The StethoSCOOP

Weekly Calendar

- **Holy Moley!**
- **A Different Chest Pain!**
- **Weekend To-Do!**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5/10</td>
<td>Mother's Day</td>
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<tr>
<td>5/12</td>
<td>Noon Report: Green Medicine Team—Marshall Weesner &amp; Brian May</td>
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<tr>
<td>5/13</td>
<td>Medical Grand Rounds: M Thomas “Noncontraceptive Benefits of Hormonal Contraceptives”</td>
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**Tough Guy Corner**

Marshall and Brian trot out their summer costumes for the Resident Lounge.

**Anonymous Feedback**

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: [http://intmed.uc.edu/education/residency/feedback.aspx](http://intmed.uc.edu/education/residency/feedback.aspx)
Holy Mole-y!

Malignant Melanoma

Should I Screen for Melanoma?
- No Randomized Control Trial to say which method is best
- Consider skin exam if:
  - Family History (10% is familial)
  - Fair and Red (see insert)
  - Atypical nevi or >25 nevi
  - Sun/UV Exposure

Melanoma Risk Calculator:
http://www.cancer.gov/melanomarisktool/

Types of Melanoma
Most = Superficial indolent tumors, don’t extend beyond dermis
Treatment = surgical excision alone
When penetrates dermis—vertical growth phase melanoma has metastatic potential
Odd Locations to Watch Out For—Nails, Eyes, Mucosal Surfaces:

A Different Chest Pain

Aortic Prognosis

Aneurysm
- Early post-op mortality 4-10% (higher for aortic arch, lower for descending aneurysm repair)
- Stroke 2-5%
- ESRD w/ HD 7%
- Spinal Cord Injury 3%

Dissection
- Treated 10-yr survival rate 60%
- Type A: 30% surg mortality 30% med mortality
- Type B: 10% med mortality 30% surg mortality

Yearly Rate of Badness by Aneurysm Size

On Monday Sherri Smart presented a case of metastatic melanoma presenting as dysphagia and dysarthria secondary to central nervous system involvement.

On Tuesday Darek Sanford presented a patient with new chest pain. An initial evaluation led the group to evaluate for urgent and emergent conditions including the patient’s Aortic Aneurysm.
**PHARMACY CONTACT UPDATES**

Need a pharmacist? We’ve got you covered. The inpatient pharmacists have updated their phone numbers. The next batch of red contact cards will be updated, be sure to keep your contact lists up to date!

**MARIA GUIDO:** Blue, Orange, Hosp 1-2  
Phone: 41064, Pager: 0303

**TONY GENTENE:** Yellow, Green, GI, Hosp 3  
Phone: 41065, Pager: 230-2569

**BRITTANY WOOLF:** Red, Purple, Hosp 4  
Phone: 48046, Pager: 577-1281

**NICK PARRISH:** Renal  
Phone: 48557, Pager 2365

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**FROM THE CLINIC!**

**Integrated Psychiatry Clinic**

Dr. Adler is a psychiatrist who staffs the integrated clinic. He has offered to meet with residents to discuss mental health care for our patients on Wednesday Afternoons. We will be working with Dr. Adler to schedule AAP sessions on outpatient management of depression and psychiatric illness.

-Steve

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**The Graduate at Graduation!**

The third year IM and fourth year Med-Peds residents will be celebrating graduation at the Cincinnati Country Club on June 7th. We couldn’t be more excited to congratulate the class as they ship off to various corners of the globe to start fellowships and general practice. A great thank you to the 2nd year class who is helping with coverage in order to make this possible!
BOARD REVIEW WITH DANA

WELL SPORTSFANS, IT’S TIME TO START GEARING UP FOR BOARDS. HERE IS A QUICK PEARL I LEARNED THIS WEEK:

Q: Patient presents with cough and shortness of breath. CT Scan reveals a lung mass without lymphadenopathy and R pleural effusion. The effusion is tapped and cytology is positive for non-small cell lung carcinoma. What is the next step in management?

A: Systemic Chemotherapy. Because the effusion is malignant the cancer is by definition stage IV and the patient should receive palliative chemotherapy rather than radiation or surgery.

New Faculty

Dr. Jadwiga “Viga” Stanek has joined the Hospital Medicine Faculty. She joins us from the Mercy Health system having previously trained at the University of Vermont. She is very excited to be returning to an academic hospitalist setting, and has a passion for teaching about “high value” or cost-conscious care. She will be working with Dr. Held to develop a formal curriculum in this content area to add depth to our inpatient educational activities. Please join us in welcoming her and watch out for several new faces that will be joining us in the coming year!

Mans Best Friend!

A Major Award!

Dr. Warm was recently selected by the Spotlight Task Force as the APDIM Innovator in Residency Education. I think it was probably the new baked potato bar at noon report that put him over the top. Seriously though, his work to continually build and improve on what we have is appreciated not only here at home, but nationwide! Congratulations Dr. Warm!
The Weekend To-Do List— May 8-10th

1) **Zoo Babies:** Check out the baby African Lions, Penguin Chicks, Bonobo Monkeys, and more. $18 Adult admission. Cincy Zoo.

2) **Wine Makers Live:** 5/8-9 5-11P. Two evenings of wine tasting from across the region paired with jazz music and food from Cincinnati Cooks. $1 tastings, Fountain Square, Downtown.

3) **Cincinnati Museum Center:** Catch an Omnimax movie: Humpback Whales or Greece: Secrets of the Past. Check out “The Trains of Union Terminal” about the historic Railway.

4) **Mother’s Day Brunch:** 5/10 11A-3P. Take mom to an artful day at the Cincinnati Art Museum with a special 3 course brunch in the Terrace Café and then explore the museum. $21.

5) **B&B Riverboat Cruise:** Mother’s Day Brunch/Dinner Cruise $40-45.

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**Medical Trivia**

First responder to Dana with the diagnosis gets a Starbucks card!

Congratulations to Ned Palmer for identifying indinavir crystals. Kudos to incoming intern Aditi Muglund for being seconds from beating out Ned for the prize!

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**SHOUT OUTS!!! (Let us know who Rocks)**

- Shout out to **Danielle Weber** for covering AOD to help get me to the ASPHO Conference! - Stephanie Dixon
- Shout out to **Arek** for covering my admissions when I didn’t tell him I was off that one day...
- Shout out to **Kate Schmidt** and **Keaton Jones** for figuring out the last day of residency—Kate covers one day of Heme/Onc Senioring, Keaton buys 72 RedBulls.
- Shout out to **Owen** for leading a great Senior Report discussion.
- Shout out to **Charlotte So** for being a great GI senior and doing an awesome job cross covering the Renal Service! - Leila Borders

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