The StethoSCOOP

VOLUME 2, ISSUE 35
MARCH 6, 2015

SPECIAL POINTS OF INTEREST:

- We Will Pump! You UP!
- 8 Rapids!
- Weekend To-Do!

INSIDE THIS ISSUE:

Milky Blood! 2
A Naturopathic Debacle 2
Medal Counts 3
Medical Education Room 3
Global Health Initiatives 3
Summer Music Festivals 4
Medical Trivia 5
Shout Outs 5

Weekly Calendar

3/10: Noon Report: Blue Medicine Team—Lucas, Newcomb
3/11: Medical Grand Rounds: Dr. Latif “Lymphoma for the Internist”
3/12: Academic Half Day: IBD Weesner Prep: Sepsis
3/13: Intern Report: Dr. Matthew Kotlove Senior Report: Dr. Owen Baldwin

It’s A Boy!

3/10: Noon Report: Blue Medicine Team—Lucas, Newcomb
3/11: Medical Grand Rounds: Dr. Latif “Lymphoma for the Internist”
3/12: Academic Half Day: IBD Weesner Prep: Sepsis
3/13: Intern Report: Dr. Matthew Kotlove Senior Report: Dr. Owen Baldwin

During some advanced cardiac ultrasound sessions Keaton Jones proves he has a heart after all.

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Ileal Conduit Issues

During intern report, we discussed a patient with an ileal conduit who presented with AKI 2/2 B/L ureteral insertion site blockages. The pt ultimately went for percutaneous nephrostomy tube drainage. Here are some complications to be aware of for this procedure:

- Complication rate: can be as high as 20-60%
- Dec. Renal Function, can occur 2/2:
  - Obstruction at ureteral implant or stoma site
  - Stones
  - Chronic infection
- Infection can occur because:
  - Intestinal segments colonized with bacteria
  - Potential for incomplete voiding/urinary stasis
- Nutritional/metabolic derangements:
  - Malabsorption of lipids/bile salts can lead to gallstone formation and deficiency of fat soluble vitamins
  - B12 deficiency
  - Hyperchloremic metabolic acidosis
  - Diarrhea

A Steroid Conundrum

At Thursday’s AHDwe discussed the variation and confusion associated with corticosteroids in COPD Exacerbations. We reviewed trials over the past few decades that demonstrated benefits of steroids over placebo, 2 week courses non-inferior to 8 week courses, and IV vs PO steroids had equivalent effect. The more recent REDUCE trial, which showed a 5 day course of corticosteroids was non-inferior to a 14 day course—leading most pulmonologists to use 5 day steroid bursts!

There was no difference in FEV1 or treatment failures when comparing 14 day and 5 day courses of prednisone in COPD.
We had some busy AOD Residents on 1/30 as we had 8 rapids and codes, including four within an hour. Thanks to Steven Rudick, Arek Manugian, and Jeff Hausfeld as well as the on call GIM residents Monique Jindal, Michael Northcutt, Alicia Caldwell, and Barbie Reichert for all your hard work!

UCMC Rapids/Codes 1/30/15
5:03am RR on 7NW
9:30am RR in Med Stepdown
1:04pm RR in CSD Annex
4:04pm RR in Med Stepdown
7:50pm RR in 6 South
8:03pm RR in Med Stepdown
8:30pm Airway Cath Lab
8:58pm Code CT Scanner
THANK You Everyone!!

The Awards Ceremony: A Slice of UC’s Caring Edge

At Wednesday’s Medical Grand Rounds our own Elise Henning was honored with a Doctor’s Day Award. She received the Graduate Medical Training Award for Excellence. This award recognizes outstanding contributions to patient care, promotion of clinical knowledge, professionalism, demonstrated above normal interpersonal skills and interactions with patients and families, leadership, and a bunch of other things too. Congratulations Elise!

WANT MORE OPPORTUNITIES TO LEARN??

Deliberate Practice for Patient Emergencies:

If you are interested in reviewing and increasing your skills for “The Patient Emergency”, consider attending one or more of the following educational offerings. Ann Schlinkert is organizing Rapid Response and Code Training Sessions with assistance from Dana Sall. Sign up for a session today!

Simulation for Code Blue and Rapid Response Teams
2 hour training sessions at Holmes
If interested please contact Ann Schlinkert, MSN, RN, Program Developer.
Ann.schlinkert@uchealth.com

THANK You Everyone!!

We had some busy AOD Residents on 1/30 as we had 8 rapids and codes, including four within an hour. Thanks to Steven Rudick, Arek Manugian, and Jeff Hausfeld as well as the on call GIM residents Monique Jindal, Michael Northcutt, Alicia Caldwell, and Barbie Reichert for all your hard work!

UCMC Rapids/Codes 1/30/15
5:03am RR on 7NW
9:30am RR in Med Stepdown
1:04pm RR in CSD Annex
4:04pm RR in Med Stepdown
7:50pm RR in 6 South
8:03pm RR in Med Stepdown
8:30pm Airway Cath Lab
8:58pm Code CT Scanner
THANK You Everyone!!

The Awards Ceremony: A Slice of UC’s Caring Edge

At Wednesday’s Medical Grand Rounds our own Elise Henning was honored with a Doctor’s Day Award. She received the Graduate Medical Training Award for Excellence. This award recognizes outstanding contributions to patient care, promotion of clinical knowledge, professionalism, demonstrated above normal interpersonal skills and interactions with patients and families, leadership, and a bunch of other things too. Congratulations Elise!

WANT MORE OPPORTUNITIES TO LEARN??

Deliberate Practice for Patient Emergencies:

If you are interested in reviewing and increasing your skills for “The Patient Emergency”, consider attending one or more of the following educational offerings. Ann Schlinkert is organizing Rapid Response and Code Training Sessions with assistance from Dana Sall. Sign up for a session today!

Simulation for Code Blue and Rapid Response Teams
2 hour training sessions at Holmes
If interested please contact Ann Schlinkert, MSN, RN, Program Developer.
Ann.schlinkert@uchealth.com

THANK You Everyone!!
Ward Reminders!

- Attending must sign admission orders. You will know if this has NOT been done by clicking on the discharge tab (a yellow alert will show). The best way to make sure this gets done in real time is to check this tab on each patient as you round. Try to make this part of your rounding workflow.

- If you don’t have an admission order signed after 5pm or on weekends and can’t reach your attending, contact the PM hospitalist for help!

- Friendly reminder to make sure H&Ps are completed before you leave the hospital on a long shift.

From the Clinics!

- The GI Department is working to improve its Colonoscopy ordering and referral process. Look for a one-stop order and improved coordination via the GI department.

- Jeremy Sorkin is working to develop a end of life and goals of care QI project to improve communication and planning with our patients.

- Long Block Residents are working to obtain 25 patient surveys to get feedback from those who mean the most!

Match Day Countdown!

Whether it was chatting at dinners, presenting at noon report or showing candidates around the wards, you guys were fantastic during the recruiting season! We interviewed some stellar applicants and can’t wait to see who will be joining us next year. We’ll know the answer in...

12 days!

Local Madness

Local Mens Basketball teams for University of Cincinnati and Xavier University are wrapping up their regular seasons this weekend before planning trips to their conference tournament. Both are currently projected to be 10 seeds on Selection Sunday (3/15) Root on your team to make some waves and look out for the Office Madness to start soon after Selection Sunday!
The Weekend To-Do List— March 6th-8th


2) **Frank Caliendo**: 3/7 8PM. Comedian Impressionist Funny guy. $55-65

3) **Cincinnati Home & Garden Show**: Through 3/8, Noon-9PM. Duke Convention Center, Downtown. Home improvement and remodeling specialists along with landscaping and garden experts! $13.

4) **Ringling Bros Barnum & Bailey Circus**: 3/6-8, US Bank Arena. $15-75

5) **Cincinnati Rollergirls**: 3/8 Noon-3PM, Cincinnati Gardens. Watch the Cincinnati rollerderby ladies for free on “Free Family Day”. The price is right!

**Medical Trivia**

First email responder to Dana Sall with the correct sign and potential cause gets a Starbucks card!

**SHOUT OUTS!!! (Let us know who Rocks)**

- Shout out to **Darek, Merranda, and Josh** for being so kind and helpful with Jeopardy.
- Good Vibes to **Minesh Mehta** for making Dr. Schauer feel at home on the wards.
- Shout out to **Yasmin Hassoun** and **Ashley Jenkins** for leading an excellent family meeting at the VAMC!
- Shout out to **The Cafeteria** for getting us the perfect amount of Munchies for the resident lounge!
- Hats off to **Stephen Evans** for troubleshooting on 6 South!