Weekly Calendar

10/6: Noon Report—Orange Medicine
10/7: Noon Report—Evidence Based Medicine, Dr. Ben Kinnear
        Residency Council: 5PM, Noon Report Room
        Peter Clayton: Life After Residency Program, UH FCC 104 6:30PM, Dinner Provided
10/8: Medical Grand Rounds: Dr Haglund “Specifications for PNA treatment: Whats the Data?”
10/9: Academic Half Day—Neuro Exam
        Senior Prep—ACP Quiz Bowl
10/10: Intern Noon Report—Adil Qarni
        Senior Noon Report—Katie Donnelly

It’s Getting Hot In Here!

Thanks to the staff who did an amazing job ensuring patient and employee safety during the Code Red Event!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
John— Do I have Ebola?

Fast Facts about Ebola to help field questions from your grandma...

As of 9/14/2014, 4507 cases of Ebola virus (2296 deaths) had been reported from 5 countries in West Africa — Guinea, Liberia, Nigeria, Senegal, and Sierra Leone.

In terms of morbidity and mortality, this Ebola epidemic is larger than all previous epidemics combined.

First case of Ebola diagnosed in US was reported this week

**What are the symptoms of Ebola?**

- Fever (greater than 38.6°C or 101.5°F)
- Severe headache
- Muscle pain
- Weakness
- Diarrhea
- Vomiting
- Abdominal (stomach) pain
- Unexplained hemorrhage (bleeding or bruising)

**When do symptoms appear?**

- 2 to 21 days after exposure to Ebola, but the average is 8 to 10 days.

**How can I get it?**

Ebola is spread through direct contact (through broken skin or mucous membranes) with:

- Blood or body fluids of an infected person
- Contaminated needles/syringes/equipment
- Infected animals
- **Ebola is not spread through the air or by water, or in general, food**
- Exposure to Ebola can occur in healthcare settings where hospital staff are not wearing appropriate protective equipment, including masks, gowns, and gloves and eye protection.

**How is it treated?**

- Supportive Care
- In development: Antibody treatment (ZMapp) which combines 3 antibodies that bind to Ebola proteins

**What if Ebola is diagnosed at UH?**

We’ve got a policy in place: [http://sharepoint.healthall.com/hospitals/university/Policies/ADM-Viral%20Hemorrhagic%20Fever.doc](http://sharepoint.healthall.com/hospitals/university/Policies/ADM-Viral%20Hemorrhagic%20Fever.doc)

For more information, visit: [http://www.cdc.gov/vhf/ebola/index.html](http://www.cdc.gov/vhf/ebola/index.html)
New Foodstuffs??
Nature’s Table and Copper Moon Café are now OPEN! Check out their options in the previous Wall Street Deli location. Steve loves it, notes the long-time favorite breakfast burrito is back in action!

DID YOU OR DID YOU NOT ORDER THE CODE RED!?!?
University Medical Center had a code red event this past Thursday morning. After a small fire started in the underbelly of the hospital, a great deal of smoke emanated from the building. There was some smoke through the hospital and patients were moved to temporary locations until the smoke was completely ventilated. Thank you faculty and staff for both your flexibility and attention to the safety of both your patients and employees. We will be re-scheduling our Diabetes Academic Half Day. Stay Tuned!

Post Residency Seminar
Real Life Is Coming!
Next week Peter Clayton will be hosting an After Residency Seminar. He has assembled a host of financial gurus to drop knowledge as you enter the world. The next meeting is this coming Tuesday, October 7th at 6:30 in the Faculty Conference Center—Univeristy Hospital Room 104 near Starbucks. The discussion will include wealth planning and investments, estate planning basics, risk analysis, and insurances. This presentation includes dinner and drinks on the house. If you RSVP, make sure you eat the food they made for you!
October Haunted House Guide

Halloween Haunt: Kings Island’s haunted amusement park. “The park’s annual bloodbath feature’s 11 mazes, four “scare zones” and several exciting live shows. This year’s newest addition, Kill Mart, is a haunted department store and the park’s largest haunted maze.”

Ghost Tours of Music Hall: Guided Ghost Tours 10/3 and 12/12, tour the haunted freight elevator, auditorium, ballroom, etc. Personal ghost hunting equipment encouraged.

USS Nightmare: The Haunted Steamboat, $15 Newport

Queen City is Haunted: Walking tour through Cincinnati that covers the mysterious, murderous, and paranormal history that surrounds us. $20, Starts in OTR americanlegacytours.com

Land of Illusion: A haunted scream park, ride on the zombie sniper patrol, catch the night pyrotechnic skydivers, fireworks, and “scareoke”. Mid- dletown, LandOfIllusion.com

Epic Downtime

We will have computer downtime on Sunday October 5th, 2-6AM. Paper charting and order sheets have been placed in the resident lounge as needed.

Research Corner: A Slice of UC’s Cutting Edge

Dana and her colleagues have just published a paper in Clinical Obesity, here’s a portion of the abstract:

Orlistat-induced fulminant hepatic failure

D. Sall, J. Wang, M. Rashkin, M. Welch, C. Droege, and D. Schauer

A 54-year-old African-American woman presented with hepatic failure. She had noticed increasing fatigue, jaundice and confusion. She used alcohol sparingly and denied tobacco or illicit drug use, but had been taking over-the-counter orlistat for the past two months. Physical examination revealed scleral icterus, jaundice, asterixis and slow speech. Laboratory testing showed markedly abnormal liver function tests with coagulopathy. Acute viral and autoimmune serologies were negative, as was toxicology screen. Liver biopsy showed necrotic hepatic parenchyma likely secondary to drug toxicity. Based upon her clinical presentation and time course, the pattern of liver injury seen on liver biopsy and lack of an alternative plausible explanation, her liver failure was most likely associated with orlistat use. She continued to deteriorate and ultimately underwent orthotopic liver transplantation. Fourteen cases of severe liver injury associated with orlistat use have been reported, four of which are detailed in the literature. This is the second published case of liver failure associated with over-the-counter orlistat usage.
The Weekend To-Do List—October 3rd-5th

1) Essex Art Studio Art Walk: Oct 3rd & 4th 6-10P. Browse the local artist creations with some red wine and cheese.

2) Donauschwaben Oktoberfest: 10/3-10/5, Colerain

3) PedalWagon: Do it while the weather is awesome!

4) Segway Tours: Historical, City, and Park Tours all while whizzing around on a fancy Segway. SegwayOfCincinnati.com

5) B&B Riverboat Cruise: Ohio river dinner or sightseeing cruise on a queen city river gem, dinner and tours run daily. Bbriverboats.com

Medical Trivia

First person to email Dana, sallda@ucmail.uc.edu and correctly identify this skin finding will win a Starbucks giftcard!

Congrats to Kelly Laipply and Danny Peters for together identifying WPW in Afib with RVR. More to come on this next week.

SHOUT OUTS!!! (Let us know who Rocks)

- Nida Hussain for getting a senior home to take care of her sick child!
- Marshall Weesner for running a wonderful Ultrasound Guided Peripheral IV Procedure fair on Tuesday!
- Megan Flanigan and Rita Schlanger for covering service obligations for a resident in need.
- Shout out to Kate Schmidt for buying a Bearcat for the resident lounge!
- Bo Stapler for 4 years of providing the calm, gentle, knowing voice of reason. Bo knows.
- Jeremy Sorkin from nursing leadership for helping a nurse with an asthma exacerbation.