Weekly Calendar

8/18: Noon Report—Blue Medicine
8/19: Noon Report—Yellow Medicine
8/20: Medical Grand Rounds: Dr. Harris—“Continuums of Care in Cardiology”
8/21: Academic Half Day—Acute Renal Insufficiency Senior Prep—Anemia
8/22: Morbidity, Mortality, & Improvement—MSB 3351

~August Enlightenment~

Charlie Mitchell and the interns are hitting their stride...

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
**Acute Renal Insufficiency in Transplant Medicine**

Yasmin Hassoun discussed a case of Acute Renal Insufficiency in a patient with a history of renal transplant. As a preview of the coming Academic Half Day, we worked up a wide differential for renal insufficiency ultimately resulting in a renal biopsy noting acute on chronic rejection related to immunosuppression.

**POST KIDNEY TRANSPLANT REJECTION SIGNS**

**HYPERACUTE...**
- Onset with 48 hours
- Malaise, high fever
- Graft tenderness
- Organ must be removed to ↓ S & S

**ACUTE...**
- 1 Week to 2 Years
- Oliguria, Anuria
- ↑ Temp (>37.8°C - 100°F)
- ↑ BP
- Flank Tenderness
- Lethargy
- ↑ BUN, K, Creatinine
- Fluid Retention

**CHRONIC...**
- Gradual Over Months to Years
- ↑ in BUN, Creatinine
- Imbalances in Proteinuria Electrolytes
- Fatigue

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**A Spot of Confusion**

Jessica Huang and the orange team discussed a patient with HIV who presented with confusion. Imaging showed a brain lesion and the resident discussed the differential with consideration for bacterial abscess and toxoplasmosis among others. What role might immune reconstitution inflammatory syndrome play with this lesion? The patient improved with treatment for bacterial abscess and appropriate HIV care and continues ongoing evaluation for improvement.
Held Eats on the Not-So-Cheap

Dr. Justin Held drops some taste bud bombshells.

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>The Skinny</th>
<th>Justin’s Order</th>
<th>Christine’s Order</th>
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<tbody>
<tr>
<td>BOCA - Downtown</td>
<td>Hands down the best restaurant in the city. Menu is seasonal. Order tasting portions of 3 courses to maximize your experience.</td>
<td>Caramelized brussel sprouts with sauteed scallops may be the best thing you’ll ever eat. The “candy bar” dessert is also phenomenal.</td>
<td>Wood Grilled Caesar Salad (yes - you read that right), and this is from someone who hates traditional Caesar salad. Ask you server for grilled bread for the tabe. The bread alone is a “dessert island food.” Mascapone cheesecake for dessert if it’s offered!</td>
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<tr>
<td>Sotto - Downtown</td>
<td>The BOCA Group’s 3rd Restaurant (Nada is the 2nd) - Located right below BOCA. Menu is Seasonal.</td>
<td>The polenta w/ fried egg, brown butter, and lonza (cured pork loin) is the antipasta of choice. I love the tonnorilli cacio e pepe as well. Last time we were in they had a grilled octopus dish that was not on the menu - it was AMAZING. Ask about it.</td>
<td>Lumache farnaticiana or the cacio e pep... and the grilled bread! For dessert you have to get the ricotta donuts.</td>
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<tr>
<td>El Coyote - Anderson</td>
<td>One of our favorite places of all time. Relaxed. Great Tex-Mex and margaritas. $40 for two people.</td>
<td>Baby Back Ribs with Mashed Potatoes. Best ribs I’ve ever had (and I’m constantly searching). Pork tender, fall off the bone, with smoky sauce and texas toast. Close runner up is the Quesadilla El Coyote with shredded pork.</td>
<td>3 or 4 margaritas. Oh and the house made chips and salsa is superb!</td>
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<td>Eli’s BBQ - Riverside</td>
<td>A hole-in-the-wall joint that started with a stand at Findlay Market. This place has garnered national attention (deservingly so), so now you almost can’t get near it on the weekend. Best bet is to go for dinner on a weekday.</td>
<td>Pulled pork sandwich with baked beans (love the chili powder!) and jalapeno corn bread.</td>
<td>Beef hogs “dirty” (with pulled pork &amp; slaw), mac &amp; cheese</td>
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<tr>
<td>Pirate’s Cove - Anderson</td>
<td>Open air dining at a marina where surgeons keep their yachts. Live music. The ducks eat french fries. Go on a mild evening and watch the boat traffic come and go.</td>
<td>Yuengling battered fish &amp; chips</td>
<td>Deep fried grouper fingers.</td>
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<tr>
<td>The Precinct - Columbus/Fusculum</td>
<td>One of Jeff Ruby’s famous steak houses in town, but the best ambiance by far.</td>
<td>To be honest I don’t love steak but any of their filets are top notch. I go for the macaroni and cheese... it’s amazing.</td>
<td>Steak au poivre with peppercorn sauce.</td>
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Residency Council

What’s going well?  What can we improve?

Residency council will gather Wednesday September 3rd at 5PM in the noon report room in order to gather resident feedback. All residents are encouraged to attend to let us know your thoughts!
Weekend To-Do List

1) Western & Southern Open Tennis
2) Restaurant Week Downtown
3) City Flea—Washington Park
4) David Gray or Drake vs Lil Wayne
5) Bengals vs Jets—Paul Brown Stadium
6) Washington Park Date Night Movie: The Wizard of OZ

SHOUT OUTS!!! (Let us know who Rocks)

-Katie Donnelly for going the extra mile to help one of Dr. Coberly’s patients finally quit smoking!

-Joan Strittholt, Bonnie Cartaya, and Liz Bauke who are shout-out long overdue for keeping a band of over 100 often clueless residents on the administrative straight and narrow for years on end. Let’s not forget Annie Olsieski, AKA The Enforcer.

-Marshall Weesner & Richa Patel had some night float shout outs for helping everyone out during a busy night that fell on Epic Down Time.

-Perry Lin is leading a 6 south team to explore strange new chest pain, seek out plaque and ischemia, and boldly go where no 6 south team has gone before.

Resident Caption Contest.