction Fallacy: The tendency to assume that specific conditions are more probable than general ones.

Hindsight Bias: Knowing the outcome may profoundly influence the perception of past events and prevent a realistic appraisal of what actually occurred.

How to develop Structured Thinking:
Develop a language around cognitive biases
Know quadrant 4 of the Johari window (above)
Train for a reflective approach
Decrease reliance on memory
Practice cognitive walk-throughs
Analyze your learning environments for cognitive overload and attempt to reduce it
Tips for Working with a Medical Interpreter

**Pre-Session:**
- Aim for best cultural and linguistic match (social/ethnic issues, dialects)
- Learn how patient prefers to be called and explain the purpose of the session
- Establish rapport with the interpreter and encourage the interpreter to ask clarifying questions for accuracy
- Make sure interpreter reviews forms before the interview

**During Session:**
- Allow interpreters to introduce themselves
- Position yourself to promote direct eye contact with the patient
- Speak in short phrases so that the interpreter will be able to interpret more easily
- Do not make comments to the interpreter that you don’t intend to be interpreted to patient
- Let the interpreter explain the ground rules for communicating with an interpreter
  - Everything said by both parties will be interpreted
  - Tell the patient that what they say is confidential
  - Ask the patient if they have any questions about interpretation
- Talk to the patient directly in second person
- Be patient and encourage interpreter’s understanding
- Respect the interpreter’s judgment
- Use time efficiently
- Use simple language and avoid jargon, slang, and technical terms
- Speak in a normal tone and speed
- Ensure patient understanding by using teach back method
- Thank the interpreter

**Other Tips:**
- Define issues that could not be adequately addressed during visit
- Providers should get tested to know their proficiency in a particular language


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**Upcoming Residency Events**

**Pilot: Paracentesis Assessment Tool**

Dana Sall needs your assistance to move the procedural curriculum forward. Learners of all levels are needed. **Please sign up here:** http://www.signupgenius.com/go/30E0544AF28A4FD0-tool

**Time:** April 15th (next Friday)

**Vulnerable Populations Dinner**

We will be discussing Module 4 in Carine with Compassion and other VP pathway issues. Access it at caringwithcompassion.org.

**Time:** 5:30pm April 18th (next Monday)

**Residency Council**

The winter doldrums are improving but we know you still have concerns to discuss. Help us help you keep making this program great!

**Time:** 5:00pm April 20th (next Wednesday)

**Location:** UH 7104 (Noon report room)
**7NW Interdisciplinary Team Mtg**

Improving inpatient care with everyone at the table

1. Have an issue/problem on 7NW you would like to address?
2. Write it on the NRR whiteboard (HIPAA! - no patient ID please)
3. Come be part of the solution!

There’s even an accompanying newsletter!

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<th>7NW Interdisciplinary Team Huddle Newsletter</th>
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"Committing yourself to dialogue with people is more than recognizing their inherent dignity and defending their rights; it’s being willing to allow their voice to count as much as yours."

—Arthur W. Frank, *The Renewal of Generosity: Illness, Medicine, and How to Live*

Appreciative Inquiry: Rachel appreciates Care Coordinators will be meeting with their teams starting in April.

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Do you like the zoo? Do you like free local music concerts? Do you like being social on Thursday evenings?

**Tunes N’ Blooms**

"See a collection of Cincinnati’s finest and most respected music veterans playing together in the Zoo’s beautiful gardens, for FREE! Why tip-toe through the tulips when you can rock the garden? Admission is free after 5pm. Parking is $10."

Then check out the Cincinnati Zoo’s **Tunes N’ Blooms** Thursdays April 14th, 21st, and 28th. You may even see a Dr. Jordan Shapiro hanging out.
My patient received an abdominal CT for an unrelated reason, but now has an incidental finding of an adrenal mass. Now what?

Know the management of adrenal incidentalomas. 1/4 incidentally noted adrenal masses autonomously secrete hormones (cortisol 6%-10%; catecholamines 5%; aldosterone 1%)

However, biochemical functionality is required to assess if the mass is functional. Of patients with adrenal incidentalomas:

PMID: 19632967

Sports on Sundays!

Warm weather have you feeling great? Miss the chance to run around a grass field chasing things?

We are bringing back Sports on Sundays. Soccer, football, ultimate Frisbee, baseball, dodgeball, kickball– you name it and we can organize it. If interested– email Stephen – all are invited!

Clinic Corner

Walk with a Doc after diabetes education class!
When: 4/14 4PM after Diabetes Education Class
Where: Derm/Ophtho Conference Room

Walk with a Doc in Washington Park!
When: 4/30 12PM
Where: Washington Park

**RECRUIT YOUR PATIENTS - CALL THEM OR GIVE THEM THE WALK with a DOC HANDOUT IN CLINIC***

NEXT AME 4/11-4/15 - Prostate Cancer Screening

NEXT AAP 4/13 - 730-9AM Dermatology for the Generalist

Choosing Wisely Campaign - don’t order unnecessary stuff! Link to left takes you to “lists” - one for providers and one for patients. Free text in the search tool to find topics, too. For example, search “antibiotics” and a myriad of materials pop up about safe, guideline driven, cost effective care for antibiotics. The first clickable item is “Colds, Flu, and Other Respiratory Illnesses in Adults” and one of the first lines on that page is “Antibiotics kill bacteria, not viruses”. Boom Call your patients and tell them to get their sneakers on!
Weekend to-do! Monster trucks, baseball, roller-soccer, girls

Friday: Monster Jam, 7:30 p.m. Friday-Saturday, U.S. Bank Arena, Downtown. Monster truck racing www.usbankarena.com


Sunday: Whiskey and Waffles, 2:30 p.m., Vom Fass, 2870 Town Center Blvd., Crestview Hills. Waffle bar, whiskey-infused syrups, all paired with whiskey tasting. $25. Reservations required. vomfasscrestviewhills.com.

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TRIVIA

Cincinnati's abandoned subway system consists of ____ miles of track and ____# of stations

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SHOUT OUTS!!!

-to Parm Mavi, Eric Cohen, Betsy Larder, and Patricio Alzamora for being so willing to switch rotations so a fellow resident could take advantage of an amazing opportunity to do some Global Health work. ~ from Aditi

-to "Andrew Petersen and Marc Guerini for helping me with a difficult patient all night at the VA MICU- especially during the code blue (which happened just before the end of the shift)." Love to see the support!

-"to Elliott Wellford, who just said to me after a successful clinic encounter, "I...love being a doctor." Love the positive attitude after an incredibly difficult week, and this serves as a reminder that what we do actually matters. Hugs all around."

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First correct answer wins a $5 Starbucks gift card

Congrats to Elliott Welford for getting cutaneous anthrax last week and to to John Muriithi for correctly identifying Indinavir crystals.