Local physicians spearhead Task Force

The University of Cincinnati's Center for Integrative Health and Wellness recently convened a Task Force led by Dr. John Tew, Barbara Gould (both Hyde Park) and Dr. Sian Cotton to engage leaders from across UC's Academic Health Center and from the community to discuss areas of collaboration for integrative health care.

Roughly 40 representatives from the UC Colleges of Medicine, Nursing, Pharmacy, and Allied Health Sciences, as well as Cincinnati Children's Hospital Medical Center and the Veteran Affairs Medical Center met to discuss current clinical, research, and educational integrative health and wellness initiatives and plan future projects.

This task force is a natural next step for the UC Center for Integrative Health and Wellness, to take an internal inventory at UC of current faculty and student interests, expertise, and needs surrounding integrative health and wellness topics.

This group is an outgrowth of existing key stakeholders with a broader representation from affiliates. The mission is to synergistically increase and develop robust integrative health and wellness programs across the Academic Health Center, more broadly at UC and with our community, and ultimately with national and international partners.

Integrative Medicine combines conventional medicine with evidence-based complementary therapies such as mindfulness approaches, nutrition and health coaching, acupuncture, massage therapy, yoga therapy and stress reduction techniques for optimal healing. The mission of the UC Center for Integrative Health and Wellness is to improve the health of our local and global community through innovative, internationally-recognized research, education, clinical practice, and community engagement efforts focused on integrative health and wellness. Learn more about the UC Center for Integrative Health and Wellness at www.med.uc.edu/integrative or contact Kelly Lyle at kelly.lyle@uc.edu.