Weekly Calendar

2/9: Noon Report: Purple Medicine Team
Efficiency Conference: Becoming an Epic Superstar, 5PM MSB 6th Floor Room E602

2/10: Noon Report: Blue Medicine Team
Master Teacher Program: Teaching on Rounds w/ Dr. Brad Mathis

2/11: Medical Grand Rounds: Dr. Dan Schauer “Impact of Bariatric Surgery on Cancer Incidence”

2/12: Academic Half Day: AHD Surprise
Weesner Prep: Hyponatremia

Senior Report: David Bailey

Lucky Strike!

Keaton Jones captures the Mr. Intensity Award as the UCMC Resident Olympics come to a conclusion and final awards are presented!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Mean FS BG between treatment arms:
- Conventional group maintained FSBG < 180
- Intensive group had lower FSBG with average 108-110.

**Results**

1. **Intensive group had higher incidence of severe hypoglycemia FSBG < 40 mg/dl (6.8% vs. 0.5%)**
2. **Intensive group had higher 90-day mortality (OR 1.14 [1.02—1.28]); NNH = 38 (Graph shows higher mortality)**
3. Multiple subgroups (surgical pts, non-septic pts, pts without steroids) had trend towards higher mortality with intensive therapy (shown in forest plot)
4. **No difference between groups in median # hospital/ICU days, ventilator days or incidence of AKI requiring RRT.**

**Conclusions:** Target of < 180 resulted in lower mortality than target of 81-108.

Major component of ADA recommendations for hospitalized pts:

- Premeal < 140, Any random < 180

*(Note target of 110-140 may be used for pts at low risk of hypoglycemia). For more info, see link below:
UCMC Resident Olympics!

Congratulations on a fantastic Olympic Games!

- **Ninja Turtles Art Award**: Kelly Laipply
- **Best in Costume**: Robbie Bach
- **Best in Show**: Scott Carlson
- **Is it the Shoes?**: Danny Peters
- **Lioness of 7104**: Richa & Kantha
- **Mr. Olympia, Ms. Olympia**: Minesh & Eileen
- **Pretty in Pink**: Steve Gay
EPIC EFFICIENCY

Want to be the fastest note writer that has ever written a note? Know how to find pulmonary function tests and incorporate it into your H&P?

Come to our EPIC Efficiency Conference on Monday February 9th at 5PM on the 6th floor of MSB, Computer Lab Room E602

MASTER TEACHER PROGRAM

Looking to round like a pro? Love teaching about Bactrim and Triamterene? Come to Master Teacher Program Tuesday afternoon and learn how to teach like Brad Mathis on Rounds.

Medal Count

<table>
<thead>
<tr>
<th></th>
<th>Gold medals</th>
<th>Silver medals</th>
<th>Bronze medals</th>
<th>Total points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Barracudas</td>
<td>5</td>
<td>6 + 1 tie</td>
<td>1 + 1 tie</td>
<td>30</td>
</tr>
<tr>
<td>Yellow Iguanas</td>
<td>5</td>
<td>2</td>
<td>2 tie</td>
<td>20</td>
</tr>
<tr>
<td>Silver Snakes</td>
<td>1</td>
<td>3</td>
<td>3 + 1 tie</td>
<td>11.5</td>
</tr>
<tr>
<td>Green Monkeys</td>
<td>1 + 2 tie</td>
<td>3</td>
<td>3 + 2 ties</td>
<td>8</td>
</tr>
<tr>
<td>Red Jaguars</td>
<td>4</td>
<td>1 + 1 tie</td>
<td>2</td>
<td>17.5</td>
</tr>
</tbody>
</table>

Gold= 3 points  
Silver= 2 points  
Bronze= 1 point  
*Ties Split Points

Movie Magic

Congratulations to the Yellow Iguanas and Blue Barracudas for Olympic Gold and Silver for their singing submissions.
The Weekend To-Do List— February 6th-8th

1) Garage Brewed Moto Show: 2/7 5P-Midnight, Rhinegeist Brewery. Motorcycle show with over 50 custom bikes and choppers. Beers and food from Gomez Salsa. Free

2) Extreme Bull Riding: 2/7 7:30 Cincinnati Gardens. Extreme bull riding and barrel racing followed by country music with Cole Swindell. $30

3) Kentucky-Ohio Polar Plunge. 2/7 9A-2P Joe’s Crab Shack, Bellevue. Take the polar plunge and celebrate after. Benefits Special Olympics $75.

4) Big Cheese Festival: 2/7-8 11-4P, Jungle Jim’s. Samples of the best cheeses from cheese makers across the country. Free.

Medical Trivia

First email responder to Dana Sall with the correct diagnosis gets a Starbucks card!

Last week’s medical trivia was Multinodular Goiter. Congrats to Keaton, John Melchert, and Hani for taking gold, silver, and bronze!

SHOUT OUTS!!! (Let us know who Rocks)

- “I would like to shout out to senior Aaron Friedberg for making it to work the day after he was struck by a car on his bicycle on his way home from work.” - Josh NeCamp
- Shout out to Dana Sall, Michael Canos, and Mercedes Falciglia for putting together a great Diabetes Half Day. Rain, snow, sleet, nor Great Fire of 2014 can stop the DM AHD!
- Shout out to Owen Baldwin for “being a pretty balling senior.”
- Props to Rai on Night Float. He knows his stuff and is doing well with the busy pace!—J. Held
- Shout out to Darek Sanford for “working his butt off” this past week!

P.S. Aaron is confirmed to be okay.