2005 FMMP
Hair Dye Questions

1. At what age did your hair begin to gray? By this we mean more than just a few gray hairs.

_____ Hair has not yet begun to gray.

_____ Hair began to gray at ______ Years.

2. Have you ever colored or bleached your hair?

_____ NO

_____ YES

If YES, please answer the following questions.

3. What type of hair coloring products have you used? Please check all that apply.

_____ Rinse (Usually washes out after one or two shampoos)

_____ Bleach and color

_____ Semi-permanent hair dye (Usually washes out after 8-10 shampoos)

_____ Permanent hair dye (Color does not wash out, but can see re-growth at roots. Usually need to mix two substances together before applying.)

4. If you have ever used either permanent or semi-permanent hair dye:

4a. What color have you used most frequently?

_____ Black

_____ Auburn

_____ Dark Brown

_____ Red

_____ Light Brown

_____ Blonde

4b. If you have ever used either permanent or semi-permanent hair dye, please answer the questions below.

<table>
<thead>
<tr>
<th>Type of hair dye</th>
<th>Age at which you first used?</th>
<th>Still using?</th>
<th>Age at which you last used?</th>
<th>Total number of years used *</th>
<th>Usual number of weeks between applications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Permanent – (does not wash out; root regrowth)</td>
<td>Yes No</td>
<td>Yes No</td>
<td>Yes No</td>
<td>Yes No</td>
<td>Yes No</td>
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<tr>
<td>Semi-permanent – washes out with repeated shampoos</td>
<td>Yes</td>
<td>No</td>
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*If you have used either permanent or semi-permanent hair dye on and off over the years, just add up the total number of years of use.*