Student Wellness
Retreats @ Turner Farm

Saturday Dec. 8, 2018
9:30 a.m.-3:30 p.m.
Lunch and refreshments will be provided.

Program Objective: To expose health professions students to concepts of mindful eating/living, food as medicine, wellness, and the concepts of the national Teaching Kitchen Collaborative, in partnership with a local organic farm.

Program Overview
- 5-hour retreat on Saturday at Turner Farm in Indian Hill
- Open to 16 health profession students
- Interprofessional, experiential learning with UC faculty/staff, Turner Farm board members and staff, and local chef
- Cost to attend is $10 which includes food and instruction

Visit med.uc.edu/integrative or email Kelly.Lyle@uc.edu to reserve your spot

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