Weekly Calendar

12/22: Morbidity, Mortality, & Improvement: Michael Hellmann, MSB 3351
12/23: Noon Report—Red Medicine Team, Noon Report Room

Merry Christmas

‘Tis The Season

HAPPY HOLIDAYS!!!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx

Purple Team
Foot Cream
Wegener’s
Parker Test
Busy Bees
New Transitions
Night Before Christmas!
Wine Tasting!
Educational Consult Team
Medical Trivia
Shout Outs

SPECIAL POINTS OF INTEREST:
- Merry Christmas!
- Special K
- Weekend To-Do!

INSIDE THIS ISSUE:
**Wegener’s Granulomatosis**

On Monday Kristine DeMatta and Avanti Jakatdar presented a case of patient with hemoptysis, epistaxis, and acute and chronic renal failure.

**Wegener’s Granulomatosis a.k.a. Granulomatosis with Polyangiitis**

**Clinical features:** Constitutional sx: Fever, migratory arthralgias, weight loss
- Lower airways: Fixed pulmonary infiltrates/nodules.
- Upper airways: Bloody nasal discharge x1 month, chronic sinusitis, saddle nose deformities
- Pauci-immune glomerulonephritis
+ c-ANCA
- Pathological difference from micropscopical polyangiitis is granulomas on biopsy of affected tissue

**Treatment:** Steroids +/- immunosuppression
- (methotrexate, cyclophosphamide, rituximab)

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**Purple Team Ketamine Foot Cream™**

On Tuesday Hellen Lavelle presented a patient who didn’t remember how she fell and broke her wrist. Her family noted she was confused and acting strange. After ruling out eminently treatable disease, the group re-evaluated her presentation. An astute team member found the patient had been using “foot cream” for her foot pain, which contains a significant amount of Ketamine!

In addition to medications hidden within OTC formulations, be aware of side effects from hidden medications within compounded creams and lotions!

**PURPLE TEAM FOOT CREAM**

**GENERAL PAIN AND INFLAMMATION**
(MUSCULOSKELETAL PAIN, TENDINITIS, TENDINOSIS, GENERAL PAIN)

- KETAMINE 10%, GABAPENTIN 6%, KETOPROFEN 10%, BACLOFEN 2%, LIDOCAINE 5%, CYCLOBENZAPRINE 2%

The patient perseverated on her pet squirrels. They were not relevant...
Dr. Parker Blackboard Test Review

Dr. Parker recently held a blackboard test review at noon report to discuss difficult questions from our Blackboard Test Review Series. Shout out to Keaton Jones for shedding light on breast cancer treatment protocols!

ER+ Breast Cancer Hormonal Treatment:
Tamoxifen for premenopausal women
Aromatase inhibitor for postmenopausal women

Why?
Estrogen is predominantly produced in the ovaries in premenopausal women. Tamoxifen doesn't inhibit the production but blocks the effects on cell receptors.
In postmenopausal women, the ovaries are done and estrogen is produced by other tissues (ie fat and muscle) through the aromatase enzyme. Aromatase inhibitors are therefore effective only in postmenopausal women.

Tap-Badge Eureka!

It’s Fixed! The IM Residency IT Department (Cogorno) has successfully fixed the tap-badge log-out problem in a system wide epic change. Your tap badge no longer logs you out of the system causing you to lose all your precious work! When you do need to log out use the F-4 key or Windows Button-”L”!

This Week’s Free Dinner:
Thank you residents for representing UC so well at the applicant dinners! We’re well past the halfway point and have only 6 dinners left in January. We’ll need your help, thanks in advance!

Sign up for Dinners!
Merry Christmas!!!

Was the week before Christmas when all through the wards
Not a pager was chirping not even yours
The lights were hung up in the orange room with care
With hopes that Tim Williams would always be there
The patients were nestled all snug in their beds
While visions of magic cups danced in their heads
Eric in his Rudolf hat and Matt dressed as an elf
Had just laid their Harrisons back on the shelf
When out on the floors there arose such a clatter
A0D sprang from the couch to see what was the matter
Away to the heli-pad they ran in a dash,
Took out their iphones and turned off the flash
When what to their wondering eyes should reveal
But a dodge minivan with Steve Gay at the wheel
More rapid than Mathis in his minivan he drove
The night float did spot baby puke on his clothes
“More formula, more diapers and more chicken soup
Im off to the store but I’m covered in poop!”
But I heard him exclaim as he careened out of sight

“Happy Christmas to all
And to all a Good Night!”
NEW TRANSITIONS!

Congratulations to Annie Olsieski for graduating and her impending marriage! The department is sad to see you go, but excited to introduce our newest administrator Stephanie Ambach! Stephanie is a hometown favorite and currently premedicine here at UC! Come swing by the office and give her a warm welcome!

A TIP OF THE GLASS!

Wine Tasting Around Town

Wine on Vine. $2 per flight of California Regional Wines. 12/19 4-7 Country Fresh Farm Market and Wine Depot, 8425 Vine St.

5 After 5. “5 wine and food pairings for $5 starting at 5-7PM every Friday. This week: Holiday Cask & Cork! Whole Foods, Rookwood


Awakenings Wine Tasting. Wine tasting events four times/week from Thu-Sun 4-10PM with wine and cheeses from around the world! Awakenings Wine & Coffee Emporium, Hyde Park Square

Educational Consult Team

Out of an effort from the Master Teacher Program, UC Internal Medicine has created an Educational Consult Team! You may encounter these highly trained consultants as they provide feedback for presentations varying from Rounds to Noon Reports to Medical Grand Rounds. Dr Kinnear leads the team charge and continues to improve consultation services—look out for them now giving feedback prior to presentations in order to improve their performance before the conferences!
The Weekend To-Do List—December 19th-21st


3) Brew HO HO HO Dinner Cruise: 12/20 BB Riverboat Dinner Cruise—4 beer tasting of Christian Moerlein’s premium and seasonal brews with a buffet of holiday favorites. $55.

4) Ugly Christmas Sweater Party: 12/18 The St. Clair, Clifton Heights. $50 bar tab to the best ugly Christmas Sweater.

5) Light Up the Levee: One million LED lights synchronized to holiday music. Free. All the time through Jan 1. Newport on the Levee.

Medical Trivia

Combining some medical and sports trivia: Who is this person, what condition does he have? The first person to email Dana Sall (Sallda@ucmail.uc.edu) will win a Starbucks giftcard!

SHOUT OUTS!!! (Let us know who Rocks)

- **Tim Reed** from Helen Lavelle for doing great work on their rotation!
- Shout out to **Drs Greg Rouan and Kay Johnson** for throwing a tremendous holiday party at Cincinnati Country Club!
- **Joel Gabre, Cory Lucas, and Estrelita Dixon** for helping and being flexible with schedules to help out a friend.
- **Rachel Bensman** for helping us all to keep up to date on our Training Modules!
- **Pankti Shah** for seeing a patient for a resident who was running late.
- **DJ Sodeinde** got a shout out from the ED for doing tremendous work on their rotation!
- **Suchin Khanna and Adam Rose** have been doing a great job watching our patients on night float! Thanks!