Weekly Calendar

3/16: Noon Report: Yellow Medicine Team—Henning, Baez
3/17: Noon Report: Green Medicine Team—Goebel, Martin
3/18: Medical Grand Rounds: Dr. C Dong “Aging of the Cardio System”
3/19: Academic Half Day: Sepsis Weesner Prep: HIV
3/20: Intern Report: Dr. K DeMatta Senior Report: Dr. N Wajda

Spring Is In The Air!

Kiss Me I'm Irish!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Some At Risk Features

On Monday Steven Rudick and Peter Wilson presented a patient with HIV who presented with chest pain. We discussed how HIV can be a significant risk factor for coronary disease.

Discussion with ID Docs

Luckett and Fichtenbaum highlighted the importance of communication between PCP and ID Specialists in the care of HIV patients because of the unique risk profiles in HIV as well as the complicated drug-drug interactions between HAART and cardiovascular meds.

Some Powerful Pyridium

On Tuesday Cory Lucas and Matthew Newcomb discussed a patient with a recent UTI who presented with significant shortness of breath and some abdominal pain. After evaluation the team determined she had methemoglobinemia secondary to pyridium overdose. The patient was treated with methylene blue and recovered!

- Discontinue offending agent
- Asymptomatic or methHgb<20%: No Tx required
- If Sx: Place in ICU, Consider Methylene Blue 1-2mg/kg over 5 minutes. Usually Rapid Respose to Tx!

<table>
<thead>
<tr>
<th>Methemoglobin Concentration</th>
<th>% Total Hemoglobin</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt; 1.5 g/dl</td>
<td>10%</td>
<td>None</td>
</tr>
<tr>
<td>1.5-3.0 g/dl</td>
<td>10-20%</td>
<td>Cyanotic skin discoloration</td>
</tr>
<tr>
<td>3.0-4.5 g/dl</td>
<td>20-30%</td>
<td>Anxiety, lightheadedness, headache, tachycardia</td>
</tr>
<tr>
<td>4.5-7.5 g/dl</td>
<td>30-50%</td>
<td>Fatigue, confusion, dizziness, tachypnea, tachycardia</td>
</tr>
<tr>
<td>7.5-10.5 g/dl</td>
<td>50-70%</td>
<td>Coma, seizures, arrhythmias, acidosis</td>
</tr>
<tr>
<td>&gt; 10.5 g/dl</td>
<td>&gt;70%</td>
<td>Death</td>
</tr>
</tbody>
</table>
LAB CHANGES

- The lab has changed chemistry analyzers and as a result the reference ranges for sodium are being updated from 135-146 to a new range of 133-146 (mmol/L). This change was updated in EPIC this past week.

- As a result of patient safety concerns, the lab will now notify patient caregivers—nurses +/- physicians—for critical values obtained for any APPT, HPPT, and PT/PTD for patients not on anticoagulation, on heparin therapy, or on direct thrombin inhibitor therapy.

FROM THE CLINICS

Congratulations to “LEAN” Block 9 for hitting 100% rate of refills completed within 48 hours of request. The group is at a record high for prevention and diabetes outcome. It is evident that your hard work and dedication to improving your patient metrics has resulting in high quality care. Keep up the good work!

-Steve Gay

MATCH DAY COUNT DOWN!

7 days!

If you see a 4th year med student, be sure to congratulate them on surviving to Match Day! Remember: they must be at the Match Day Celebration by 11:30 on Friday—Be sure to plan your team’s clinical obligations accordingly.

SNOWED IN, SNOWED OUT

Lonely night float residents spend some down time during last month’s blizzard planning their corporate takeover.
Luck of the Baby Irish

Have plans for St Patrick’s Day Festivities? These guys do...

I never miss a St. Patty’s day at Hap’s Irish Pub!
-Leigh Palmer

Mmm... Green Cheerios.
–Josie Hellmann

Party on Fountain
Square is my Lucky Charm!
- Lotte Gay

I’ll be doing the Pub Crawl with
Danny Peters
-Benjamin Carlson

NURSING SUPERVISOR PHONE CHANGE

Take note and update your phones—the UH Nursing Supervisor Number has changed. To talk to someone who can make magic happen, call:

688-5001

RESIDENCY COUNCIL—3/31

We will be having our next Residency Council Town Hall Meeting on Tuesday 3/31 in the Noon Report room at 4:30. Please come with any thoughts and ideas on how things are going and how we can improve!

RESIDENT vs FACULTY ATHLETIC FEATS

Matt Kelleher is working to organize some Resident vs Faculty athletic events this spring, but he needs your help! Cast your vote for which sport you’d like to use to dominate the faculty and help Matt find just the right venue.
The Weekend To-Do List— March 13th-15th

1) **St. Patrick’s Day Celebration:** 3/14 10A-10P, Fountain Square. Parade at Noon through Downtown, Beer and Food at Fountain Square all day.

2) **Selection Sunday:** 3/15 8P Find out who your favorite team plays in the NCAA Tourney. Xavier and UC currently projected for 8 Seeds!

3) **Monster X Tour:** 3/13-14, Bank of KY Center, NKU. Monster Truck Rally $17-37

4) **Cincinnati Cyclones:** US Bank Arena 3/13 Bobblehead night, 3/14 Superhero night. $13-26

5) **Taste the World Food Tour:** 3/14 11A-12:30, Findlay Market. Foodie trip around the world during 90 minute guided tour of Findlay Market. Stops and tastings at 6 specialty merchants for sips and bites. $20, optional $5 add on for wine tasting.

Medical Trivia

First email responder to Dana Sall with the correct sign and potential cause gets a Starbucks card!

Congratulations to Javier Baez for correctly identifying last week’s Harlequin Sign. This flushing can be seen with sympathetic overdrive on the contralateral side to potential causes such as pancoast tumors.

SHOUT OUTS!!!  (Let us know who Rocks)

- Shout out to **Helen Lavelle** for helping out at the VA taking extra admissions to keep the teams afloat!
- Good Vibes to **John Muriithi** who missed being the first responder in the medical trivia 2 weeks in a row by a combined 3 minutes.
- Shout out to **Sulsal Haque** for “sweet talking some SVT into submission” -Cory Lucas
- Shout out to **Cory Lucas** for doing a great job coordinating care in MSD with a very sick alcohol withdrawal patient! —Holly, MSD Nursing Manager

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**THE STETHOSCOPE**