The StethoSCOOP

VOLUME 2, ISSUE 29
JANUARY 23, 2015

Weekly Calendar

1/26:  Morbidity, Mortality, & Improvement: Dana Sall, MSB 3351
       OLYMPICS: BAKING CONTEST—PRECEEDING M,M,&I: Outside MSB 3351

1/27:  OLYMPICS: HEADS-UP COMPETITION, Noon Report Room @ Noon

1/28:  MGR: Dr. Ciaran Kelley (Boston) Visiting Prof. “Clostridium difficile—Beyond Antibiotics”
       OLYMPICS: SURGICAL AMPHITHEATER JR MINT TOSS, Surg Amph, 3PM
       Vulnerable Populations Meeting, 6PM, Highland Coffee Shop—RSVP w/ JT Tolentino.

1/29:  OLYMPICS: BAR TRIVIA, Noon Report Room @ Noon— ALL RESIDENT CLASSES

1/30:  OLYMPICS: PENTATHALON, Noon Report Room @ Noon

1/31:  OLYMPICS: BOWLING COMPETITION, Saturday 3:30-5:30, Crossgate Lanes

A Champion Is Born!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
HCV and Cryoglobulinemic Vasculitis

Anna Yan and Jillian Wang presented a great case of systemic cryoglobulinemic vasculitis in the setting of HCV and non-hodgkins lymphoma

**Cryoglobulinemia** = small to medium vessel vasculitis 2/2 immune complex deposition in vessels in the cold

Multisystem clinical manifestations, most commonly:

**Skin**: Erythematous macules to pruritic plaques

**Joints**: Arthralgia/myalgia, esp MCP, PIP, knees, ankles

**Renal**: Ranges from isolated proteinuria/hematuria to AKI 2/2 MPGN

**Types:**

I: Hyerpviscosity syndrome from monoclonal cryoglobulins (i.e. in multiple myeloma, Waldenstrom’s macroglobulinemia)

II + III: Polyclonal cryoglobulins 2/2 chronic inflammatory states like HCV, SLE, Sjogren’s, lymphoproliferative disorders

**Treatment:**

Treat underlying cause

If severe disease: Immunosuppression (Rituximab) + steroids

Note: Do not use rituximab if HBV or HIV not on HAART.

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Ciliary Flush

Elizabeth Lally and Danny Peters presented a case of ocular syphilis. We discussed the “ciliary flush” which is a physical exam finding pictured below of injection surrounding the iris:

**Differential diagnosis for ciliary flush:**

**Acute angle closure glaucoma**

**Iritis/anterior uveitis** (as in tuberculosis, sarcoidosis, syphilis, toxoplasma, reactive arthritis)

**Keratitis** (corneal inflammation): 2/2 trauma, allergy or infection

- Bacterial: Staph aureus, Pseudomonas, coagulase-negative Staphylococcus, diphtheroids, Strep pneumo and polymicrobial isolates
- Viral: HSV, adenovirus

Ciliary flush requires URGENT ophthalmology consultation.
UCMC Resident Olympics!

See below for details on this week’s Olympics!!!

SCAVENGER HUNT
Text pages sent out throughout the day leading to a location on the Health Science Campus. Pictures submitted via text message to Steve Gay with the first correct submissions for the first three teams resulting in gold, silver and bronze medals in the opening event.

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Bake-It-Off
Cuz a baker’s gotta bake, bake, bake, bake, bake. Bring the most delectable baked item to M,M,&I room by noon report Monday 1/26. Items to be judged by staff on taste, presentation, originality, and Health (if you go that route). Tasting opens up to classmates just before M,M,&I.

Head’s Up!
Not to be confused with heads-down, thumbs up circa 1991 but more like Taboo without the buzzer, this is the genius iPhone game created by Ellen. Come to the NRR at 12 on Tuesday where your team will get a chance to rack up the highest cumulative score.

Surgical Amphitheater Junior Mint Toss
Come for the show as each team competes in the Junior Mint Accuracy Toss—How many junior mints can your team drop into the field? Accuracy. Precision. Junior Mints. 3PM

Bar Trivia
How many miles per hour does Marty McFly need to get his Delorian back to the future? Who won the 2003 NCAA National Championship? If these useless facts are taking up viable brain space, come with as many team members as possible to our bar trivia competition, Thursday 1/29 12-1 in the Noon Report Room.

Pentathlon
Stair Climb, Long Jump, Free Throw Shots, Desk–Chair Cycling, Nerf Archery—Our athletic competition will have you sweating! Practice up for Friday at 12 in the NRR to bring home

Bowling Competition
High score takes a medal! Crossgate Lanes in Blue Ash on Saturday 1/31 for a Bowling Extravaganza. Each team submits their top 3 individual scores to tally toward team victory!!!
**CAPACITY EVALUATION**

Take note of the capacity evaluation smartphrase `.medcap` which can assist residents and attendings as they work through medical and psychiatric holds.

<table>
<thead>
<tr>
<th>Medal Count</th>
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<tbody>
<tr>
<td>Blue Barracudas</td>
</tr>
<tr>
<td>Yellow Iguanas</td>
</tr>
<tr>
<td>Silver Snakes</td>
</tr>
<tr>
<td>Green Monkeys</td>
</tr>
<tr>
<td>Red Jaguars</td>
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Gold = 3 points  
Silver = 2 points  
Bronze = 1 point  
Ties split points.

**Magnesium Shortage**

As of 1/23 all crash carts will have Magnesium re-stocked in IV Piggy-Back form. Equivalent Magnesium can be drawn up and administered via IV Push.

**Dynamic Duo**

Bad Ticker?  
Chest Pain?  
Troponin Leak?  
Drs. Reed and Sabbah LLC are on the case.  
Call 1-800-INNEDACARDIOLOGYCONSULT

**BABI TIME!**

Congratulations!

Michael and Dana will be handing off chief call next week to be covered by the young Drs. Josephine and Leigh! Direct admits are more likely to be accepted if accompanied by banana mush and milk.
The Weekend To-Do List—January 23rd-25th

1) Park+Vine Chili Cook-Off: 1/25, 1202 Main St, OTR. $10 Tasting
2) Ring of Fire: Playhouse in the Park, Mt. Adams.
4) Jungle Jim’s: 1/23 Pint Night—$3 for a selection of beers from Southern Tier. 1/24—Handmade Pasta Workshop. One of many cooking classes offered regularly, make handmade pasta from scratch! Classes 2-3x/week, $50-150
5) Australia: Land Beyond Time: Omnimax Theater—Union Terminal.

Medical Trivia

For the next 2 weeks, there will be gold, silver and bronze medals awarded to the first three responders to sallda@ucmail.uc.edu with the correct diagnosis.

SHOUT OUTS!!! (Let us know who Rocks)

- Shout out to Perry Lin for doing great work in the Women’s Health Clinic!
- “This is the first time ever I’ve really wanted my pager to go off.” - Anonymous intern while waiting for Scavenger Hunt Clue #3.
- Congratulations to Vamsi Gaddipati for winning the Scavenger Hunt with Richa Patel and Courtney Ohlinger tying for second place!
- Shout out to the amazing Steven Rudick for helping out an amazing pair of interns on Renal
- Shout out to Cam Ditty for helping his 3rd year med students on GI Wards!