Weekly Calendar

12/1: Senior Change Day: State of the Senior, Senior/AI Orientation
      Applicant Dinner: Nicholson’s, 5:45 PM
12/2: Noon Report—Red Medicine Team, MSB 4051
12/3: Medical Grand Rounds: David Aron, MD “Linking Research and Practice”
12/4: Academic Half Day—Medical Errors  Senior Prep—Endocrine
      Applicant Dinner: Palomino, 5:45 PM
12/5: Noon Report—Orange Medicine, MSB 4051

Happy Thanksgiving!!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Retroperitoneal Bleed

On Monday Dana Sall discussed a patient who had a retroperitoneal bleed after a cardiac cath. This discussion highlighted the need for close communication between interventional services and primary teams regarding potential complications. The case portrayed the typical presentation of a RP bleed as well as show opportunity for communication and process improvement.

- Incidence of bleeding after LHC = 3-6%
  - 5-12% of these major events are RP bleeds
- Risk factors for RP bleed:
  - "High" Stick – Access above inguinal ligament or above the inferior epigastric artery or above middle 1/3 of femoral head on fluoro
  - Also risk if posterior femoral wall puncture or puncture of aortocaval vessels
- Implications of periprocedural bleeding
  - 2012 report from National Cardiovascular Data Registry of 3 million procedures → major bleeding 4x increased in hospital mortality (5.26 v. 1.87%)
  - Long term data on mortality conflicting
- Can estimate a patient’s risk of periprocedural bleeding with this tool, developed from European Heart Journal (2007) 28; 1936–1945;

To lyse or not to lyse

Fibrinolysis for Patients with Intermediate-Risk Pulmonary Embolism

On Tuesday Devon, Suchin, and Amanda discussed a patient with a syncopal event, chest pain, and shortness of breath. The group quickly diagnosed the pulmonary embolism, and the discussion focused on her management. Given her borderline hypotension, and right heart strain with elevated cardiac markers, the group favored use of thrombolytics. The team discussed a consensus guideline to pursue thrombolysis in patients with massive PE without contraindications and hemodynamic instability with persistent SBP<90. Research is evolving for thrombolysis in hemodynamically stable patients with significant heart strain, extensive clot burden, severe hypoxemia, etc. Check out the recent NEJM article!
Gobble Gobble
A Happy Thanksgiving to everyone in the department! Thanksgiving hit the wards with a bang as the GIM attendings conspired to throw together a holiday feast. As the weather outside gets frightful, the celebrations on 7NW get more delightful!

This Week's Free Dinner:
Our dinner Monday night features the one and only Nicholson’s Pub. Known for it’s delicious first beers, selection of 5 free dinners, and many applicants, Nicholson’s is always a hit.

Kicking off Thursday night is Palomino’s! The Pork Loin was delicious, but next time I’m going to hunt down the 3 cheese penne dish—it looked tasty!

Fellowship Match Day!
Look out because this Wednesday is the fellowship match day! Our tremendous 3rd year class (and several chief residents) will be eyeballing those emails to see where they’re headed. Congratulations in advance!!!

Sign up for Dinners!
Welcome to the Arts!

Upcoming Cincinnati Arts Events

**Art After Dark:** Nov 28 5-9P, Cincy Art Museum. Special exhibition Eyes on the Street, cash cocktail bar, jazz, + classic film show. FREE

**Elf:** Dec 2-7, Aronoff. One of the most beloved Holiday Hits of the past decade is born again—live on stage! Tickets limited!

**Holiday Pops:** Dec 5, 13, 14, Music Hall. Join “Mr. Christmas” himself, John Morris Russell, for Cincinnati’s can’t-miss holiday tradition!

**Guided Host Tours of Music Hall:** Dec 12. Participants encouraged to bring their own Ghost Hunting Equipment! (None Required)

**The Nutcracker:** Dec 19-27, Aronoff. Revel in the magic of Clara and her Nutcracker Prince in the classic adventure of The Nutcracker.

**Caroling in the Park:** Nov-Dec Fri-Sat 6-8PM, Washington Park. Local choirs on hand to perform and carol with a hot beverage.

**A Christmas Carol:** Nov-Dec, Playhouse in the Park, Mt Adams. Holiday Classic. $30-80.

**Trans Siberian Orchestra:** Dec 12th, US Bank Arena. $40-$70

Holiday Business!

What’s Your Favorite?

**Gingerbread Competition.** “Festival of Lights is great. Goal for this year is to chop down my own Xmas tree. A good ol’fashion gingerbread house competition is always good.” —Robbie Bach

**Beach Mountain.** “I’m excited to take my Little Brother to The Beach’s new attraction, Beach Mountain: A 400 ft long snow intertube ride” —Steve Gay

**Broomball.** “Downtown broomball is great. Christmas Lights + Hot Cocoa + fire in a barrel = Awesome” —Ben Kinnear

**Blind Lemon.** “It’s a little place in Mt Adams and it’s beyond cool. Indoor/Outdoor areas with fires + they’ll serve all sorts of awesome winter brews.” —Tim Williams

**The Nutcracker.** “At the Aronoff, awesome show, I go every year.” - Dana Sall

Christmas Corner: A Slice of UC’s Cheery Edge

Be sure to RSVP for the IM Department Holiday Party at Cincinnati Country Club on Dec 18th!
The Weekend To-Do List—November 28th-30th

1) Cincy Christkindlmarkt: Downtown. German Christmas market, traditional German foot, mulled wine, sweets, beer, and artisan gifts.

2) D.L Hughley: 11/28-29, Funny Bone Comedy Club, Newport. $25.

3) Light Up the Square: 11/28 6-10P, Fountain Square. Food, music, ice skating, and a fireworks show as the new downtown Christmas Tree lights up.

4) Scuba Santa: Newport Aquarium

5) OMNIMAX Movie: Cincinnati Museum Center. Now Showing: Rocky Mountain Express, Mummies: Secrets of Pharoahs, Grand Canyon

Medical Trivia

The first person to email Dana Sall (Sallda@ucmail.uc.edu) the physical exam finding noted here will win a Starbucks giftcard!

SHOUT OUTS!!!  (Let us know who Rocks)

- Shout out to Steve Cogorno from the Resident Advisory Council for his help solving EPIC issues.
- Cory Lucas, Minesh Mehta, Helen Lavelle, and Dana Sall for forming the most helpful, down to earth and ready day floatist team ever assembled.
- Samer Alsidawi “for doing great work in the MICU. He has great handoffs, made discharge appointments and sent medications to the pharmacy in anticipation of a holiday discharge!”
- To Drs. Coberly, Pierce, Mathis, Hummel, El-Khatib, and Robertson for throwing a Thanksgiving Feast for the house staff in the resident lounge!