Weekly Calendar

8/31: Sunday: WEBN Fireworks 9:05—Downtown, Riverside

9/1: Labor Day!

9/2: Noon Report—Red Medicine

9/3: Medical Grand Rounds: Dr. Warm—"State of the Residency"

Residency Council — 5PM, Noon Report Room

9/4: Academic Half Day—High Yield Mathis Review Senior Prep—Infectious Diarrhea

9/5: Intern Report — Joshua NeCamp Senior Report — High Yield Mathis Review

~Having A Blast~

Inpatient Chief Dana Sall is back in action! “The essence of teaching is to make learning contagious, to have one idea spark another”

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Hani Alkhatib discussed a case of pericarditis in a young man with lupus. We discussed potential causes of pericarditis highlighting viral and autoimmune causes. This sparked a discussion—how valuable is it to do extensive viral testing if it won’t change your management?

### Sarcoidosis

The GI team presented a case of a 36 year old male who presented with abdominal pain and BRBPR. On abdominal CT he was found to have hepatomegaly and splenic lesions. He also had reticular pulmonary infiltrates seen on this scan, prompting the team to get a chest CT. This scan showed hilar adenopathy and widespread reticular opacities consistent with sarcoidosis. Colonoscopy showed internal hemorrhoids. He was awaiting bronchoscopy and biopsy at the time of case discussion.

**GI manifestations of sarcoidosis**
- 10% of patients have inc alk phos, AST and ALT
- Portal hypertension/cirrhosis
- Hepatic lesions in 5% of patients:
  - Present with constitutional symptoms like fevers, sweats, anorexia and weight loss.
  - 2x more common in African Americans
- Esophageal involvement rare, most common presenting symptom is dysphagia 2/2 enlarged LN
- Peptic ulcerations, GI bleeding, gastric outlet obstruction, colicky abdominal pain, diarrhea
- Occasionally reported in association with IBD

**Hypodense nodular splenic masses on abdominal CT from a patient with sarcoidosis, similar to the scan from the patient discussed.**

VA Moving & Shaking

We had our first inter-professional MM&I at the VA. It had great attendance and we will likely be changing the vancomycin protocol and how IV contrast is ordered. This past month’s seniors, interns, and students did a tremendous job with patient care and teaching conferences... We are very proud of them! -Scott

Vulnerable Populations Meeting

Wednesday September 17th, 6:00 PM Mecklenberg Gardens

The Vulnerable Populations Pathway is an outlet for those residents interested in working with global health as well as vulnerable patients here at home. We discuss opportunities to integrate care for the underserved into your current residency education and build service into your future career.

At the meeting we will discuss our local homeless shelters and what health care access our local homeless population is able to obtain. We will meet at nearby Mecklenburg Gardens over Happy Hour, first round on JT Tolentino. Let him know you’re coming: TOLENTJL@ucmail.uc.edu

Congratulations

A job well done to resident Cory Lucas who recently accepted a palliative care fellowship position for next year at the University of Louisville!

ITE is coming. Get your coverage right! The test will take place in computer labs in the MSB with start times between 7:30 and 8AM. Look for Joan Strittholt emails early next week with details of where you need to be and when. Watch for High Yield Review next week at AHD and Senior Report!
Oktoberfest Zinzinnati

After our previous Oktoberfest news I’ve been told Donauschwaben should be on your Oktoberfest list. Annie Olsieski and Pankti Shah seem to agree.

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Research Corner: A Slice of UC’s Cutting Edge

Brian Miller has been working on several cardiology research projects with Dr. Lopez-Candales. They evaluated echocardiographic stress tests with regard to diastolic strain patterns and showed an association with functionally significant coronary artery disease. Their studies were presented to the American Society of Echocardiography this past June in Portland, Oregon.

In another study, Brian and his colleagues used echocardiography to measure the effect of right bundle branch block on right ventricular mechanics. They evaluated the prolongation of right ventricular free wall contraction in the setting of right bundle branch block and discussed similar findings demonstrated in chronic pulmonary hypertension. Their findings are pending acceptance for publication in the journal Echocardiography.

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IN PATIENT GREEN AND PURPLE MEDICINE TEAMS ARE SO FANCY

And forever after the two podiatrists were arch rivals.
This Weekend To-Do List—AUGUST 29th-September 1st

1) WEBN FIREWORKS 8/31 9:05 PM, Downtown

2) Art After Dark: American Gothic on display at Cincy Art Museum w/ Bourbon + Beer Garden 8/29 5-9PM. Admission FREE.

3) AVP Pro Volleyball 8/28-31, Mason
   (UC Health Discount Code UCHealthSAT UCHealthSUN—AVP.Com)

4) Ohio Renaissance Festival—8/30-10/19, Harveysburg

5) George Lopez: Funny Bone Comedy Club, Newport

Heme/Onc Call Days
To start the year the heme/onc team has had an extra subspecialty intern. While we’re minus an intern, the extra hem-onc intern filled the gaps. This means that on Call Day #3 Heme/Onc admissions from 4-8PM will go to general medicine.

The “who-do-I-sign-out-to” has been updated as such.

Medical Trivia

First person to email Dana, sallda@ucmail.uc.edu with the name of this EKG finding and the clinical scenario in which you see it wins a Starbucks gift card!

SHOUT OUTS!!! (Let us know who Rocks)

-Li’ Rowley for jumping in the line of fire of some extra night float.

-The UH MICU team Malani Reddy, Pankti Shah, Whitney Whitis, Nabeela Siddiqi, John Reid and Robin Wright for handling a busy MICU month with many codes firing off all at once!

-Javier Baez, Joel Gabre, and Cody Lee just hammered out some hard working night float. “Shout out to Kim Ollinger and Sulsal for patiently guiding me like training wheels on a bike.”

-Hani Alkhatib and Steve Cogorno got great feedback via patient relations—the patients “felt their teams were very attentive and were always available when needed!”