Weekly Calendar

***Saturday 2/27: Bowling at Stone’s Lanes 6pm

2/29: Junior Mint Toss in Surgical amphitheater around noon (wait for page)

3/1: Brief Senior/Intern Wards Orientation at noon in Noon Report Room

Broken Pager Curling immediately following orientation

***Tuesday 3/1: REAL Bar Trivia at The Growler House at 6:30pm

3/2: Grand Rounds: Malignant Pleural Effusion

Art Competition Gallery: 1pm, MSB 5051 after MGR

3/3: Pentathlon: Noon Report Room at 11:30

3/4: Lip Sync Battle and Olympics Closing Ceremony

Dr. Warm wins the ACGME Courage to Teach award!

Anonymous Feedback

Our website has a section for anonymous feedback. Think of this like an electronic suggestion box that you can use at any time. The message will be sent directly to Dr. Warm, and is completely anonymous. If you have constructive feedback that you would like to share, please use this tool. The link is: http://intmed.uc.edu/education/residency/feedback.aspx
Resident Olympics Week 1

Scavenger Hunt: there was some confusion over the hunt but in the end, Red Jaguars, Blue Barracudas, and Green Monkeys were able to score points.

Speed Walking: Due to anomalies in gait inconsistent with international speed walking rules, the IMROC determined points would be awarded based on participation.

Heads Up

First: Red Jaguars
Second: Green Monkeys, Silver Snakes
Third: Orange Iguanas
Resident Olympics Week 1

First:
Hani with 21

Second:
Elliott with 20

Third:
Matt with 18

Trivia

First:
Green Monkeys

Second:
Orange Iguanas

Third:
Blue Barracudas

Chubby Bunny

First: Hani with 21
Second: Elliott with 20
Third: Matt with 18

Current Standings

First Place:
Red Jaguars
20 points

Second Place:
Green Monkeys
18 points

Third Place:
Orange Iguanas
14 points

Fourth Place:
Blue Barracudas
11 points

Fifth Place:
Silver Snakes
5 points
First: Pankti as Terri Brody
Second: Stephen as Dr. Warm
Third: Brian as Caroline Mueller

Blue Barracudas
Red Jaguars
Orange Iguanas

Bake-off
First: Katie D with Pavlova
Second: Peter with Blueberry muffins
Third: Caitlin with Oreo Brownies

Green Monkeys
Orange Iguanas
Orange Iguanas
Resident Olympics Week 2

Bowling!
Place: Stone’s Lanes
Time: 6:00pm Saturday
Details: We’ll bowl 2 games. Top 3 individuals (1 game best) score. Top 3 total combined team scores also win. Families/spouses welcome. Residents bowl for free!

The Growlerer House

REAL Bar Trivia
Place: The Growler House
Time: 6:30pm Tuesday
Details: Teams with top 3 scores (of our teams, not all teams)

Penny Wars are waging in the UH Chiefs office: pennies to your own team, everything else to your enemies

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<tr>
<td>Surgical Amphitheater + Junior Mint Toss</td>
<td>Pentathlon + REAL Bar Trivia (Growler House)</td>
<td>Art Competition + “Make a meme”</td>
<td>Broken Pager Curling</td>
<td>Lip Sync Battle and Closing Ceremony</td>
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If you missed the opening Ceremony, you can catch the trailer here: https://uc.box.com/s/k2z60jssxnealcl9voyf4f1nu24sstmc
VA Updates:

As of March 1st: the VA Nightfloat rotation will begin at 7:30pm for both senior and intern

Program Evaluation Survey

We heard your voices regarding areas for improvement and will be putting together work groups to address concerns raised about various aspects of your residency experience. Please look for emails to sign up to be a part of the improvement process for each topic!

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UC Research Spotlight:

Congratulations to Joel Gabre on having his research abstract accepted to this year’s Digestive Disease Week 2016!

“I work in the Lab of Yana Zavros, PhD. She is an expert in gastric epithelial biology and physiology. The focus of my current research project in her lab is repair of the gastric epithelium after injury in the aging stomach. To study this we use an in vivo mouse model system and gastric organoids. Gastric organoids are a 3D in vitro cell culture system that mimics the structure and function of the gastric epithelium. Thus far we have found at least one regenerative cell lineage in the gastric epithelium that can repair the epithelium after injury. This cell lineage appears to be lost in the aging stomach and might account, in part, for the increased incidence of peptic ulcer disease in the elderly.
**Q:** A 59-year-old man is evaluated for a 4-month history of anal and rectal pain and bleeding on defecation. He is HIV positive. Medications are antiretroviral medications and ibuprofen for rectal pain. PE: 99.3 °F, BP 120/75, pulse 68/min, respiration 12/min. Notable: a firm, tender mass approximately 3 cm in diameter, palpable in the anal canal. The abdomen is soft with no distention or organomegaly, and bowel sounds are normal.

A colonoscopy is performed, and no additional masses are seen. A biopsy of the anal mass reveals invasive squamous cell carcinoma. Endorectal ultrasound confirms a 3.2-cm mass in the anal canal, with no perirectal lymph node involvement. A contrast-enhanced CT scan of the chest, abdomen, and pelvis confirms the anal mass and shows no enlarged lymph nodes and no indication of metastatic disease. What is the next step in the management of this patient?

**A:** The most appropriate treatment is radiation therapy with concurrent chemotherapy. The patient has a locally invasive anal cancer, with a T2N0M0 (stage II) staging based on a tumor between 2 and 5 cm and no lymph node metastases. The preferred treatment is radiation therapy with concurrent chemotherapy using 5-fluorouracil and mitomycin. Randomized data have shown that outcomes are more favorable with radiation plus chemotherapy versus radiation alone and that the combination of 5-fluorouracil plus mitomycin is superior to 5-fluorouracil alone, although toxicity is higher. PMID: 20425076
**Weekend to-do!: Olympics Edition**

Weekend: **A Little Night Magic**, 8-10 p.m. Friday-Saturday, 2-4 p.m. Sunday, Falcon Theatre, 636 Monmouth St., Newport. 90-minute family friendly www.littlenightmagic.com.


**Weekend: Cincinnati Home and Garden Show**, 10:30 a.m.-9 p.m. Saturday, 10:30 a.m.-6 p.m. Sunday, Duke Energy Convention Center, 525 Elm St., **Downtown**. Showcase of landscape and interior designs, specialty companies, remodeling specialists, manufacturers, retail stores and contractors.cincinnatihomeandgardenshow.com.


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**TRIVIA**

*The artist responsible for this engraving is one of the first to provide an accurate depiction of human anatomy. Who are they?*

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**SHOUT OUTS!!!**

- to **Joel Gabre** for being chosen as a plenary speaker at Digestive Disease Week. Congratulation!
- to **Kantha Medepalli** for handling a difficult patient in clinic with grace and aplomb
- To **Erin Connolly** for her dedication to foley catheter patient education
- To the UH NMT team: **Monique Jindal, Denada Palm, Clay Turner, Matt Newcomb, Joel Gabre, and Long Davalos** for keeping up with 100mph winds!

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First correct answer to Stephen wins a $5 Starbucks gift card!

The source of the world’s first human blood transfusion was a lamb. The patient had a massive transfusion reaction 30 mins after and died.