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COURSE DESCRIPTION
PD 1000: Exploring Health Professions is designed to help students gain a wider and deeper understanding of the variety of health professions and how to most effectively prepare for entry into the professions. Students will explore the human side of healthcare, including professionalism, ethical behaviors, healthcare disparities, cross-cultural care, and interprofessional collaboration. After successful completion of PD 1000, students will have the option to gain real world experience in a healthcare setting and course credit by registering for Experiential Learning in the Health Professions INT 3041-INT 3045.

LEARNING OUTCOMES
1. Advance connections between the experiential education concept and importance of healthcare career exploration.
2. Identify, research, and evaluate a range of career options available in the health professions.
3. Demonstrate insight into professional behaviors that lead to success in the healthcare workplace.
4. Develop effective career development resources tailored to a chosen healthcare career path.
5. Explore personal values and ethical guidelines related to complex problems and controversies in healthcare.
6. Utilize different points of view to understand the human side of healthcare pertaining to cultural difference, dissonance, and competency.
7. Recognize and articulate the meaning of healthcare disparities.
8. Explain the relationship between educational goals and interests in chosen health profession.
9. Assume responsibility for understanding the steps to prepare a competitive application to professional school.
10. Create a network of academic and co-curricular resources and support integral to succeeding on a pre-health path.
11. Complete preparatory training and certifications required for health professions.
12. Understand the benefits of interprofessional collaboration for quality patient care.

REQUIRED TEXTS
- The Spirit Catches You and You Fall Down by Anne Fadiman
- The Other Wes Moore by Wes Moore. This is the common reading. All freshman should have received a copy at Orientation. I will have 1 copy available for loan. *Extra credit available for this.

We will be using a variety of articles, websites, and handouts to supplement our in class discussions. These will be posted in Blackboard.
TOOLS AND METHODS OF INSTRUCTION
The tools and methods include instructor presentations and guided discussion, engagement with guest
speakers (faculty, students, practicing professionals), case studies, discussion boards, video
documentaries, field trips, student group exploration projects, and handouts.

TEACHING PHILOSOPHY “Teach me and I’ll forget; show me and I may remember; involve me and
I’ll understand.” – Chinese proverb
Active Learning is proactive learning by taking action. It is engaging, interactive, and collaborative where
you share your own ideas and have ownership of your learning. You will apply information to your own lives.
So, you will be doing more than taking notes and listening to me or other speakers. There will be group
work since healthcare is a collaborative. Participation is worth 20 points of your grade. In class reflection
assignments will be turned in the day of class and count as participation. Let’s have some fun!

GRADING
Plagiarism of any kind is a serious violation of professional ethics and will not be tolerated. You may not
allow others to copy your work, and you must not copy the work of others. Any student that is party to an act
of plagiarism will automatically fail the course and be subject to additional penalties per the Student Code of
Conduct. I encourage all students to review the Student Code of Conduct and abide by it in this and all
classes: http://www.uc.edu/conduct/Academic_Integrity.html Grades at the University of Cincinnati will be
determined using the following considerations: http://www.uc.edu/registrar/faculty_resources/grading_scales.html

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ELECTRONICS IN THE CLASSROOM
Laptops or tablets may be used for note taking, but please refrain from distraction (web browsing, reading
email, lingering on social media etc.) and remain engaged in class sessions. Please keep your phone
stored away and on silent mode. Refrain from texting during class. This is a matter of courtesy to the
instructor and fellow students. *Listening in a careful, respectful, and reflective way is also what sort of
support a patient needs from physicians and other healthcare professionals.*

ATTENDANCE
Attendance is mandatory and students are expected to arrive on time, come prepared, and attend all class
sessions. You are granted 1 excused absence IF for valid reason AND approved ahead of time by the
Instructor.

STUDENTS WITH DISABILITIES
Those who need academic accommodations or other specialized services while attending the University of
Cincinnati will receive reasonable accommodations to meet their individual needs as well as advocacy
assistance on disability-related issues. The university is strongly committed to maintaining an environment
that guarantees students with disabilities full access to educational programs, activities and facilities. 
http://www.uc.edu/sas/disability/

ASSIGNMENTS
Assignments should be submitted via the corresponding submission link in Blackboard. This ensures it was received on time.

Career Path Profile Project with Learning Team:
To help you become more familiar with career paths in the health professions, you will complete an in-depth profile of one health profession during the term. This assignment will help you explore your options, think about which direction is right for you, and see how healthcare teams collaborate. Projects should include: definition of the profession and main responsibilities, application information including standardized test information and summary of pre-requisites needed, program data, time to degree and degree designation, salary information, job outlook, skills needed to be successful, specializations within field, professional development organizations, trends in the profession, challenges and rewards of the profession, and a reference list for researching the profession further. Your research could also include an in-person informational interview with a representative of the health profession.

You will have 20 minutes to present your project in class **Oct. 22-29.** You will work in a small group of 6-8 people on your learning team. I will assign learning teams. We will have 2 group presentations during designated classes and students that aren't presenting will split up to listen to 1 presentation and then switch. You must notify me via **survey monkey by Sept. 22** about what health profession your learning team has chosen to explore. The link is in Blackboard Announcements. Feel free to use interactive technology, handouts, and posters in your presentations.

Professional Development Reflection Meeting: Resume and LinkedIn Profile Review:
You will have the opportunity to meet with your instructor during the term for a 15-minute one-on-one review session to discuss your individual professional development. During this reflective meeting, you will receive feedback on your resume and LinkedIn profile (see resume rubric and LinkedIn checklist in Blackboard). It is very important to not only have an excellent resume, but a LinkedIn profile that represents you well. LinkedIn is a valuable professional resource for establishing/expanding your network, finding help to solve problems at work, seeking out your next job, and much more. A well-constructed profile is critical to making the best impression possible when your profile is viewed, so significant effort and attention to detail is important. Before you get started on your profile I would highly recommend looking at several other profiles to see how you might create yours to mirror those things you find effective. For this assignment, you will earn credit for scheduling and completing this meeting **before Thanksgiving break.** I have designated Monday Sept. 14, Wednesday Oct. 7, and Friday Nov. 13 from 9am-3pm for these meetings as possible scheduling opportunities.

1. Establish a LinkedIn account if you don’t already have one
2. Complete the various sections of your profile in accordance with those listed in checklist
   a. Be sure to watch spelling and grammar
   b. Many of these sections can contain some of the content from your resume

Cover Letter Assignment:
Cover letters can set you apart from the competition when applying for jobs and asking for letters of recommendation. This assignment will give you practice writing a cover letter for the many times in your future where a strong cover letter can make all the difference. Instructions and rubric are in Blackboard. I will cover the details in class. **Due Nov. 24.**

Participation Points: Attendance and responses to discussion board prompts on “The Human Side of Healthcare.” Each prompt is worth 4 points. See the rubric for grading posts. The length of each post should be about 2-3 paragraphs, 300-350 words. The posts should take about an hour between watching the videos, reading the link, and composing a thoughtful response. **Be sure to always respond with 1 thing you learned.**
Prompt 1) The Waiting Room Story Telling Project Due Sept. 17
Prompt 2) Abraham Verghese Ted Talk: A Doctor’s Touch Due Sept. 22
Prompt 3) Brian Goldman Ted Talk: Doctor's Make Mistakes-Can We Talk About That? Due Nov. 3
Prompt 4) The Patient Translation Project: Due Nov. 19
*Please use etiquette when responding to each other.

**HIPAA and Bloodborne Pathogen Training:**
You will learn about and complete HIPAA and Bloodborne Pathogen training. See Blackboard Learning Module for detailed information. **Documentation due Nov. 12.**

**The Spirit Catches You and You Fall Down Reflection Paper:**
The Spirit Catches You and You Fall Down is a poignant story that explores the clash between a small county hospital in California and a refugee family from Laos over the care of Lia Lee, a Hmong child diagnosed with severe epilepsy. Lia’s parents and her doctors both wanted what was best for Lia, but the lack of understanding between them led to tragedy. The reflection questions for this assignment are listed in Blackboard. They are intended to spark critical thinking and help you work through the complex problems. This assignment should be submitted in Microsoft Word format and be 4 pages in length. The overarching goal is to utilize different points of view to understand the human side of healthcare pertaining to cultural difference, dissonance, and competency. **Due Oct. 22.** Be sure to summarize in your own words what happened and analyze what would have been a better way to handle the situation.

**Undergraduate Plan for Success:**
Many health professions are highly competitive, both in securing a seat and in landing your dream job once professional school is complete. How you choose to spend your time during your undergraduate degree can help you be more competitive if you choose wisely or perhaps set you back in your pursuit of your professional goals if you do not. In this assignment you will create a plan for how to use the time you have during your undergraduate education to best position yourself for long term success. Critical to this assignment is aligning your values and assessing your desire and abilities to succeed. **Due Wednesday, Dec. 2.**

**COURSE OUTLINE:**


Aug. 27 Professionalism in Healthcare: Standards, Conduct and Ethics PPT. Share Healthcare Standards PPT. Go over Bearcat Bond, Hippocratic Oath, Patient Autonomy, Paternalism, Professional Schools Code of Ethics. Discuss “When Doctors Need to Lie” article. Turn in Ethical Case scenario handout. **Assignment for next class:** Read “Doctors And Nurses Are Sharing Embarrassing Photos Of Patients On Social Media” and “UC Health Outraged by Employee’s Facebook posting” articles posted in Course Documents.

Sept. 1 Professionalism in Healthcare continued: Social Media. Discuss “Doctors And Nurses Are Sharing Embarrassing Photos Of Patients On Social Media” and recent UC Health Facebook lawsuit article. Quickwrite sharing exercise. Social media branding emaze presentation and activity. **Read SCYYFD chapter 1-2.**

Sept. 3 Crossroads presentation. Healthcare Professional: Dr. Karen Bankston, UC Nursing Associate Dean? **Read SCYYFD chapter 3-4.**

Sept. 8 Time for learning teams to meet about CPPP and start research. Professor Jim O'Reilly and MPH grad Mahima Venkatesh, UC College of Medicine, Public Health: 1) Understanding the field 2) Impact on patient care 3) Barriers and opportunities. 1 pm. **Read SCYYFD chapter 5-6.**

Sept. 10. Healthcare Professional: Dean MacKinnon UC College of Pharmacy: 1) personal career path 2) career options in the field. 1 pm. **Read SCYYFD chapter 7-8.**

Sept. 15 One of today’s most urgent health care topics revolves around the need to eliminate inequities in the quality and availability of health care for ethnic, racial and economic minorities. Viewing of documentary
"The Waiting Room." Be ON TIME. **Read SCYYFD chapter 9-10.**

Wednesday, Sept. 16 NO CLASS - Professional Career Fair, 9-3 Campus Recreation Center

Sept. 17 Time for learning teams to meet about CPPP. Community Paramedicine: Lawrence T. Bennett, an attorney (40+ years) who has been an Ohio firefighter/EMT for over 30 years 1 pm. The Waiting Room Story Telling Project discussion board post due at class time. **Assignment for next class:** Read Dr. Karen Bankston, Op Ed: "End the Polite Silence Cincinnati; We have a Problem with Racial Disparities" and watch "Unnatural Causes" trailer video posted in Course Documents.

Sept. 22 In-class discussion on the topic “healthcare disparities, medically underserved communities, and social determinants of health." Health Privilege Activity. World Café. To Treat Me You Have to Know Me: LGBT Cultural Competence in Healthcare video. Deadline to notify me of health profession for Career Path Profile Project. Discussion board post Abraham Verghese Ted Talk due. **Read SCYYFD chapter 11-12.**

Sept. 24 Guest speaker from PhysAssist Scribes? Narrow Your Health Career in 10 Easy Questions PPT **Read SCYYFD chapter 13-14.**

Sept. 29. Healthcare Professional: Dr. Charla Weiss, Children’s Hospital: Cross-cultural care 1-1:50. Star power? Time in class to work on LinkedIn or HIPAA. **Assignment for next class:** Watch the live talk with Anne Fadiman, author of *The Spirit Catches You and You Fall Down.* Link available in Blackboard.

Oct. 1 In-class debate on *The Spirit Catches You and You Fall Down.* Introduce class to PAL application for INT 3041 course. Internship Assessment Survey. **Read SCYYFD chapter 15-16.**

Oct. 6 Dr. Egelman, Executive Director of University Health Services. **Read SCYYFD chapter 17-18.**

Oct. 8 Professional School Student Panel? Flip class and write SCYFD in class. **Read SCYFD chapter 19.**

Oct. 13 Dr. Selzer out of country. Dr. Cara Pickett with Nationally Competitive Awards. Undergraduate research presentation?

Oct. 15 No class, Fall Reading Days. Work on extra credit The Other Wes Moore or SCYFD reflection paper due next week!

Oct. 20 The Other Wes Moore Rotating Quote Stations and lessons from the book. Bring 1 compelling quote from the book. 1 extra credit point counted toward final assignment points will be given to those who prepare a 3-page paper applying lessons from book to their life. This is due today.

Oct. 22 Career Path Profile Project in-class presentations, 2 at a time (20 minutes each). *The Spirit Catches You and You Fall Down* Reflection Paper due.

Oct. 27 Career Path Profile Project in-class presentations, 2 at a time (20 minutes each).

Oct. 29 Career Path Profile Project in-class presentations, 2 at a time (20 minutes each). **Assignment for next class:** Read #InstagrammingAfrica: The Narcissism of Global Voluntourism and ADEA Guidelines for Pre-Dental Students Providing Patient Care During Clinical Experiences Abroad. Intro topic for next class: Global health video.

Nov. 3 Rev. Lisa Bryan, Good Samaritan Hospital Volunteer Supervisor 12:30-1. Study Abroad: Opportunities, Ethical Considerations, and Cross-Cultural Learning, Jon Hibbard from International Programs 1-1:30. Discuss #InstagrammingAfrica: The Narcissism of Global Voluntourism and ADEA Guidelines for Pre-Dental Students Providing Patient Care During Clinical Experiences Abroad. Discussion board post Brian Goldman Ted Talk due.

Nov. 5 Interprofessional Collaboration video and discussion, case study exercise, team-drawing Exercise. **Assignment for next class:** Read The Professional Volunteer.

Nov. 10 Andy Ruffner, HIV Early Intervention Program, Patient Boundaries conversation. Building a Competitive Application: Tips from Pre-Professional Advising Center. **Assignment for next class:** View and
listen to Standardized Tests and Letters of Recommendation posted in Blackboard.

Nov. 12 Standardized Tests and Letters of Recommendation discussion. The Personal Statement Workshop. HIPPA and Bloodborne Pathogen training documentation due. **Assignment for next class:** Read 10 Big Tech Trends in Healthcare and skim Healthovate text posted in Course Documents.

Nov. 17 Trends in Healthcare: Health Informatics and Healthcare IT. Healthovate Prezi. Dr. Jeffrey Shepard, CEO MedaCheck: medication adherence platform. **Assignment for next class:** Read Med School Interviewing Attire- Common Knowledge or Urban Legend?

Nov. 19 Interviewing Discussion. Suzette Combs, Associate Director, UC College of Medicine discusses MMI. Role plays: in-class mock interview tag-teams. Discussion board post The Patient Translation Project due.

Nov. 24 Cover for Letters of Recommendation due. Pulling it all together: How to integrate what you have learned. Undergraduate Plan for Success overview: concept mapping. All Professional Development Reflection Meetings should be complete.

Nov. 26 no class Thanksgiving. Work on Undergraduate Plan for Success over break!

Dec. 1 Tours of UC Medical and Pharmacy schools. Meet at the UC College of Pharmacy lobby. **Assignment for next class:** Read “I went $230,000 in Debt to Become a Doctor in America.” Undergraduate Plan for Success due tomorrow, Wednesday Dec. 2.

Dec. 3 Financial Literacy for Professional School programs, guest speakers from PNC Bank and peer financial coaches from the UC Wellness Center.

Dec. 7-12 Exam Week – no class or assignments.

**ASSIGNMENT DUE DATES:**

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<td>Abraham Verghese Ted Talk: A Doctor’s Touch Discussion Board post, CPPP notification deadline</td>
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<td>Oct. 20</td>
<td><strong>Extra Credit The Other Wes Moore application paper</strong></td>
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<td>Oct. 22-29</td>
<td>SCYYFD reflection paper</td>
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<td>HIPPA/Bloodborne Pathogen</td>
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<td>Nov. 24</td>
<td>Cover Letter</td>
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<tr>
<td>Nov. 25</td>
<td>All PD Reflection meetings complete, plan ahead!</td>
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<tr>
<td>Dec. 2</td>
<td>Undergraduate Plan for Success due</td>
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