The StethoSCOOP

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OCTOBER 31, 2014

Weekly Calendar

10/31: HALLOWEEN!!!

11/1: Party at Dr. Warm’s House, 7PM, Families welcome

11/2: Daylight Savings Time, 2AM

11/3: Noon Report—Evidence Based Medicine w/ Drs. Kinnear, Kelleher, & Tolentino

Recruiting Dinner: Nicholson’s 5:45 PM

11/4: Noon Report—Yellow Medicine, MSB 4051

11/5: Medical Grand Rounds: Dr Gruschen Veldtman “Adult Congenital Heart Disease”

11/6: Academic Half Day—Difficult Patient

Senior Prep—Rheumatology

Recruiting Dinner: Palomino’s 5:45 PM

11/7: Noon Report — Orange Medicine, MSB 4051

Happy Halloween!!!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Beriberi
At Monday’s Stump the Expert, Dr. Warm presented a case of a young female on a candy-only diet with Beriberi AND Scurvy to the local experts Dr. Fichtenbaum and Dr. Kinnear

About Thiamine
- Found in yeast, legumes, pork, rice, and cereals
- Absorbed in jejunum and ileum
- Half life 10-20 days

At risk populations for thiamine deficiency:
- Fad dieters, Pregnant women. s/p Gastric Bypass

Clinical Manifestations of Beriberi:
Dry beriberi: Peripheral neuropathy + Impaired memory/irritability
- Both sensory and motor
- Usually symmetrical
- Affects distal extremities
- Impaired proprioception

Wet beriberi: Above symptoms +
- High-output congestive heart failure (EF will be normal); usually with cardiomegaly and profound peripheral edema and tachycardia
- Wide pulse pressure
- Abdominal pain, constipation, dysphagia, anorexia

For an awesome look at a case description of possible beriberi from a medical journal in 1887 (!!) check out this link!

Thiamine deficiency assoc. with 3 disorders:
1. Beriberi (dry and wet)
2. Wernicke-Korsakoff syndrome
3. Leigh’s Syndrome

Treatment of beriberi:
- High dose thiamine (50-100 mg) for 10-14 days
- Then 10 mg daily until symptoms resolve

HSV Esophagitis
Pankti Shah and Leila Borders discussed a case of failure to thrive secondary to dysphagia which was ultimately diagnosed as HSV Esophagitis. This highlighted the clinical differentiation of odynophagia, oropharyngeal, and esophageal dysphagia syndromes.
News from the Clinic:

Long Block orientation took place this past Thursday and Friday. The new long-blockers determined which guidelines they wish to be measured by during the coming year at AHD’s Defense of the Measures. In addition they spent time with Jeff Norton learning LEAN techniques to cut waste from the clinic and increase our productivity!

A Testing Well Done!

Congratulations to the entire residency who scored in the Top Quintile of In-Training Exam scores across the country. A job well done everyone!

Make sure you aren’t the odd man out that didn’t finish your Blackboard test due on our Halloween Change Day!

-Katie Parker

This Week’s Free Dinner:

Monday’s recruiting dinner is at Nicholson’s. Applicants walk over Monday at 5:45, be there by 6. Jillian, Perry, Megan, Andrew, Suchin, and Hipster Steve are signed up to go, there’s room for anyone who would like to join!

Thursday’s recruiting dinner the first at Palomino! Richa, Rachel, Latoya, Toledo Steve IV, Jessica Huang, Sulsal, and Owen are signed up—look forward to seeing you there!

Sign up for Dinners!
THANKSOWEEN!
Thanks-o-ween you say? Take note—the best of both worlds with Thanksgiving Pot-Luck and Halloween Costumes. Mark your calendars because on November 22nd Thanksoween will be hosted at the Hellmann abode. Be sure to snatch up your costume deals on Saturday for the event! All are welcome!

Internal Medicine vs. Pediatrics
FOOTBALL GAME

The pediatric “residents” at Children’s hospital have challenged internal medicine to a game of co-ed flag football. Its on.

November 8th at 3-6PM
Armlender Park 5057 Wooster Rd

Research Corner: A Slice of UC’s Cutting Edge
A Comparative Study of Gene-Expression Data of Basal Cell Carcinoma and Melanoma Reveals New Insights about the Two Cancers

Dr. Minesh Mehta researched the genetic transcription factors of fatty acid metabolism in basal cell carcinoma and melanoma. Their research furthers understanding of the cancer metabolism and factors that promote local invasion and metastasis of basal cell carcinoma and melanoma. In addition to his multiple publications, Minesh also possesses a wicked curveball.

Don’t forget your extra hour of sleep on Sunday for Daylight Savings!
-Leigh Palmer
The Weekend To-Do List— October 24th-26th

1) Bengals vs Jags. 11/2 Paul Brown Stadium 1PM.
2) City Apple Fest: 11/1 Washington Park 11-6. Vendors celebrate the apple season with their local harvest and famous fall recipes.
3) ‘Stasche Bash: 10/31 The Stand, Mt Lookout. Discount drinks for anyone with a moustache (real or fake), Costume contest starts at midnight.
5) Hopgeist: 11/1, 12-6P Rheingeist, OTR. Sample IPA’s and hoppy style beers from local, regional and national breweries.

Medical Trivia

First person to email Dana sallda@ucmail.uc.edu and correctly identify this diagnosis will win a Starbucks giftcard!

Congrats to Steve Bohinc for correctly identifying lead pipe sign in Ulcerative Colitis from last week’s challenge.

SHOUT OUTS!!! (Let us know who Rocks)

- Danielle Weber rocked Renal Medicine’s world during October! Well done Danielle!
- Tim Reed + Danielle Clark for being tremendous team players on MICU this past month!
- Li’ Rowley, Arek Manugian, and Elise Henning are breathing exciting new life into the bellows of the VA Medical Center. Rock on guys, rock on.
- Steve Gay was blowing minds with an awesome long-block orientation. Well done Steve!
- Matthew Kotlove was very gracious with schedule switches to help a fellow intern out, Thanks Matt!
- “Darek Sanford is the BEST.”