Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
EBV or PTLD?

On Tuesday Keaton Jones and Desirae Christian presented a post-transplant patient who presented with persistent fevers up to 102-103, malaise, GI upset, and lymphadenopathy. After a significant infectious work-up the team was concerned that the symptoms may be secondary to Epstein-Barr Virus infection vs Post-Transplant Lymphoproliferative Disorder.

### Post-Transplant Lymphoproliferative Disorder
- B-Cell Proliferation induced by infection with EBV in the setting of chronic immunosuppression and decreased T Cell Surveillance
- Greatest risk in patients with marked immunosuppression (Cardiac)
- Majority in first year post transplant (Highest immunosuppression)
- Risk of PTLD decreases with time after transplantation
- Non-specific symptoms (See inset), Progresses—High Mortality!
- Diagnosis: Requires high suspicion and biopsy histopathology
- Management: Reduction of immunosuppression
  Surveillance via Lymph Node Biopsy

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A Previously Pulmonary Nodule

At Morbidity, Mortality, and Improvement conference on Monday Michael Hellmann discussed the clinical dilemma of following up incidental findings during hospitalization. Up to 15-20% of our CT imaging studies have incidental findings needing follow-up which strains our current system of communication. Among the topics discussed in the conference is the balance between scaring our patients about cancer, over irradiating them with imaging studies, and the desire to catch potential cancers at their earliest stage. An area with potential for measurement and improvement in our outpatient clinics, the topic has sparked discussion about how to best serve our patients.

In the meantime, Mayo Clinic has a useful tool in assessing malignancy risk of incidental pulmonary nodules based on age, smoking status, cancer history, nodule size, appearance, and location. Google “pulmonary nodule risk calculator” or click on the link below to use this tool in assessing and communicating with your patients!

Residency 3.0 Report Card

As the calendar year wraps up, we’re taking a look back to where we’ve come from and what progress we’ve made. Nearly one year ago our residents felt it was important to address 8 improvement themes and from that spawned the Residency 3.0 initiative. We’re 6 months into Residency 3.0 - here’s what we’ve been working on. Look to the upcoming Residency Council and Resident Surveys to help us keep improving!

1) RIGHT SIZE WORKLOAD AND PERCEPTIONS

Day-Float Rotation – Senior residents served as an extra hand to assist long call seniors and subspecialty residents during winter months without AI assistance.

VA Winter Team Caps – Extra resident coverage was provided during winter months at the VA without AI assistance. Teams without AI’s were successfully strictly capped at 10.

Hospitalist 5 Initiatives – The hospitalist 5 team coverage was expanded and additional flexibility added to preserve team hard caps for the year and to minimize teams capping before night float arrives.

Clarify Admission Times – Emphasizing long call admissions end at 7:30 to clarify confusion, frustrations.

2) HOSPITALIST ACADEMIC EXPECTATIONS

Attending Presence – Hospitalist 5 coverage has included more dedicated education, QI, and other academic time to dedicate toward resident education.

Noon Reports – Led by noon report mainstays such as Dr. Parker, Dr. Ali and many others, hospitalists have been a consistent presence at academic functions.

3) FACULTY WIDE ACADEMIC EXPECTATIONS

Goal Setting - Drs. Warm, Mathis, Ashbrook et al. met in one on one sessions with many residents to set discreet, achievable, but challenging academic goals.

Scholarly Projects - Residents encouraged to produce and present more primary research + QI projects rather than clinical vignettes resulting in 14 resident publications last year.

Research Pathway - Dr. Schauer has plans to renovate the pathway with more structure and didactics

4) IMPROVE LEARNING OUTCOMES AND RETENTION

Dr. Parker Assessment Tests - Faculty question development team tailors questions to topics encountered during that month’s conferences. Questions correlate directly to ITE objectives. Learning and test taking style decided on by each resident.

Weesner Senior Prep - Established additional dedicated senior didactic sessions and provide teaching curriculum to enable senior residents as medical educators

In-Training Exam - We had our highest ever ITE and are currently in the Top Quintile of all IM programs in the nation.
5) IMPROVE RESIDENT SCHEDULING: Cleaner and More Accurate

**Amion Development** - Chiefs went through computer training in order to tackle minute-by-minute schedule changes, enabling after-hours schedule updates and more prompt amion corrections.

**Schedule Consolidation** - Hoxworth Clinic, Subspecialty Clinic, Jeopardy, ICU schedules collected from Dropbox, Medhub, and Amion and combined into one source for more easily accessible and accurate scheduling.

**Golden Weekend Request Program** - Request system aims to allow individual flexibility in developing schedules while helping residents to schedule two days off for life events and functions.

6) IMPROVE AMBULATORY CHRONIC PAIN MANAGEMENT

**Pain Management** - Steve Gay and the QI project leadership continue to improve chronic pain management strategies with new plans rolling out for LEAN Block.

**Mental Health** – Currently finalizing plans to bring a mental health social worker into the practice to help with pain patient mental health needs and assist us with treatment plans.

**Sports Medicine** – Currently finalizing plans to bring sports medicine clinic to Hoxworth for injections and other pain reducing options for our patients.

7) IMPROVE CAREER PLANNING

**Fellowship Advisory Panel** - Dr. Luckett developed fellowship counselling sessions and Dr. Warm’s fellowship preparation checklist to be distributed shortly.

**IM Board Pass Program** – Individualized study planning, evaluation for those interested or in need.

**Mentorship Program** – After needs assessment Dana developed a senior-intern mentoring program

8) IMPROVE COMMUNICATION AND MESSAGING

**StethoSCOOP** – Weekly newsletter aims to involve all residents in conference topics and activities, celebrate resident successes, advertise opportunities, inform residents about residency issues, advertise local events, and add some whimsy.

**Medhub Consolidation** – Important documents for educational sessions and rotation prep consolidated from many different sources to Medhub. Past AHD materials posted to Medhub.

**Residency Council** - Resident driven evaluation sessions to address resident goals and needs. Improvement projects include additional phones, numerous workflow issues, and the resident workspace initiative.
“Don’t mind us, just trying to make the front cover of the StethoSCOOP.”

Editor’s Note: Gotta stay week ahead of things to make the front cover of the StethoSCOOP! Page 5 isn’t too shabby!

Little Charlotte "Lotte" Gay making herself at home.

FREE DINNER FOODSTUFFS!
Interview season remains on hiatus this week. How will you fill your belly? The StethoSCOOP is here with your OTR and Downtown recommendations.

SOTTO. Heaven on 6th Street. Not overly pricey, and worth every penny.

Abigail Street. Small tapas-style plates perfect for 3-4 people to share and a variety of wonderful Mediterranean dishes.

Coffee Emporium. The best coffee shop in the city. On Columbia Parkway.

Brezel. - Gourmet pretzel company specializing in hand-rolled pretzel products.
Extended Weekend To-Do List— December 26th-30th

1) **WWE Live**: 7:30 PM Sat, US Bank Arena. Luminaria celebration of OTR.

2) **Mummies of the World**: Mon-Sat, Cincinnati Museum Center. Discover mummies dating back to 4,500 years at the once-in-a-lifetime exhibit.

3) **Festival of Lights**: Through Jan 3rd, Cincinnati Zoo.

4) **NYE Celebration at Rhinegeist**: Wed, Rhinegeist. A perfect place to ring in the new year. $10

5) **New Year’s Eve Blast on Ft Square**: Wed, Fountain Square. Giant outdoor party with a DJ, games, prizes, dance contests, free ice skating, midnight fireworks display, and full bar service.

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**Medical Trivia**

What condition is pictured here and what causes this? The first person to email Dana Sall (Sallda@ucmail.uc.edu) will win a Starbucks giftcard!

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**SHOUT OUTS!!! (Let us know who Rocks)**

- Shout out to **Jillian Wang** as she heads off to University of Arizona in Tuscon for her ophthalmology residency next year!
- Shout out to the Orange Medicine team **Tim Williams, Joel Gabre, and Ally Shattls** for their Christmas spirit and their pet C.O.W. “Christmas on Wheels”
- Shout out to **Orange Team** from Dr. Smulian for great patient care and Shout out to **Dr. Smulian** from Orange team for great patient care!
- Cory Lucas would like to shout out **Cory Lucas** for providing so many shout outs this year.
- **Nickolai Wajda** for helping out his intern on a hard day.

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**THE STETHOSCOOP**